History and Mission

Our History
The Central Coast Area Health Service was established by an Act of Parliament, the Area Health Services Act of 1986. The Central Coast Area Health Service provides the Gosford and Wyong Local Government Areas with public hospital and community health services. Health services on the Central Coast had their beginnings with the establishment of the 30-bed Gosford District Hospital in 1945. Today the Central Coast Area Health Service is a fully integrated service comprised of four hospitals and seven community health centres.

Our Mission
To promote and enhance the health and well-being of the people of the Central Coast.
We will provide quality health care in partnership with the community and other health care providers.

Key Target Areas
- Improving the Health of the Community
- Equity and Access
- Quality of Service

Letter to our Staff and Community
1997/98 was an exciting year of expansion and achievement for the Area Health Service captured briefly in this publication. This publication is dedicated to our staff and community as we work together to promote and enhance the health and wellbeing of the people on the Central Coast.

Yours faithfully,

Professor Donald George
Chairman of the Board

Mr Jim Blackwell
Chief Executive Officer
The Year In Review

Budget Boost

The Area Health Service received a $12.5 million increase to funding this year. Although not bringing the Area Health Service up to its full population-based share of the State's health budget it has enabled new services to be introduced and existing medical, surgical and community services to be expanded. A few examples of the many enhanced services include the establishment of a Community Detoxification Service and a Chronic Pain Service, the addition of a four-bed High Dependency Unit with cardiac monitoring in C2 Ward and the employment of a Psychologist, Early Childhood Nurse and Social Worker for the Child & Family Health Services in the Wyong Shire.

Central Coast Cancer Care Centre

The new Central Coast Cancer Care Centre was officially opened by Dr Andrew Refshauge, Deputy Premier, Minister for Health and Minister for Aboriginal Affairs on 14 May 1998. Capital funding for the development was largely provided by the local community with the Central Coast Cancer & Palliative Care Fund Inc. raising $220,000 toward construction of the new facility.

1997-1998

Hospital Watch Program

Another major initiative to address security of patients, staff and equipment was the launch of the Hospital Watch Program. The program was officially launched by the NSW Police Commissioner Peter Ryan and is similar to the Neighbourhood Watch Program but in the Hospital setting.

Central Coast Area Health Service

Strategic Planning

Three of the most important planning documents completed during the year include the Area Health Plan, the Asset Strategic Plan and the Project Feasibility Plan.

The Area Health Plan identifies the major strategic issues and directions for the Area Health Service over the next five years. Its preparation has involved extensive staff and community consultation. The plan will be reviewed annually to ensure that it remains relevant to the rapidly changing industry environment.

The Asset Strategic Plan was completed in September 1997 and provides an assessment of the capability of the Area Health Service's existing assets to meet the clinical service needs of the Central Coast population to the year 2006. It also outlines an investment program to meet any shortfalls of the assets.

The Project Feasibility Plan outlines the need for the new building requirements for Gosford and Wyong Hospitals and Community Health. Gosford Stage 4, Wyong Stage 3 and Community Health will cost approximately $93 million. The Department of Health has granted approval to proceed with the next phase called the Project Definition Plan which details the exact building requirements.
The Year In Review

Occupational Health & Safety

The Area Health Service's performance in Workers Compensation has seen a significant improvement during the year. The number of claims have been reduced from 364 to 305 and although still having to pay a premium shortfall for Workers Compensation Insurance it was considerably reduced from $1,646,143 to $954,202 a reduction of 42%. The Woy Woy Hospital Manual Handling Project was completed and these strategies were implemented across the organisation for staff dealing with patient handling. A further progression of manual handling education to non patient handling staff will continue over the next 12 months. While the number of manual handling claims have not decreased the cost of claims resulting from manual handling injuries has been significantly reduced.

Mental Health and Suicide Prevention

The community-based Suicide Safety Network (Central Coast) has been formed with the support and part resourcing by the Area Health Service. The Network has given a focus for the community's concern about the current high levels of suicide on the Central Coast. Over 200 organisations and individuals belong to the network and a number of joint initiatives are being progressed by the working parties.

