

"How about these three sensational FREE offers!"



Tooheys New Stubbies
24x375ml



Boag's Strongarm Bitter
Stubbies 24x375ml



Carlton Draught
Stubbies 24x375ml



Reschs Real Bitter
30 Can Block 30x375ml



De Bortoli Sacred Hill Semillon
Chardonnay or Shiraz Cabernet 750ml



750ml Tulloch
Chardonnay with
every dozen 750ml
Tulloch Verdelho
purchased



Tulloch Verdelho 750ml



Hardys Crest Chardonnay or
Cabernet Sauvignon 750ml

Big 1 Litre Bottles



Baritone Cabernet Shiraz 1Lt
or Mateus Rosé 1Lt



Wild Turkey Bourbon &
Cola Bottles 24x340ml



Wild Turkey Bourbon &
Cola Bottles 4x340ml



De Bortoli Premium
Range 4Lt Casks



Heather Mist Scotch
Whisky 700ml



Bundaberg UP
Rum 700ml

REGIONAL STORES	
BELMONT	(02) 4945 4701
BOOLAROO	(02) 4958 1296
BROADMEADOW	(02) 4961 3761
BULLI	(02) 4285 1683
CHARLESTOWN	(02) 4943 3977

COOKS HILL	(02) 4929 2205
ERINA	(02) 4385 6812
GOROKAN	(02) 4392 2913
GOSFORD	(02) 4324 5556
LAKE HAVEN	(02) 4393 5983
LONG JETTY	(02) 4332 1604

NEWCASTLE WEST	(02) 4926 2938
PORT MACQUARIE	(02) 6584 7262
SOUTH WINDSOR	(02) 4577 3374
WARRAWONG	(02) 4274 2704
WYONG	(02) 4353 8022



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OBITUARY

Matron a true leader and friend

NURSES who trained at Gosford Hospital 1961-72 may well remember the starched uniform of their matron Iris Inskip who died at Lismore last month.

Hundreds of babies born during those 11 years in Gosford would have been cared for by Miss Inskip, who was also a captain in the 2/5th at Greta.

She was born on January 28, 1908, at Bemboka.



Iris Inskip.

Former Gosford Hospital chief executive officer Neville Boyce worked with Miss Inskip and they continued their friendship after she left the hospital.

"Iris Inskip was held in high esteem by all her staff and friends and there are

many in the local community who remember her with great respect," Mr Boyce said.

"Her time at Gosford was the beginning of a period of population growth on the Central Coast and great expansion of the hospital services.

"Matron was a true leader - sometimes the army captain - but a very proud nurse in the starched veil and uniform and her goals were always to provide an excellent nursing service to the sick patients in the hospital.

"She was also a very kind and caring person and I am sure many of those trainees would have a story of her personal interest in their welfare."

Miss Inskip is survived by her great-nieces Gillian Wall and Kathryn Taylor and their families.

She died on July 24 and her funeral was held at Parkview Funeral Home, Lismore, on Thursday.

Seniors Card opportunity

ELIGIBLE seniors will be able to apply for a Seniors Card at Gosford Fair Trading Centre.

Ageing Minister John Della Bosca said application forms would be stocked at 23 fair trading centres around NSW. Almost one million Australians hold a Seniors Card which grants them business discounts and government concessions.

It is not asset-tested and is available to permanent residents, aged 60 or older, and work no more than 20 hours a week.

Forum on autism

AN information forum on Asperger's syndrome will be held at the Erina Centre on August 10.

Asperger's is on the spectrum of autistic disorders. Autism affects one person in 100.

Asperger's refers to people with autism who have normal intelligence.

The forum will be held between 10am and noon at the Erina Centre, Erina Fair.

Free art workshops

YOUTHS interested in art will benefit from free workshops to be offered at Gosford next month.

Regional Youth Support Services at Gosford is hosting a series of Artstart workshops during August for young people aged 12-24 who want to expand their creative interests.

Artstart is an initiative of the NSW Youth Arts and Skills Festival.

Inquiries: 4323 2374 or www.ryss.com.au