

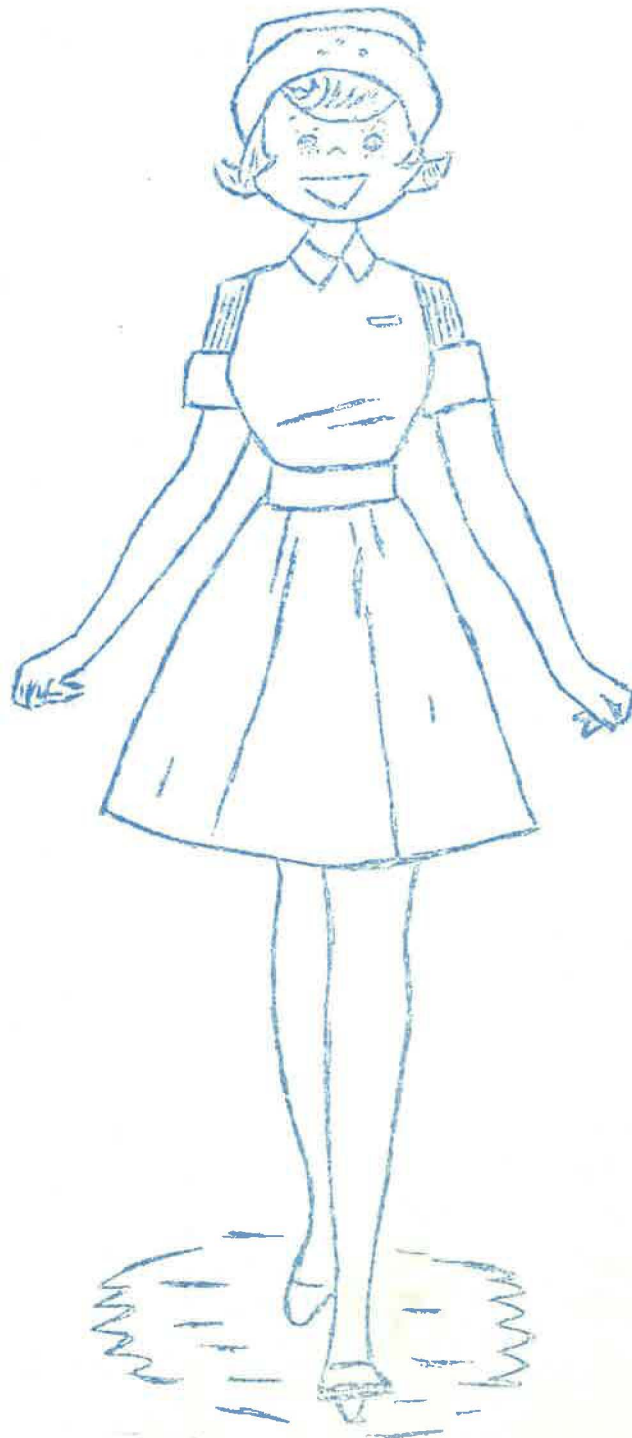
RECRUITMENT

COME AND JOIN THE

NURSES AT MODERN

GOSFORD DISTRICT HOSPITAL.

THIS COULD BE YOU



NURSING AS A CAREER.

Nursing is a most complex form of work. It basically entails caring for those who are temporarily unable to care for themselves or who, for a variety of reasons, are not able to gain that care necessary for their wellbeing.

Nurses work in various types of wards and situations, each of which offers new and challenging experiences and new fields of learning - some fields are listed below:-

- (1) General Medical Wards
- (2) General Surgical Wards
- (3) Paediatric Wards (Childrens)
- (4) Gynaecology (Female Surgical)
- (5) Neurosurgery (Head injury and Surgery)
- (6) Orthopaedic (Bone Surgery and Fracture)
- (7) Operating Theatre (Two one month terms)
- (8) District Nursing (in the home and community)
- (9) Psychiatric Nursing
- (10) Outpatients' Department (Accident Nursing)
- (11) Coronary Care and Intensive Care Units
- (12) Obstetrical Nursing (Maternity)

Nurses work a 40 hour week, doing shift work with night duty once or twice a year.

Most nurses "live in" during their first year in single rooms within the Nurses' Quarters. Most Hospitals (including Gosford) offer recreational facilities including a swimming pool for Nursing Staff.

Uniforms are supplied free and are laundered free (except Aides).

RATES OF PAY are as follows (per week).