Enrolled Nurses Glenis Wadham and Cheryl Fairhall assist Dorothy to move safely from bed to chair.

The Young People with Psychiatric Illness (YPPI) program continues to deliver best practice programs for young people with mental illness and was recently recognised for their work by receiving a bronze award at the Mental Health Services Conference (THEMHS).

RACHEL spent 5 days in Intensive Care after succumbing to croup.

Dr Hong and his medical team met with her Dad, Carlton, to discuss the treatment which was being given to her.

Rachel was soon transferred to Children's Ward and within a few short days was at home enjoying life again.

Enrolled Nurses Glenis Wadham and Cheryl Fairhall assist Dorothy to move safely from bed to chair.

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Dr Hong and his medical team met with her Dad, Carlton, to discuss the treatment which was being given to her.

Rachel was soon transferred to Children's Ward and within a few short days was at home enjoying life again.
The Year In Review

Patient Care Improvements

New CT Scanning and Ultrasound equipment was purchased during the year. Ultrasound is a growing area of Medical Imaging. Each year, over 3100 patients have an ultrasound at Gosford Hospital and over 560 at Wyong Hospital. With the new machines comes the opportunity to increase the scope and number of examinations offered. The Spiral CT unit will shorten scanning times for patients.

The Wyong Hospital Dental Clinic was completed and construction of a new Community Health Centre commenced at the Long Jetty Healthcare Centre site.

Chaplaincy

The Chaplaincy service is available to every patient at Gosford, Wyong and Woy Woy Hospitals and Long Jetty Healthcare Centre. The Chaplain Coordinator Reverend Ken Shakespeare has been assisted this year with four voluntary Ward Chaplains at Wyong, two at Woy Woy and one at Gosford. Our Gosford voluntary Ward Chaplain Mrs Yvonne O'Donnell retired in June having spent 2,500 hours in the wards over the past five years.

In addition the Reverend Shakespeare trained five trainees from February to July and each of these spent over 250 hours each in providing pastoral care to the patients. Several dozen pastoral care visitors and clergy provided visits to patients each week in the Area Health Service hospitals. Seminars for pastoral care visitors were conducted and all new Area staff were introduced to the Chaplaincy service at their fortnightly orientation.

The third annual Ecumenical Prayer and Thanksgiving Service for Central Coast health care workers was held at Gosford Uniting Church with over one hundred staff from various hospitals and nursing homes attending.

Area Executive Membership

This year marked the end of an era with the retirement of Dr Bobbie Carter-Brown from the position of Area Director of Nursing Services. Bobbie has over 30 years of service in the Public Health Sector many of which were on the Central Coast. She has made a significant contribution to the advancement of the Nursing profession in Australia and the development of the Central Coast Area Health Service. She goes into retirement with the best wishes of all her colleagues. The Area Health Service extends a warm welcome to the new Area Director of Nursing Services Ms Jenny Becker.

Board Membership

Professor Don George, Mr Paul Tonkin and Ms Veronica Graf were appointed for a further four year term. Ms Therese Findlay-Barnes unfortunately will not be returning but she departs with the Board's appreciation for a wonderful job done, not only on the Board, but also in chairing the Patient Care Review Committee. Mr Bryan Wilson resigned in January. Over the years Mr Wilson made a significant contribution to the Board and sub-committees and leaves with the Board's sincere appreciation and best wishes.

Principal Referral Hospital

Gosford Hospital is now recognised by the NSW Department of Health as a Principal Referral Hospital and joins other hospitals in the category such as Westmead, Royal North Shore, Royal Prince Alfred and John Hunter. This elevation in status recognises the increasing and more complex workload and level of services.

