

R. WRIGHT

Central Coast Health



E019 601 085

*Forty-First  
Annual Report*

**THE CENTRAL COAST HOSPITALS  
AND AREA HEALTH SERVICE**

*1984-1985*

**NOT  
FOR  
LOAN**

LIBRARY SERVICES  
CENTRAL COAST HEALTH

1984 - 1985

*41st ANNUAL REPORT OF  
THE CENTRAL COAST HOSPITALS AND AREA  
HEALTH SERVICE*

---

Incorporating

**Gosford District Hospital  
The Entrance-Long Jetty Hospital  
Woy Woy Hospital**

**Wyoming Hospital  
Wyong Hospital  
Central Coast Community Health Service**

With Statements of Receipts and Payments for the Period ended 30th June, 1985  
and Balance Sheets as at that date.



*A good start to the new year for Robyn and Colin Aldrick; their son, Matthew John, was born on New Year's Day, 1985.*

*Board of  
Directors/ Area  
Health Board*



*Hospital Executive*



**CHAIRMAN:**

**VICE-CHAIRMAN:**

**TREASURER:**

**MEMBERS:**

MR N. R. WALLWORK

MR R. HAGAN

MR M. J. BROWN, FASA, CPA, FICS

MRS N. WESTERWELLER, BEM

DR A. MORAN, BDS

MRS J. LEE, MA

MR I. GLEN

MRS F. GOLDFINCH

MR S. BRENNAN



**CHIEF EXECUTIVE OFFICER:**

**MEDICAL SUPERINTENDENT:**

**DIRECTOR OF NURSING:**

**DEPUTY CHIEF**

**EXECUTIVE OFFICER:**

**FINANCE OFFICER:**

MR N. R. BOYCE, FASA, CPA, FHA, FAIM

DR R. J. KENNEDY, MBBS, DPH, DHA

MISS M. L. LOWNDES, AM, RGN, RMN, RMcN, DNA,  
FCNA, FCN (NSW), FINA (NSW & ACT)

Mr G. McGUINNESS, BHA, GrDip. PM & IR, AHA

MR P. COWDERY, ACC CERT



**AUDITOR:**

**HONORARY SOLICITORS:**

**ARCHITECTS:**

**BANKERS:**

MR B. W. O'DONOGHUE, FCA, ACISA

MESSRS BRENNAN & BLAIR

LEIGHTON IRWIN P/L

THOMPSON, GLENDENNING & PAUL P/L

COMMONWEALTH SAVINGS BANK OF AUSTRALIA  
STATE BANK OF NEW SOUTH WALES

**JULY 1, 1984 to JUNE 30, 1985**



**GOSFORD DISTRICT HOSPITAL**

**DEPARTMENT OF SURGERY**

***VISITING SURGEONS***

ANDREWS, Colin John, MBBS, FRACS  
CASKA, Paul, MBBS, FRCS (Ed), FRCS, FRACS  
CONNOLLY, John Anthony, MBBS, FRCS (Eng), FRACS  
DUNCAN, George Craig, MBBS, FRCS (Ed)  
McLELLAN, George Malcolm Roger, MBBS, FRACS  
ARMSTRONG, John Beresford, MBBS  
AHLUWALIA, Ajit Kumar, MBBS, FRCS  
HURLEY, OBE, Raymond, MBBS

***VISITING ASSOCIATE SURGEONS***

**DEPARTMENT OF ORTHOPAEDICS**

***VISITING ORTHOPAEDIC SURGEONS***

O'MALLEY, David Francis, MBBS, FRCS (Ed)  
WIJE-TUNGA, Lucian Sydney, MBBS, FRACS

**DEPARTMENT OF OTO-RHINO-LARYNGOLOGY**

***VISITING EAR, NOSE & THROAT SURGEONS***

DEVES, James, MBBS, FRCS (Ed), FRACS  
VANDELEUR, Terence Joseph, MBBS, FRACS

**DEPARTMENT OF UROLOGY**

***VISITING UROLOGISTS***

FAREBROTHER, Trent Douglas, PhC. MBBS, FRACS  
RUTHVEN, Stephen, BSc, MBBS, FRACS

**DEPARTMENT OF ONCOLOGY**

***CONSULTANT ONCOLOGIST***

LEVI, John, MBBS, FRACP

**DEPARTMENT OF OPHTHALMOLOGY**

***CONSULTANT OPHTHALMOLOGIST***

***VISITING OPHTHALMOLOGISTS***

MUNTZ, William McLaughlin, MBBS, DO (Vienna), DO (RCP&S), FRACO  
DOUGLAS, Raymond Lindsay, MBBS, DO (Lon)  
HALL, Peter, BSc, MBBS, FRACO, DO  
O'LEARY, Bernard, MBBS, FRACS, FRACO  
SCOBIE, Michael Andrew, MBBS, DO (Lon), FRCS (Ed), FRACS, FRACO

**DEPARTMENT OF MEDICINE**

***CONSULTANT EMERITUS PHYSICIAN***

***VISITING PHYSICIANS***

MADDOX, Sir Kempson, MD, FRCP (Lon), FRACP, FACP, FACC  
BATES, Fraser McLean, MBBS, FRACP  
BLISS, David William, MBBS, BSc, FRACP  
FOSTER, Keay, MBBS, MD, MRCP, FRACP  
ROBILLIARD, John, MBBS, FRACP, FRCPA  
THOMAS, Mark Donald, MBBS, FRACP

**GOSFORD DISTRICT HOSPITAL**

***VISITING ASSOCIATE PHYSICIANS***

ARNDT, Douglas Vernon, MBBS, DTM&H, DM&S, FRACGP  
CASKA, Zdenko Josef, MD, MBBS, MRACGP, ARSM  
HARMEY, Allan John, MBBS  
MINOGUE, Francis John, MBBS

**DEPARTMENT OF RENAL MEDICINE**

***CONSULTANT RENAL PHYSICIAN***

MAHONY, John Francis, MBBS, FRACP

**DEPARTMENT OF FACIO-MAXILLARY SURGERY**

***CONSULTANT FACIO-MAXILLARY SURGEONS***

COREN, Alfred John, BDS, FDSRCS, FFDRCS  
HILL, Anthony, BDS, FDSRCS, FFDRCS

**DEPARTMENT OF PAEDIATRICS**

***VISITING PAEDIATRICIANS***

ERIKSON, John, MBBS, FRACP (Paeds.)  
HONG, James Chee-Seng, MBBS, FRACP  
KEWLEY, Geoffrey Douglas, MBBS, DCH (Lon), MRCP (UK) (Paeds.)