	<u>Male.</u>	<u>Female.</u>
1st Year	\$34.70	\$34.70
2nd Year	42.70	42.70
3rd Year	52.00	52.00
Junior Sister	71.30	67.75
Charge Sister	92.20	87.60
Tutor with Diploma	110.50	105.00

NURSING AS A CAREER (Cont'd)

As well, students who hold University Matriculation Standard are paid an additional \$4.60 per week in first year and \$2.30 in Second.

EDUCATIONAL REQUIREMENTS.

- (1) Trainees (3 year course) -
 - a. High School Certificate in any four subjects (including Maths. and English) at level one, two or three.
 - b. School Certificate in any four subjects (including Maths. and English) at Advanced Credit, Ordinary Level.
- (2) Aides -

At least two years successful study at High School.

PERSONALITY QUALITIES.

Nurses must be able to deal with people - must have a feeling for people - a desire to help people in need - must be able to give of yourself - to submerge your own feelings in the care of others.

HEALTH REQUIREMENTS.

Excellent health - no spinal deformities - good feet - no outstanding dental work - no history of asthma. Must be passed by hospital as fit to train.

COURSES AVAILABLE.

- (1) Three year Hospital Based Course (leading to Sistership).

All lectures are attended in hospital time - none in free time - lectures are attended on a study day basis. Training is terminated if candidate shows academic inability. Subjects attended are as follows :-

 - General Nursing Stages I - II - III & IV.
 - Bacteriology
 - First Aid - Stages I & II.
 - Anatomy & Physiology - Stages I - II - III & IV.
 - Personal and Communal Health
 - Therapeutics & Pharmacology - Stages I & II.
 - Geriatrics
 - Nutrition

NURSING AS A CAREER (Contd)

Courses Available (Contd).

Physics & Chemistry
Medical - Stages 1 & II.
Surgical - Stages 1 & II.
Senior Dietetics
Communicable Diseases
Hospital Law
Orthopaedics
Gynaecology
Neurosurgery
Dental Nursing
Social Aspects of Disease
Psychiatry
Psychology -- Stages 1 & II
Sociology
Maternal and Infant Care
Ear, Nose and Throat
Ophthalmology
Physiotherapy
Urology
Paediatrics

All subjects are examinable. After completion of studies students sit for a series of three external examinations - leading to registration as General Trained Nurses.

Entry is gained by writing or ringing the Matron of the hospital concerned, giving full particulars, and requesting an interview.

(2) Enrolled Nursing Aide Courses - One year course -
Hospital based - lectures attended in block system -
subjects attended :-

Anatomy & Physiology
General Nursing
First Aid
Bacteriology
Medical

NURSING AS A CAREER. (Contd)

Courses Available (Cont'd)

Surgical
Nutrition
Social Aspects of Disease

These students will never become a "Sister" but will remain Practical Bedside Nurses.

External examination attended resulting in registration.

3. University Based Courses.

Two Courses available :-

- (1) University of New England
- (2) University of New South Wales

Both offer Bachelor of Arts or Bachelor of Science in conjunction with nurse training.

For full details the University should be contacted.

Most students enter Nursing Research or Nursing Administration.

AGE LIMITS.

Minimum for all Courses is 17 years.

Maximum is up to individual hospital concerned.

POST GRADUATE TRAINING AVAILABLE :

Almost unlimited.

Most General Trained Nurses go on to attend one or more of the following on completion of General Training :-

- (1) Midwifery Training
- (2) Psychiatric Training
- (3) Tresillian Training
- (4) Geriatric Training
- (5) Specialising in :-
 - (a) Orthopaedics
 - (b) Intensive Care
 - (c) Operating Theatre
 - (d) Coronary Care
 - (e) Education (Nursing)
 - (f) Administration

The list of Specialities available is almost without limit.

- (6) At N.S.W. College of Nursing the following courses are presently available :-

NURSING AS A CAREER (Contd)

SPECIALITIES AVAILABLE Cont'd.

- (a) Ward Administration Certificate
- (b) Certificate in Operating Theatre Management
- (c) Certificate in Occupational Health Nursing
- (d) Diploma in Nursing Administration
- (e) Diploma in Nursing Education.

GENERAL PRECAUTIONS:

Make sure the hospital of your choice has :-

- (a) At least 150 beds.
- (b) The necessary experience leading to registration.
- (c) At least one Tutor holding the Diploma of Nursing Education.

ANNUAL LEAVE: 6 weeks per year.

LONG SERVICE LEAVE: 2 months after 10 years.

3 months after 15 years.

3 months after 20 years.

SUPERANNUATION: Compulsory scheme after 1st year of service.

SICK LEAVE: 80 hours per year - (cumulative).

ADDITIONAL INFORMATION can be obtained from -

The Matron,
Gosford District Hospital,
Holden Street,
GOSFORD. 2250.

-----oCo-----