In October the Area Health Service signed a new agreement with the University of Newcastle confirming the commencement of a Bachelor of Nursing Degree and an expansion of the Bachelor of Medicine Programs based at Gosford Hospital. This highlights Gosford Hospital's growing status as a Teaching Hospital.
Patient Feedback

One of the many letters of appreciation received:

"3 August 1997
Dear Nursing Staff and Meal Staff
I am writing to thank you for all the care and comfort that you gave to my stepmother Ella. Your caring and consideration - your wonderful compassion and understanding was evident not only to Ella but to myself on my many visits to the hospital over the past two months.

To all your staff - my thanks and gratitude for not just doing a job - but reaching beyond and making a sick lady feel a sense of dignity and security in the wonderful care you all extended to her in the one time in her life that she could not depend on her own independence to see her through.

In deep appreciation
Ms N K "

The letters of appreciation totalled 506 this year. The number of written and documented phone complaints totalled 238. Each complaint was investigated, reviewed and a response given. The complaints were discussed at the Patient Care Review Committee and a report given to the Board. Where appropriate, strategies were put in place to address the issue.

Year 2000 Project — (Millenium Bug)

Assessment phases of the Year 2000 project have been carried out using the methodology distributed by the NSW Government office of Information Technology. The Rectification phase of the project has begun in order to mitigate the risks identified.

Aboriginal Health

Aboriginal Health Services were expanded by the appointment of a number of positions including: Aboriginal Hospital Liaison Officer at Gosford and Wyong, Youth Health Liaison Officer, Alcohol and Other Drug Liaison Officer, Primary Health Care Registered Nurse and Mental Health Registered Nurse.

Restructure

The Area Health Service management structure will change from the 1st of July 1998. Some Divisions will be amalgamated and some services will be relocated into different Divisions. The restructure will provide a platform for more effective planning for future health services, better integration of services and a more customer-focused perspective.

MAY is 91 years old and lives at Central Mangrove.

She is visited each week by Community Nurse Anne Little for nursing care and support. May was a community nurse herself, and was one of the first District nurses to work in the King's Cross area in the 1940s.
Long Jetty Healthcare Centre

Long Jetty Healthcare Centre celebrated its 40th birthday this year. It opened on January 25th 1958 funded through community fundraising. It became a public hospital in October 1972 and now provides sub-acute medical care, dementia and palliative care, physiotherapy, podiatry, extended day care and an early childhood centre. Congratulations and appreciation to all those who worked in and supported the Centre throughout its history.

Members of the Long Jetty Auxiliary.

Financial Performance

The net cost of services in 1997/98 was $178,307,000 and the Area Health Service came within 0.0005% of meeting budget recording an adjusted deficit of $90,000 based on an accrual result. An area Casemix & Data Unit was established to develop Trendstar and Casemix costing to facilitate improved management information and more effective benchmarking against other Area Health Services.

Activity

Hospital Admissions exceeded 63,000 this year almost 7,000 more than last year. The Area Health Service has been busier in nearly every Division and Department including Oncology, Children's Ward, Surgery and Emergency Departments at both Gosford and Wyong Hospitals. Bed Occupancy Rate was almost 94%, nearly 3% up on last year. There was also a 6.5% increase in the number of births.

Quality Ageing Strategy

In partnership with key local, state and commonwealth organisations the Area Health Service is developing a Quality Ageing Strategy which will seek to provide ways for improving the quality of life for older people living on the Central Coast.

Health Promotion

The Active Over 50 Project continues to expand with a choice of more than 60 weekly activity times at over 30 venues. The private fitness industry's participation is a key feature in this program and General Practitioners are currently involved in research on looking at motivation in people over 50 years to undertake physical activity.

The staff “Winter Weight Loss Competition” run for Heart Week won the National Heart Foundation Award for Best Health Service Project.

Pearl and Ruby, 92 year old twins, two of the Coast's vibrant older community.

1997-1998

Wyong Hospital

An Obstetric Service for low risk mothers commenced at Wyong Hospital in October 1997 following the appointment of Dr Ray Hyslop, Staff Specialist. The Minister of Health officially commissioned the suite on the 17th and the first baby was born on the 27th at 6.10pm. The unit follows the midwifery model of care with medical input accessed through midwife referral.