**DEPARTMENT OF DERMATOLOGY**

***VISITING DERMATOLOGIST***

CLARKE-JONES, Robert David Howell, MBBS, DDM, FACD

**DEPARTMENT OF ANAESTHESIA**

***VISITING ANAESTHETISTS***

BAIN, Roderick Graham, MBBS, FFARACS, FFARCS (Eng)  
DICKS, Ian Thomas, MBBS, FFARACS  
HARRIS, Phillip, MSc, MBBS, FFARACS  
McGUINNESS, Robert Thomas, MBBS, FFARACS  
SHAW, Brian John, MBBS, FFARACS  
TOH, Theam Chye, MBBS, FFARACS  
DEANER, Philip Bedford, MBBS, MRCS, LRCP, D.Obst. RCOG,  
DA, FRACGP  
REID, Ian Daer, MBChB (Ed)  
SCHULZE, John, MD, DIP. RACOG

***VISITING ASSOCIATE ANAESTHETISTS***

**DEPARTMENT OF OBSTETRICS & GYNAECOLOGY**

***CONSULTANT OBSTETRICIAN AND GYNAECOLOGIST***

***VISITING OBSTETRICIANS AND GYNAECOLOGISTS***

HEWSON, Alan Donald, MBBS, FRCOG, FRCS (Ed), FRACOG  
CASKA, Peter, MBBS, MRCOG, FRACOG  
CATT, Malcolm Francis, MBBS, MRCOG, FRACOG, DDU  
COLLIER, Beryl, MBBS, FRCOG, FRACOG  
HYLAND, Paul Douglas, MBBS, MRCOG, FRCS (Ed), FRACOG  
MORTON, David Charles, MBBS, FRCOG, FRACOG, DDU  
TEOH, Engsan, MBBS, MRCOG, FRACOG  
TUCKER, Malcolm, BSc, MBChB, MRCOG, FRACOG

**GOSFORD DISTRICT HOSPITAL**

***VISITING ASSOCIATE OBSTETRICIANS  
AND GYNAECOLOGISTS***

LIM, Meng Aun, MBBS, MRCOG, FRACOG  
MALLEY, John Douglas Gilchrist, MBChB, D. Obst.RCOG

**DEPARTMENT OF PSYCHIATRY**

***VISITING PSYCHIATRIST***

SMITH, Sandra, MBBS, MRCPsych

**DEPARTMENT OF PATHOLOGY**

***CONSULTANT EMERITUS PATHOLOGIST  
CONSULTANT HISTOPATHOLOGIST  
CONSULTANT PATHOLOGIST  
VISITING PATHOLOGISTS***

HENDRY, Peter Ian, MBBS, DCP, FRACPA, FCAP, FAAC  
WHITE, Kevin Hamilton, BA, MBBS, DCP, FRCPA  
HAMPSON, Roger, MBBS, DCP, FRCPA  
HASKELL, Richard, MBChB, FRCPA  
SCHWEITZER, Peter, MBChB, FRCPA

**DEPARTMENT OF ORGAN IMAGING**

***VISITING RADIOLOGISTS***

ANDERSON, Kenneth, MBBS, D. Obst., RCOG, DDR  
BASSETT, Duncan, MBBS, DDR, MRACR  
LENNON, Evan Austin, MBBS, FRACR, FRCR  
MACKLEY, Kevin John, MBBS, MRACR  
MYLNE, Graham Edward, MBBS, DMRD (Ed), FRCP (Can)

**DEPARTMENT OF RADIOTHERAPY**

***CONSULTANT EMERITUS RADIOTHERAPIST  
CONSULTANT RADIOTHERAPIST***

HAMBLY, Colin, MBBS, DDR, FRACR  
SMITH, Edwin, MBBS, DMRT, MRACR, FRCP (c), FRCR

**DEPARTMENT OF DENTISTRY**

***VISITING DENTAL SURGEONS***

HICKEY, Francis Adrian, BDS  
DWYER, Justin James, BDS  
HUNTER, Frank, BDS  
MOYES, Rodney, BDS  
NELSON, Colin, BDS  
SEARLE, Howard, BDS  
SULLIVAN, Michael, BDS  
YIP, Bruce, BDS  
YOUNG, Peter, BDS

**GOSFORD HOSPITAL**

**AFFILIATED MEDICAL OFFICERS**

AHLUWALIA, Kanta Kumari, MBBS  
 ARNDT, Douglas Frederick, MBBS, D.Obst. RACOG  
 ARNDT, Eileen, MBBS, Dip.Obst.  
 BIGGIN, Alan Edward, MB, ChB  
 BRAMLEY, Robert William, BDS, MB, ChB, FRACGP, D.Obst. RCOG  
 CLARKE, John, MB, ChB  
 EARP, Barry James, MBBS, D.Obst. RCOG  
 EARP, Lesley Robyn, MBBS  
 FALLON, Kieran, MBBS  
 FEATHER, Robert Hartley, MBBS  
 FOO, Koh Fhoon, MBBS  
 GALVIN, Bryan Thomas, MBBS  
 GREEN, Peter Lewarn, MBBS, D.Obst. RCOG, D.Av.M  
 GROSS, Richard, MB, BCh  
 GUPTA, Radhey Shayam, MBBS  
 GUPTA, Usha, MBBS, DGO  
 HARRELL, Francis Charles, MBBS, FRCGP, DRCOG  
 HARRISON, Patricia, MBBS, MRCS, LRCP, D.Obst. RCOG  
 KWONG, Andrew Yiu-Man, MBBS  
 LANE-BROWN, Malcolm, BSc, MBBS, ABD, FACD  
 LEE, Charles William, MB, ChB, Dip.Obst. (Auck)  
 LOW, Kenneth Henry, MB, ChB  
 LUCAS, James Patrick, MBBS, D.Obst. RCOG  
 MCCARTHY, Geoffrey Francis, MBBS  
 MOHAMED, Mohamed Abouzeid, LRCP, MRCS  
 MOHAN, B. N. Chandra, MBBS  
 PRADHAN, Kishore Chandrakant, MBBS, Master Gen. Surgery  
 PRADHAN, Suchita, MBBS, Dip. Anaes