Melinda Mason, Community Midwife, with Dr Andrew Refshauge, Deputy Premier, Minister for Health and Minister for Aboriginal Affairs, baby Elliot, and Marie Martin, Midwife, at the official opening of the Obstetrics Unit at Wyong Hospital.

Central Coast Area Health Service

Melinda Mason, Community Midwife, with Dr Andrew Refshauge, Deputy Premier, Minister for Health and Minister for Aboriginal Affairs, baby Elliot, and Marie Martin, Midwife, at the official opening of the Obstetrics Unit at Wyong Hospital.

Melinda Mason, Community Midwife, with Dr Andrew Refshauge, Deputy Premier, Minister for Health and Minister for Aboriginal Affairs, baby Elliot, and Marie Martin, Midwife, at the official opening of the Obstetrics Unit at Wyong Hospital.
Quality Program

The Area Health Service successfully passed an Australian Council on Healthcare Standards (ACHS) Accreditation Focus Survey extending our accreditation status until the 26th July 1999. The surveyors noted that "the Area Health Service had made a strong commitment to addressing the recommendations of the survey conducted in 1996, and had embraced the principles of EQuiP". EQuiP is the extensive ACHS Quality Program the Area Health Service is implementing.

160 quality projects were completed this year and a number of projects continue into next year. Many of the achievements listed throughout this Report were obtained through quality improvement projects.

The Area Health Service participated in the development of the "NSW Department of Health Better Practice Guidelines for Complaints Handling" and also the "Admission and Discharge of Patients for Elective Procedures". These guidelines are now being implemented.

The inaugural Quality Achievement Week attracted sixty entries from across the Area Health Service and outlined the achievements the various Divisions had made in improving the quality of their services. Entries were by way of notice board displays, posters or written papers.

The Area Health Service continued to provide Australian Quality Council (AQC) accredited courses to staff and private sector employees. Four Area Health Service staff completed the Level Ill Certificate in Quality. Congratulations go to Jill Streher, Kerry Doyle, Kevin Leachke and Dan Zickgraf.

Environment

The Central Coast Area Health Service has made great progress into improving its systems of waste collection throughout all hospital sites. The improved waste collection system includes the waste minimisation strategies of re-use, reduction and recycling. Our efforts in recycling will reduce our general waste volumes going to land fill. Our objective is to reach the Department of Health target of 60% reduction by the year 2000.

Waste Management is governed by a central Steering Committee, with local management at each site by Site Waste Committees. Each site adapts the Area Strategic Waste Plan to their own environment and sets their own reduction and savings goals and targets. Therefore each site has "ownership" of the waste minimisation program. Sites conduct their own waste audits with a view to improvement and to achieve "best practice".

New initiatives this year include glass and can recycling at Gosford site, with other sites soon to follow. Vegetation waste is mulched and used on gardens. The worm farm at Wyong continues to prosper, consuming the kitchen waste from that site. An improved waste segregation process will permit a reduction in costs of contaminated waste, our most expensive waste stream.

ELTON was diagnosed with the incurable disease Cystic Fibrosis at age 6 weeks old. Sally James, the Cystic Fibrosis Co-ordinator has assisted Elton and his family for the past 11 years with support and education about new techniques and equipment. Also Gary Nolan the Senior Scientific Officer at the Respiratory Lab regularly assesses Elton's lung function. With this support Elton is able to live a fulfilling and relatively healthy life.
The United Hospital Auxiliaries of New South Wales is a voluntary organisation established in 1933 to support hospitals and health services in communities throughout the state.

Here on the Central Coast we have a very strong and active group of six auxiliaries who have again demonstrated their support for the Area Health Service. This group of volunteers, many of them with many years of service, have raised almost $80,000 for our hospitals, 13% more than the previous year. All of the funds donated go towards the purchase of the latest medical equipment and patient care items as specified by the Auxiliaries.

Not only have the Auxiliaries had an excellent fundraising year, they have also had an overall increase in their numbers.

In addition to their own fundraising activities, the auxiliaries assisted with the Seniors Better Health Appeal, particularly at the six shopping centre promotions. Their help was most appreciated and instrumental in making the Appeal a success.

The Central Coast Area Health Service takes this opportunity to acknowledge the dedication of our auxiliaries, their hard work, and the valuable support they provide. We look forward to the ongoing excellent relationship with the auxiliaries as our partners in Caring for the Coast.

1997-1998 Fundraising

One of the highlights of the year was the donation of $220,000 by the Central Coast Cancer & Palliative Care Fund Inc. for the building extensions to the Cancer Care Centre. The Centre was officially opened by the Minister for Health in May. The Fund members worked hard and campaigned tirelessly to raise funds and deserve special recognition.

Another highpoint was the '2GO Give Me Five For Kids' Appeal that raised $45,000 for the Children's Ward at Gosford Hospital.

Other highlights included the TWU Convoy for Kids, the Magic Show put on by the Wyoming Lions Club, the donation from the Way Way Bowling Club raised through Australia Day activities, the generous donation from the Terrigal/Wamberal Lions Club and so many more, far too many to mention here.

In October the Seniors Better Health Appeal was launched by the Area Health Service. The appeal featured a strong promotional and advertising campaign along with a mail-out to every Central Coast household. By June $131,092 had been raised, including a donation of $11,000 from Elcom Credit Union. The Appeal was strongly supported by the local media, with the Central Coast Express as the major media sponsor.

As part of its communication strategy to the community in general and to donors in particular, the Area Health Service commenced the publication of a quarterly newsletter titled Caring for the Coast. The newsletter has a distribution of 6,000 and has been very well received. It has also proved valuable for fundraising with donations enabling the Continence Resource Centre to purchase a Bladder Scanner.

The Area Health Service fundraising activities are conducted in accordance with the Charitable Fundraising Act of 1991.

If you would like to assist in fundraising for the Central Coast Area Health Service please call our Public Relations Department on (02) 4320 3221.

Australia's famous Country and Western singer Slim Dusty with Irene Martin. Slim supported the Seniors Better Health Appeal by doing radio ads for the media campaign.
The Year In Review

Pink Ladies

The Pink Ladies Volunteer Service is composed of ladies and men who work at Gosford, Wyong and Woy Woy Hospitals and Long Jetty Healthcare Centre.

This group of voluntary workers perform selected tasks which enable extra care to be given to patients in hospital and enhance the relationship between the Area Health Service and the Community.

The membership has steadily grown from a small founding group established in March 1969 to the current number of over 145. Several members have performed many years of continuous service. With our 30th birthday next year, we still have Muriel Westerweller from the founding group. This year Irene Martin completed service in the Public Relations Department after 25 years of service and we are endeavoring to find a replacement for this department. Yvonne Willes and Tess Burgess recently completed service at Long Jetty Hospital after 15 and 20 years respectively. Woy Woy and Wyong Hospitals are expanding which is increasing the need for more volunteers.

This year has seen the introduction of some new initiatives. Funds were raised to furnish the Chapel at Gosford Hospital Emergency Department in the near future. The Children's Ward Play Therapy Area is now fully staffed by volunteers under the guidance of the Play Therapist and activities are now being extended into the ward. The ladies enable parents to have time-out by supervising children in the ward or playroom. The Pink Ladies continue tending to the flowers, attending patients' laundry, delivering messages and mail and talking to the patients in the medical and surgical wards. Other tasks include hairdressing, a library trolley and other practical assistance throughout the hospital. Outside the hospital we provide volunteers to assist at the Immunisation Clinics conducted by Wyong and Gosford Councils.

The Pink Ladies farewell Mary Bannard as Pink Ladies Supervisor after many years of faithful service and welcomed Fay Shippard as the new supervisor.

Hoping to introduce a similar roster at Gosford Hospital Emergency Department in the near future.

Orthopaedic Outpatients, applies plaster to her double fracture of the wrist.