PRAGASAM, Edwin Deva, MBBS  
 RANSOM, Lawrence Alfred, MBBS  
 RAYMOND, Arthur Wilmot, MBBS, FRACGP  
 REDDEL, Arthur Edward, MBBS, MS, FRACS, FACS  
 REID, Gavin, M.Sc (Med), MBBS  
 RENI, Henry, MD, MBBS  
 SCHULZ, Marlene, MB, BCh  
 SHAW, Christine Mary, MBBS  
 SINGH, Promila, MBBS, MD  
 SINGH, Thakur, MBBS, MD  
 SPINKS, Russell Brent, MBBS, D.Obst. RCOG  
 THOROGOOD, Paul Clifford, MBBS  
 TRAYNER, Robert Ross, MBBS, MRCS, LRCP  
 WHITEMAN, Ian Arthur, MBBS  
 WOOD, Douglas John, MBBS  
 WOOD, Helene, MBBS, FFARACS

**AFFILIATED MEDICAL OFFICERS (Obstetrics)**

ALLEN, Christopher, MBBS, DRACOG  
 CARROLL, Dianne, MBBS, DRCOG  
 HENDERSON, Margaret, MBBS, DRCOG  
 HOGGIN, Peter, MBBS, DRCOG, DRACOG  
 KENNETT, Sally, MBBS, Dip. RACOG, FRACGP  
 MCCREDIE, Robert, MBBS, FRACGP, Dip.Obst. RCOG  
 MOLESWORTH, Roger, MBBS, Dip. RACOG

## THE ENTRANCE-LONG JETTY HOSPITAL

### VISITING GENERAL PRACTITIONERS

ALLPORT, William Joseph, MBBS  
 BADAMI, K. Suresh, MBBS  
 BHAGA, Mohan, BSc, MB, ChB  
 BRAMLEY, Robert William, BDS, MB, ChB,  
 FRACGP, D.Obst. RCOG  
 DEACON, Ralph William, MBBS  
 FALKEN, Lynette Nativida, MB, ChB  
 GODDEN, Phillip, MBBS  
 GREEN, Peter Lewarn, MBBS, D.ObstRCOG, D.Av.M  
 KHOO, Teik Beng, MBBS, DAv.M  
 KLINEBERG, Bruce, MBBS, FRACGP  
 LEE, Kin Lun, MBBS  
 MIKULA, Dusan Pavol, MD  
 MOHAMED, Mohamed Abouzeid, LRCP, MRCS  
 PRAGASAM, Edwin Deva, MBBS

ROBINSON, Colin, MBBS, DTPH  
 SCULLIN, Julian, MBBS  
 SMEETH, Peter Leslie, MBBS  
 TRAYNER, Robert Ross, MBBS, MRCS,  
 LRCP

WALLINGTON, Lawrence, MBBS, FRACGP  
 WALSH, Desmond Michael, MBBS  
 WOOD, Daryl, MBBS

### AFFILIATED MEDICAL OFFICERS

BOWERS, Terrance Gabriel, MB, ChB  
 FINDLAY, Wilmet Helena, MBBS  
 JOSHI, Shreekrishna, MBBS  
 LIAUW, Timothy, MBBS, FRACGP  
 LOH, Vivian, MBBS

## WOY WOY HOSPITAL

### VISITING GENERAL PRACTITIONERS

BARRY, John, MB, BCh, BAO  
 BURKE, Anthony, BM, BCh, MRCP  
 BUTLER, John Timothy, MBBS  
 CASKA, John Pius, MBBS  
 CHAUGULE, Sanatkumar Bhimarao, MBBS  
 FOGARTY, Jon, MBBS  
 HARKNESS, Randall, MBBS  
 HARRISON, John, MA, MB, BCh, MRCP, DTM&H  
 HARRISON, Patricia, MBBS, MRCS, LRCP,  
 D.Obst. RCOG  
 IVITS, Anthony, MBBS  
 JONES, Peter, MBBS, Dip.Obst. RCOG  
 KAM, Simon, MBBS  
 KING, David, MBBS

KOH, Peter, MBBS, FRCS (Ed)  
 LOW, Kenneth Henry, MB, ChB  
 MACPHERSON, Alan John Robert,  
 MBBS, MRCP (Ed) DPh  
 MALA, Pasupuleti, MBBS  
 MOLESWORTH, Roger, MBBS Dip. RACOG  
 O'BRIEN, Francis, MBBS, FRACGP  
 PASZKOWSKI, Janusz, MBBS, FRACGP  
 PRADHAN, Kishore Chandrakant,  
 MBBS, Master Gen. Surgery  
 PRADHAN, Suchita Kishore,  
 MBBS, Dip. Anaes.  
 SMITH, Stephen, MBBS  
 WILD, John Martin, MBBS

## SUBSIDIARY HOSPITALS

### WYONG HOSPITAL

#### VISITING GENERAL PRACTITIONERS

ADAMS, Harvey, BA (Phil), MB, ChB  
 COUANI, John, MBBS, DTM&H  
 FERMANIS, Tas George, MBBS  
 FRETZE, Boris, MBBS  
 GODWIN, Rowan, MBBS  
 HUTCHINS, Ian MBBS  
 JOSHI, Shreekrishna, MBBS  
 KENNETT, Sally, MBBS, D.RACOG.,  
 FRACGP  
 LIAUW, Timothy, MBBS, FRACGP  
 McCARATHY, Geoffrey, MBBS  
 MIKULA, Dusan Pavol, MD (MUDr.)  
 OXLEY, Howard, MB, ChB  
 PALAN, Dominic, MBBS, D.Obst. RCOG  
 PAPALKAR, Pandurang, MBBS, MCPS  
 PHADKE, Mohan, MBBS  
 RAO, K. Sarvajna, BSc., MBBS  
 SMITH, Nicholas, MB, ChB.  
 VAUGHAN, John Edward, BPh, MBBS  
 WHYTE, Geoffrey Ian, MBBS, BSc

#### AFFILIATED MEDICAL OFFICERS

DREW, Richard, MBBS  
 GREVAL, Jogindra, MBBS, BSc  
 LOH, Vivian, MBBS  
 PRAGASAM, Edwin Deva, MBBS  
 SHEAN, Warren T., MBBS

**GENERAL ADMINISTRATION**

<b>Project Director</b>	MR G. MOORE, Dip.Mgt, AAIM, AAIPA
<b>Management Review Officer (Acting)</b>	MR J. SAWTELL, Pers.AC.
<b>Executive Officer, Community Health</b>	MR B. KINNAIRD, BA
<b>Accountant</b>	MR R. S. WRIGHT, MIAA
<b>Systems &amp; Methods Officer (Acting)</b>	MR P. WARWICK
<b>Executive Officer, Woy Woy and Wyoming Hospitals</b>	MR R. BROWN, AASA, CPA, BHA, AHA
<b>Executive Officer, The Entrance-Long Jetty and</b>	
<b>Wyong Hospitals</b>	MR J. VERHAGEN, AASA, CPA, ACISA
<b>Internal Auditor</b>	MR G. HUNT, BA(Acc), MIIA, AFAIM
<b>Chief Clerk, Finance</b>	MR G. HALL, AASA
<b>Personnel Officer</b>	MR M. O'MALLEY, Pers.AC, ADHA

**DEPARTMENTAL**

<b>Engineer</b>	MR R. BROWN, MIAME, AIHE
<b>Domestic Services Manager</b>	MR G. NURTHEN, CCC
<b>Librarian</b>	MRS A. BENSON, ALAA
<b>Catering Officer</b>	MRS K. GUTHRIE, AAHCA, MCFA
<b>Linen Services Manager</b>	MR L. McMULLEN, DLA, HLMAA
<b>Information &amp; Services Officer</b>	MRS D. LIVINGSTONE
<b>Supervisor of Voluntary Services</b>	MRS J. BAIRD (Till Dec '84)
	MRS M. BONNARD (From Jan. '85)

**MEDICAL**

**Deputy Medical Superintendent**  
**Director of Emergency Services**  
**Director of Rehabilitation**  
**Director of Psychiatric Services**  
**Director of Dental Services**  
**Director of Intensive Care**  
**Fellow in Medicine**  
**Staff Specialist in Obstetrics**  
**Fellow in Anaesthesia**  
**Medical Research & Projects Officer**  
**Deputy Directors of Accident & Emergency**

**Registrars included**

DR R. HEALEY, MBBS, FRACGP  
 DR P. BUCHANAN, MBBS, FRACGP, MScSoc, D.Obst. RCOG, DRACOG  
 DR R. HUGHES, MBBS, FRACP, FACRM  
 DR M. CHAPMAN, MBBS, FRANZCP, DPM (RC&P), MRCPsych  
 DR A. ELLERTON, BDS  
 DR A. McDONOGH, MBBS, BSc (Med), FFARACS  
 DR D. DARNELL, MBBS, FRACP  
 DR E. TEOH, MBBS, D.Obst. RCOG, D.Aust. RCOG, MRCOG, FRACOG  
 DR W. LEWIS, MBBS, FFARACS  
 DR J. TIBBETTS, MBBS  
 DR B. CRANNEY, MBBS  
 DR M. DONOGHUE, MBBS  
 DR J. BARDON, MBBS  
 DR B. THOMAS, MBBS  
 DR F. McNEIL, MBBS  
 DR P. DIGNAM, MBBS  
 DR N. O'CONNOR, MBBS  
 DR G. McDONALD, MBBS  
 DR S. MEANEY, MBBS  
 DR R. GRANT, MBBS  
 DR G. STURDY, MBBS  
 DR B. WAY, MBBS  
 DR S. ANDERSON, MBBS  
 DR A. BEZZINA, MBBS  
 DR A. PRORIETTO, MBBS  
 DR K. BUCHANAN, MBBS, MPH

**Plus**

42 Resident Medical Officers and Interns

**On Secondment**

**4 Registrars from Royal North Shore Hospital**  
**1 Registrar from Royal Alexandra Hospital for Children**



**MEDICAL**

**DEPARTMENTAL**

<b>Chief Medical Technologist</b>	MR K. SWALES, FACBS, AIMLS, Dip MT
<b>Chief Radiographer</b>	MR S. HORNER, MIR
<b>Chief Pharmacist</b>	MR G. FARMER, Phc, MSHP
<b>Chief Physiotherapist</b>	MISS J. JUSKA, BSc, Gr.D.Phys.
<b>Chief Medical Records Administrator</b>	MISS S. ESSERY, MRA
<b>Chief Dietitian</b>	MR W. SHRAPNEL, B.App.Sc (App.Chem), Grad, Dip. Nutr. & Diet
<b>Chief Occupational Therapist</b>	MRS K. BAIGENT, Dip.OT
<b>Chief Speech Pathologist</b>	MR C. FRANCIS, BA, MSc (Speech Pathology), ASHA
<b>Social Work Co-Ordinator</b>	MISS D.MACLEAN, BA Dip.Soc.Stud.
<b>ECG Technician</b>	MRS G. HILL, BSc., ASCTA
<b>EEG Technician</b>	MRS L. JOHNSTONE, ANTA
<b>Central Sterile Service Supervisor</b>	MRS M. STALLARD, STC
<b>Orthoptist</b>	MS C. PURTELL, DOBA
<b>Respiratory Technologist</b>	MR R. EVERS, RRT (C)
<b>Chief Medical Photographer</b>	MR P. BROWN, LBIPP, Dip.Voc.Phot.
<b>Chief Mortuary Attendant</b>	MR E. THORNTON
<b>Safety Officer</b>	MR R. EVANS



### OUR 1948 PRE-TRAINING SCHOOL

**Back row:** Audrey Howlett, Lorna Mason (currently on staff as Sr Lorna Mitchell, Sister-in-Charge of the Outpatients Clinic), Winifred Cornford.

**Middle row:** Beryl Bridges, Nancy Gumm, Gladys Frewin, N/A, Sr Parsons, Beryl Williams, N/A, N/A Elsey.

**Front row:** Sr Dickenson, Sr Tompkinson, Sr Bell, Matron Nona Knight (later Nrs Walker), Sr Walsh, Sr Tindale, Sr Cameron.