Mum is there for support and cuddles as Dr Cartwright examines and explains the complexities of Elise's injuries, prior to plastering.
The Year In Review

The Population

The population of the Central Coast in June 1997 was estimated to be 279,475. From 1986 to 1991 the Central Coast population grew by 20.9% (NSW 6.6%) and from 1991 to 1996 the growth was 13.0% (NSW 4.9%). While growth rates generally are slowing, the Central Coast remains one of the fastest growing areas in the State.

The Central Coast continues to have a high proportion of people aged 65 and over compared with the state average (Central Coast 16.7%, NSW 12.7%) and a slightly higher proportion of children aged 0 to 14 (Central Coast 22.1%, NSW 21.0%). While the Central Coast population continues to grow, the birth rate, in keeping with the rest of the State, has been stable at around 13.0% per 1,000 residents. Over the last few years the number of births to Central Coast residents has been stable at around 3,800 p.a.

The two main causes of death of Central Coast residents continue to be cancer and heart disease, accounting for half of the 2,546 deaths registered during 1996. Over half of these deaths were males (55%). For males, the main causes of death were cancer (32%), heart disease (25%), respiratory diseases (10%) and stroke (7%). For females, the main causes of death were cancer (25%), heart disease (22%), stroke (13%), other circulatory disease (9%) and respiratory disease (9%).

Hospitals (total beds 745)

Gosford ........................................... 467
Woy Woy ........................................... 156
Wyong ............................................. 156
Long Jetty .......................................... 33
Non Acute Facilities ............................. 26

Performance and Activity

<table>
<thead>
<tr>
<th>Inpatients</th>
<th>97/98</th>
<th>96/97</th>
</tr>
</thead>
<tbody>
<tr>
<td>Admissions+</td>
<td>63,166</td>
<td>56,399</td>
</tr>
<tr>
<td>Average Length of Stay (days)</td>
<td>3.3</td>
<td>4.2</td>
</tr>
<tr>
<td>No of Operations</td>
<td>17,891</td>
<td>16,717</td>
</tr>
<tr>
<td>No of Births</td>
<td>2,759</td>
<td>2,589</td>
</tr>
<tr>
<td>Occupied Bed Days</td>
<td>244,990</td>
<td>234,551</td>
</tr>
<tr>
<td>Bed Occupancy Rate (%)</td>
<td>93.9</td>
<td>91.3</td>
</tr>
<tr>
<td>Same Day Admissions</td>
<td>26,358</td>
<td>22,485</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Non Inpatients</th>
<th>97/98</th>
<th>96/97</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Inpatient Occasions of Service*</td>
<td>739,947</td>
<td>670,304</td>
</tr>
<tr>
<td>Dental Flows Equivalents*</td>
<td>644.2</td>
<td>621.4</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>All Services</th>
<th>97/98</th>
<th>96/97</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adjusted Daily Average [ADA]</td>
<td>855.3</td>
<td>835.3</td>
</tr>
<tr>
<td>Staff Employed June 30 (FTE)</td>
<td>2,752</td>
<td>2,631</td>
</tr>
<tr>
<td>Net Cost of Services [$Million]</td>
<td>178.3</td>
<td>158.2</td>
</tr>
<tr>
<td>FTE Staff per ADA</td>
<td>3.22</td>
<td>3.15</td>
</tr>
<tr>
<td>Net Cost of Services per ADA ($)</td>
<td>571.16</td>
<td>518.88</td>
</tr>
</tbody>
</table>

Key Performance Results

<table>
<thead>
<tr>
<th>Admissions (thousands)</th>
<th>1997/98 saw a 12% increase in admissions continuing a trend for increasing hospital admissions.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Occupancy Rate (%)</td>
<td>Occupation Rates continued to rise to this year's peak of 93.9%.</td>
</tr>
<tr>
<td>Occupied Bed Days (thousands)</td>
<td>Occupied Bed Days increased due to increasing numbers of admissions.</td>
</tr>
</tbody>
</table>

Average Length of Stay (days)