## NURSING STAFF

### SENIOR NURSING STAFF

**Deputy Director of Nursing**

MISS B. HARRISON (To 22.4.85)  
MISS R. CARTER-BROWN, RGN, RMN, BA, DNA, DNE, FCNA, FCN (NSW),  
MINA (NSW & ACT) (From 11.2.85)  
MISS A. BROWN (To 27.11.85)  
MISS M. DAVIN, RGN, RMN, DNE, FCNA (From 28.2.85)

**Head of School**

**Directors of Nursing — Subsidiary Hospitals  
The Entrance-Long Jetty**

MISS P. ROGERS (To 6.3.85)  
MISS J. WILLMETTE, RGN, RMN, DNA, DPHN, COTM, FCNA (From 8.11.84)  
MRS B. COLEMAN, RGN, CGRN, DNA, MCN (NSW)  
MISS T. VAN DER SCHOOR (To 19.12.84)  
MRS C. CRILLY, RGN, RMN, DNA, MCN (NSW) (From 8.4.85)  
MISS Y. WORRALL (To 21.9.84)

**Woy Woy  
Wyong**

**Assistant D.O.N./Personnel**

MISS B. DUNCAN, RGN, RMN, DNA, MCN (NSW) (From 12.11.84)  
MS L. ROUBANOFF, RGN, RPN (From 20.12.84)  
MR M. BRADLEY, RGN, RPN  
MR J. ROBINSON, RGN, DNA, MCN (NSW)  
MISS G. BICKLEY, RGN, RMN, RMcN, DNA, MCN (NSW)  
MRS M. REYNOLDS

**Assistant D.O.N./Community Nursing**

**Assistant D.O.N./Night Duty**

**Assistant D.O.N./Evening Duty**

**Assistant D.O.N./Obstetrics**

**Assistant D.O.N./Operating Theatres**

### SUPERVISORS

**Staff Allocation/Rosters  
Senior Reliever/Administration**

MRS J. VILE, RGN, DNA  
MISS S. CLUBB, RGN, RMN, BA (Hons)  
MRS J. TOPP, RGN, RMN (From 17.1.85)  
MISS L. MORRIS, RGN, RMN, NNICC (From 30.5.85)  
MRS D. NICHOLLS, RGN, RMN  
MISS R. KENNEDY, RGN, RMN  
MISS A. MARREN (To 5.2.85)

**"Birrale" (Wyoming)  
Night Duty  
Medical Units  
Surgical Units**

MISS N. GALLAGHER, RGN, RMN, DNE, COTM, MCN (NSW) (From 28.3.85)  
MISS S. CARPENTER, RGN, RMN, DNA, ICC  
MRS M. ADKINS  
MISS D. PEBERDY, RGN, RMN, ORN, CCC

**Critical Care Units  
Orientation & Inservice  
Infection Control**

## NURSING STAFF

### SUPERVISORS (Cont.)

#### Senior Reliever/Night Duty

#### Obstetric Delivery Suite

#### Obstetrics/Night Duty

#### Operating Theatres

#### Nurse Planning Officer

#### Night Duty/Wyong

#### Evening Duty/Wyong

#### Community Nursing

#### Mental Health Co-ordinator

#### Child Care/Woy Woy

#### Child Care/Toukley

#### Projects/Nurses Home

MRS L. LAWLIS, RGN, RMN, CCC

MR S. T. HEFFERNAN, RGN

MISS B. LOVE, RGN, RMN

MRS I. NOLLER, RGN, RMN (From 9.5.85)

MRS P. MARSTON, RGN

MRS H. BEACH, RGN, RMN, ADNA, MCN (NSW) (From 20.6.85)

MRS M. HATTON, RGN, RMN

MRS V. TAYLOR, RGN, RPN

MRS F. SYMONDS, RGN

MR M. SIVARAMAN, RGN, RPN, RGerN

MR P. SANTANGELO, RGN, RPN

MRS V. JENSCH, RGN, RMN, RMcN

MISS C. PERCY, RGN, RMN, RMcN, Dip.CHN (From 4.3.85)

MRS B. ELDER, RGN, RMN

### CHARGE NURSES

#### Female Medical (M1)

MRS R. LEWIS (To 24.10.84)

MISS T. SCHUMACHER, RGN (From 3.1.85)

#### Female/Male Medical (M2)

MISS C. SULLIVAN, RGN, RMN

#### Male Medical (M3)

MRS J. SADLER, RGN (From 6.6.85)

#### Male Medical (M4)

MRS S. BELL (To 17.3.85)

MRS D. KNOX, RGN, RMN (From 7.6.85)

#### Cardiac Unit

MRS P. CAMERON, RGN, CCC, ACC

#### Orthopaedic (S1)

MISS P. O'REGAN, RGN, RMN, OCN, CWM, MCN (NSW)

#### Male Surgical (S2)

MRS B. JENNINGS (To 10.10.84)

MRS. J. WHINFIELD, RGN, RMN (From 22.11.84)

#### Male & Female Surgical (S3)

MISS L. BATEMAN, RGN, RMN

#### Female Surgical (S4)

MISS K. CARROLL, RGN, RMN

#### Accident & Emergency

MRS P. KELLY, RGN, ACC

#### Intensive Care

MRS J. BRADBURY (To 19.12.84)

MISS C. ANDERSON, RGN, RMN, Card/Thor.Cert. (From 2.8.85)

#### Neo-Natal Nurseries

MISS L. POWER, RGN, RMN, RMcN

**SENIOR STAFF****NURSING STAFF****CHARGE NURSES (Cont.)**

<b>Mandala Clinic</b>	MR C. SCOTT, RGN, RPN, DNA, MCN (NSW)
<b>Paediatric</b>	MRS C. MOFFITT, RGN
<b>Outpatients Clinic</b>	MRS L. MITCHELL, RGN, RMN
<b>Obstetric Unit</b>	MISS C. McCLOY, RGN, RMN (From 6.6.85)
<b>Blood Bank</b>	MRS J. WISHART, RGN
<b>Renal Unit</b>	MISS J. WITCHARD, RGN, RMN, RenalN.Cert., CCC (From 20.6.85)
<b>Ward Units/Wyong</b>	MRS B. LAWSON, RGN, RMN
<b>Ward Unit/Woy Woy</b>	MRS D. STREHER, RGN
<b>Rehabilitation/Woy Woy</b>	MRS M. QUICK, RGN
<b>Ward Unit/Long Jetty</b>	MRS I. CRAWFORD, RGN, RSCN (UK) (From 6.6.85)
<b>Medical Unit/Wyoming</b>	MRS B. ELMES (To 27.3.85)
<b>Specialist Nurses — Oncology</b>	MRS K. PARAGREEN, RGN, RMN, ONC
<b>— Stomatherapy</b>	MISS C. McGINTY, RGN
<b>— Diabetes</b>	MRS B. McELHONE, RGN
<b>— Chest Clinic</b>	MRS M. CLARKE, RGN
<b>— Occupational Health</b>	MISS M. PALME, RGN, RMN (From 29.1.85)

**NURSES IN CHARGE**

<b>Day Surgical Unit</b>	MRS J. WAKEFIELD, RGN
<b>X-Ray</b>	MISS L. SHAW

**COMMUNITY HEALTH**

<b>Rehabilitation</b>	DR R. HUGHES, MBBS, FRACP, FACMA, FACRM
<b>Family &amp; Child Health</b>	DR J. FEATHER, MBBS, Paed. Psych
<b>Community Nursing</b>	MS L. ROUBANOFF, RGN, RPN
<b>Mental Health</b>	DR M. CHAPMAN, MBBS, FRANZCP, DPM (RCP & S), MRCPsych.
<b>Environmental Health</b>	MR M. FRAGAR, RSH, ARV (regd.), FSREAV
<b>Health Education</b>	MRS L. BARRETT, BA
<b>Adolescent</b>	MR D. TUTT, B.App.Sc.
<b>Drug &amp; Alcohol</b>	MR K. TAYLOR, RPN
<b>Developmental Disabilities</b>	MR T. FLORIO, BA, MA, MPsych



### **THE TUNNEL OF THE NINE MOONS**

*Gosford Hospital is located on two sides of a busy road, with an underground tunnel linking the two areas. As a tribute to the late Jean O'Connell, founder of the Central Coast Community Arts Group, Artists Karen Tyler and Sandra Walsh painted the tunnel with a mural, based on the theme of "Hope for the Future".*

## *Chairman's Report*

### **CHAIRMAN'S REPORT**

On behalf of the Board of Directors and staff of the Central Coast Hospitals and Area Health Service, I have pleasure in presenting the 41st Annual Report.

This year has been very frustrating and time-consuming for the Board and executive staff, in particular for Mr Boyce. Not only have we had the Medicare dispute, but we have also had the Health and Research Employee's Association dispute and the nurses' dispute, with some of them running together at times. It has not been an easy task to maintain health services at the level which the people of the Central Coast deserve and have come to expect.

With regard to the Medicare dispute, we were fortunate in having the co-operation of most doctors during this time. It was, however, frustrating for the Board and executive staff, who did everything in their power to maintain adequate services for all residents of the coast. Emergency cases were always dealt with, without problem. We were also fortunate that the Visiting Medical Staff, in its entirety, returned to the hospital at the end of the dispute. Ours was one of the few hospitals in the State where this occurred. We have a long way to go, however, in order for services to return to their former level. This, I feel, will take some time.

If Government finances can be lifted to cover our growing requirements, it will be immensely helpful in meeting community needs. Over the past four years we have had reductions in our budget and we could not have "come in on budget" had it not been for the Medicare dispute, with its resultant closure of beds and consequent reduction in nursing staff. This continuing reduction in budget must be stopped and every effort made by the Board, through our Local Members and the Minister, to achieve this end as we are in a growing area with an annual population increase of 5.6%.

It is eleven years since we last had any increase in our surgical beds and, as a result of the Medicare dispute, there are vast waiting lists for elective surgery. We apologise for this and, as a Board, we must do everything possible to try to reduce the waiting lists for surgery.

Planning for the Stage II development at both Gosford and Wyong is progressing, but not quite as quickly as the Board would like. There is an enormous task to be undertaken in planning and the statistical accumulation of figures, before the architects can be presented with the plan which will enable them to proceed to architectural drawings. All efforts will be made to keep this work flowing as quickly as possible, as long as finance is made available on a continuing year-to-year basis. We anticipate that the opening of these buildings will probably not be before 1988. This will, I feel, still leave us with inadequate health services on the Central Coast.

### **DIRECTOR M. WESTERWELLER, B.E.M.**

It was a very sad day for the Board when we had to accept Mrs Muriel Westerweller's resignation, after her 27 years of dedicated service on the Board of Directors. For her sterling efforts throughout those years, I cannot find adequate words to express our thanks and the thanks of every person on the Central Coast.



Her untiring efforts continually amaze everyone. In regard to the health problems of the community, she had a unique and constructive know-how. There is no one who has fought with such determination for the upgrading of our health services and hospitals, and in support of the disadvantaged people of the Central Coast. Mrs Westerweller's local knowledge will be greatly missed and I personally thank her for her guidance in many of the problems which I, as Chairman, have had to face over the past four years. Well done, Muriel.

Members of the Board and your many other friends wish you well in your retirement from the Board.

As Mrs Westerweller's replacement on the Board, we welcome Mr Jack Heffernan.

## **PROJECTS**

### **Wage Pause Programmes**

Wage Pause Programmes this year include the multi-purpose Health Centre at a cost of \$400,000; a Rehabilitation Workshop at Gosford at \$268,000; a training programme for clerical assistants in Day Care Centres at \$48,504 and microfilming of medical records at \$92,960. The Programmes totalled \$809,464.

### **Community Employment Programme**

This year the Chief Executive Officer, Mr Boyce, has surpassed his previous supreme efforts. What has been achieved this year are Community Employment Programmes with a total value of \$2,790,858, giving employment to nearly 200 people on the Central Coast. This achievement has not been surpassed by any other organisation in NSW, as far as I know, and it is significantly through the efforts of Mr Boyce that we have received this large capital inflow into our area.

The Community Employment Programme projects have included domestic support, child care, emotional support for parents with special needs, support for day care centres for developmentally disabled persons, assistance in maintaining (in their own homes) people with chronic and/or terminal illness, a handyman service for aged people, transport services for patients who cannot utilise public transport and employment experience for school leavers.

Construction projects under the Community Employment Programme have included upgrading of the post-natal unit at Wyoming (which has been particularly well received), extension of the rehabilitation unit at Wyong Hospital, a hydrotherapy pool at Woy Woy Hospital, a hostel on the Woy Woy site and, now under construction, the Kincumber Health Building which will be of great benefit to people of that particular area.