<table>
<thead>
<tr>
<th>FTE Staff per ADA**</th>
<th>FTE Staff per ADA increased due to additional services introduced for which new staff were employed.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Inpatient Occasions of Service (thousands)</td>
<td>There is a continuing trend for increasing NIOOS. From 1997/98 Dental figures are included in the NIOOS.</td>
</tr>
</tbody>
</table>

Net Cost of Services per ADA** (indexed)

| Same Day Admissions (thousands) | Operating cost per ADA increased due to an increase in inpatient services of 12% and significant award increases for staff. This year’s increase remains significantly below the statewide benchmark. |

Same Day Admissions continue to increase. This year’s increase was 7% over last year.

*All ADA figures are adjusted to a common FTE staff structure.

**Adjusted Daily Average is a comprehensive measure of the average daily patient workload.
The Year In Review

Recognition of Service

The Board of Directors wishes to recognise the following members of staff and VMOs for their long-standing service.

Staff

20 years

Ellen Hennessy
Beverley Porter

25 years

Lorna Anthus
Maureen Insley
Peter Rea
Elizabeth Boles
Sandy Robert
Suzan Taylor

Visiting Medical Officers

20 years

Ian Dicks
Barry Earp

25 years

John Robilliard
Mark Thomas
Robert Trayner

Appreciation

In the complex provision of public health services there are always many people to thank.

We wish to acknowledge our sincere appreciation to:

- Each member of staff; the Visiting Medical Staff, particularly the chairs and deputies of the Medical Staff Councils, Dr Jim Rogers, Dr Deo de Wit, Dr Jim Hasan and Dr John Burrell; the Auxiliaries, Fundraisers and Sponsors; Pink Ladies, Chaplains and Volunteers; the Area Executive; the Board of Directors; our local State and Federal Members of Parliament, the Director General of the NSW Department of Health and the NSW Minister for Health.
Central Coast Area Health Service

Gosford Hospital
Heldan Street, Gosford 2250
PO Box 361, Gosford 2250
Telephone: (02) 4320 2111

Wyong Hospital
Pacific Highway, Hamly Terrace 2250
PO Box 4206, Lakehaven 2263
Telephone: (02) 4393 8000

Long Jetty Healthcare Centre
Wyong Road, Killarney Vale 2261
PO Box 98, Long Jetty 2261
Telephone: (02) 4354 6880

Woy Woy Hospital
Ocean Beach Road, Woy Woy 2256
PO Box 183, Woy Woy 2256
Telephone: (02) 4344 8444

TTY
Telephone (for the deaf) (02) 4325 2747

Area Executive Unit
Heldan Street, Gosford 2250
PO Box 361, Gosford 2250
New South Wales, Australia
Telephone: (02) 4320 3219
Facsimile: (02) 4325 0566
Office Hours: 8.30am - 5.00pm

Public Relations
Telephone: (02) 4320 3221
Facsimile: (02) 4320 2500

Community Health Centres
Hours of Operation:
8.30am - 5.00pm, Monday to Friday

Gosford
Stephen Street, Gosford 2250
Telephone: (02) 4320 3311

Wyong
Pacific Highway, Hamly Terrace 2250
(adjacent to Wyong Hospital)
Telephone: (02) 4393 8270

Toukley
Hargraves Street, Toukley 2263
Telephone: (02) 4396 5111

Bateau Bay
Morris Place, Bateau Bay 2256
Telephone: (02) 4320 5255

Mangrove Mountain
RMB 1640 Nurses Road,
Mangrove Mountain 2250
(Restricted Hours)
Telephone: (02) 4323 1249

Kincumber
Rear of Kincumber Shopping Village
Kincumber 2251
Telephone: (02) 4369 2355

Woy Woy
Ocean Beach Road, Woy Woy 2256
(Adjacent to Woy Woy Hospital)
Telephone: (02) 4344 8432

KEY
- Hospital with Emergency Dept
- Hospital
- Community Health Centre
- - - Northern Railway
- - - F3 Freeway

To Newcastle

To Sydney