Each project has been supervised throughout its construction by Mr Rowley Brown, Chief Engineer, and Mr Geoff Moore, Project Director, with their staff. They have done a wonderful job in completing these projects within the forecast budget.

The opening of the Helipad, by the Deputy Premier and Minister for Health, Hon. R. J. Mulock, provides us with a facility which will greatly expedite the transport of seriously ill or trauma patients to Accident & Emergency, as well as the emergency transfer of patients to major Sydney hospitals.

We have also constructed a new Blood Bank, now in operation, which provides additional space, a more pleasant atmosphere and better parking facilities for blood donors. The old blood bank building is to be converted into additional maternity areas and an amenity area for staff and patients. This will relieve the overcrowding in maternity ward and labour ward. We hope that work will commence shortly and be completed in the near future, thus enabling this very important area to more appropriately serve its purpose.

Medical Records and Pharmacy are being relocated in the Stage 1 complex, immediately below Surgical Ward 2. Both were operating in very cramped facilities and the move will enable these Departments to cope with our future growth. Considerable construction work had to be undertaken to fill in the basement of Stage 1, so that this move could be implemented.

The relocation will allow the Blood Bank to be housed in the previous medical records area.

## **NURSE SHORTAGE**

The nurse shortage is a very complicated problem and one which, I feel, will accelerate over the next few years. We are trying to recruit nurses from overseas to cover the shortfall, but it remains to be seen whether or not this eventuates, or whether we get the required number. Until all these problems are solved, and the building of our Stage 2 at Gosford and Wyong are complete, there will be many difficulties to face within our health service in trying to meet the needs of local people without their having to travel to the Metropolitan area for many health services.

Last year we extracted figures which revealed that 40% of services for local residents were provided either in local private hospitals or outside of the Central Coast. This factor may well be greater this year and, as the years go by, there must of necessity be an increase in the number of people who have to go out of this area for treatment.

Our health service, bed-wise, is not increasing, but our population is growing at a staggering 8,000 or more per year. So it is up to our Board Members to continue working untiringly and seeking the support of the community in seeing that all avenues are investigated in trying to keep pace with the requirements of the community. We have to try to keep costs down and at the same time keep services up to a standard as high as they have been in the past.

It seems an impossible task at the moment, but with the senior executive staff we have, under our Chief Executive Officer Mr Neville Boyce, I feel that we can look forward to another year of achievement far beyond that of other hospitals in this State.

### APPRECIATION

We are most fortunate to have such an excellent, energetic senior executive staff, headed by our Chief Executive Officer, Mr Boyce, with Dr Kennedy our Medical Superintendent, and our Director of Nursing, Miss Marie Lowndes, together with their respective deputies and personal staff. I wish to congratulate them all.

The enthusiasm and drive which is reflected throughout every aspect of our hospital and health service is due to the personal guidance of this top team of administrators.

Our thanks go to all members of the staff, for their continued dedication in providing a health service for the people of this Central Coast area.

The work of the voluntary organisations associated with our five hospitals and the community health service has continued at a very high level during the past year. The people who are involved in the voluntary organisations spend a tremendous number of hours working for the benefit of the community. They all perform a most important role, whether in the capacity of hospital fundraising auxiliary, Pink Ladies Auxiliary, day care volunteers, blood donors, meals-on-wheels helpers

and their volunteer drivers, or those others who assist in so many ways in an unobtrusive manner.

We have again received valuable support through the assistance of the Australian Order of Old Bastards, and from numerous service clubs, which lend their support regularly. We thank them. Sporting clubs, licensed clubs, service clubs, and other groups of people too numerous to mention, have supported the hospital with donations throughout the year. The Board of Directors extends grateful thanks to them all.

I would also like to thank our Visiting Medical Staff, Affiliated Medical Officers and, in particular our Staff Specialists, Registrars, Residents and Interns, for their co-operation during the recent very difficult times.

It would be remiss of me not to give special thanks to the immediate past Chairman of the Medical Board, Dr Ray Hurley, OBE, and his executive members who co-operated under very difficult circumstances. They made sure that no emergency was left unattended, even though the delays sometimes encountered must have been distressing. I assure you, however, that we at Gosford suffered less than many other hospitals.

Thanks are extended to Dr John Campbell for the support and co-operation, which he gave in his role as our Regional Director. Dr Campbell has now been appointed as Regional Director of the Southern Region, and we welcome Dr Peta Colebatch as our Acting Regional Director.

In conclusion, I would like to thank my fellow Board Members for their loyalty and support during the year. It has been a difficult and time-consuming period and I am afraid to say I think the next one could be as bad. I cannot see finances being made available to the extent that is required to maintain the standard of health services in this large growth area of NSW.

N. R. WALLWORK  
Chairman, Board of Directors

## *Chief Executive Officer's Report*

The front cover of this report indicates that this is our 41st Annual Report. I should like to clarify that, by explaining that it is the 41st Annual Report (and our 1985 meeting the 41st Annual General Meeting) since the hospital commenced operation early in 1945.

In actual fact, the First Annual Report of the hospital's Board of Directors is dated August 1930, back in the days when the intended name of the proposed hospital was The Erina Shire Memorial Hospital. I know that many of the local residents who will read this report have had a long and active association with our hospital, through Auxiliaries and on a personal basis, and it may well be of interest to them to learn who were our 1930 Board Members and to see some extracts from the 1930 Annual Report:

"The first Board of Directors of the Erina Shire Memorial Hospital was elected by ballot on 25th August, 1930. The following were the successful nominations:

Messrs A. C. L. Taylor, C. G. Brandis, W. A. Chapman, G. Fletcher, A. D. Hickey, C. Hills, E. A. Lamotte, M. J. Maddy, W. K. Symonds, C. R. Thew, J. P. Tooby, W. W. Wiggins, H. K. Wood (resigned, and replaced by Mr A. C. Morris), Mesdames A. Dwyer and C. C. Margin.

Mr A. C. Taylor was elected as first Chairman of the Board of Directors, Mr A. D. Hickey Deputy Chairman, Mr M. J. Maddy Treasurer, Mr J. A. Stafford was appointed Secretary.

On account of the financial depression, we have not been able to advance as far in our endeavours to establish a district hospital in Erina Shire as was anticipated. At the beginning of the year it was thought that by now the building would have been in the course of construction, but financial backing that was expected from the Hospitals Commission has, for the time being, been deferred.

It will be noticed on reading the Annual Report of the Hospitals Commission that a new Hospital is contemplated in Gosford, in which plans are in the course of preparation and it is designated as a District B Hospital with a daily average of 10 to 20 occupied beds, with a Diagnostic Xray plant and will be classed as a Training School for Nurses, and will have maternity accommodation.

Ground plans were received and adopted and returned for further information in respect to cost of construction and upkeep; these, I have been informed, cannot be supplied until tenders are called.

A sketch plan of proposed buildings has been received and is presented for inspection and approval."

At the second Annual General Meeting of the Board of Directors, held on 17th August, 1931, Dr Paul suggested that doctors from Gosford, Wyong and Woy Woy be invited to attend from time to time. He also suggested that the name of the proposed hospital be changed from the Erina Shire Memorial Hospital, but it took seven years for this to eventuate and it was not until October 1938 that the suggested name of Gosford District Hospital was adopted.

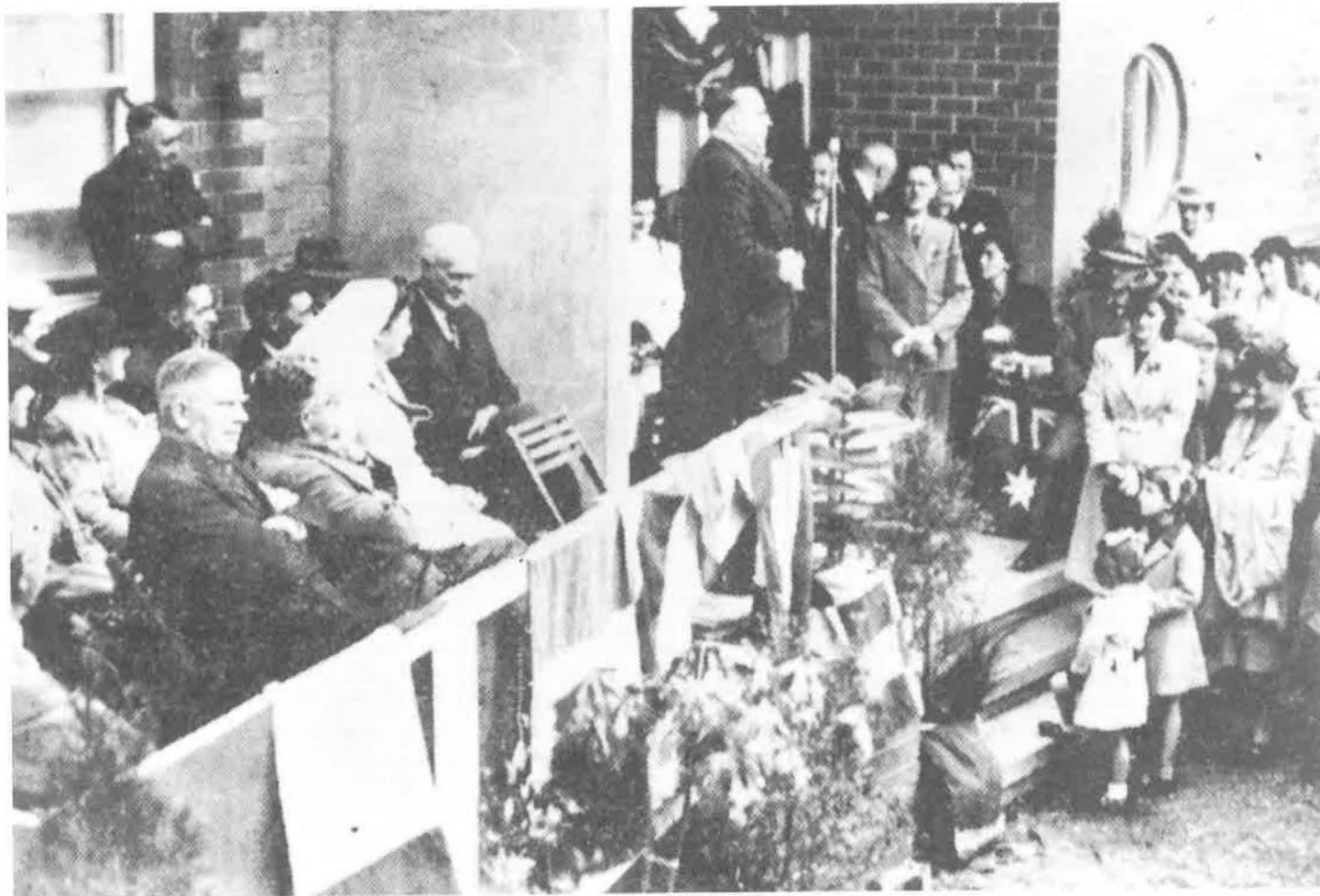
Looking for something on which to pattern the plans of the hospital at Gosford, a small deputation of Board Members and the Hospital Secretary went to Hornsby Hospital on 10th August, 1932, to inspect the premises and see how Hornsby Hospital was functioning.

The deputation found, according to the Board Minutes, that the main work of the hospital was being carried out in a rented building, which had previously been a dwelling, while the former garage housed the pharmacy. Our people came back to Gosford most impressed and fired with enthusiasm; moreover, they bore an invitation from Hornsby Hospital for a group of Board Members and "friends of the Hospital", up to 100 in number, to visit Hornsby Hospital in the near future to inspect the whole operation for themselves.

Unfortunately, it took more than enthusiasm. Our Hospital did not come into being for another 13 years — 13 years of planning and promises and fund-raising and heartache. There is no doubt that we who are proud of what the hospital is today owe a great debt of gratitude to those pioneers, whose unflagging diligence and dedication led to the opening of our hospital in 1945.

As we have now completed four decades of service to the people of the Central Coast, the time is probably opportune to look back over the years and pinpoint some incidents in the 40 year history of the Gosford Hospital.

- 1945** • Gosford District Hospital, consisting of 34 beds, was constructed.
  - Miss Nona Walker was appointed as first Matron. Mr F. J. Finnan was Chairman of the Board and Mr H. L. Davidson was Secretary.
  - The hospital's first patient was Mrs E. D. King of Davistown, who gave birth to the first baby born in the hospital.
- 1955** • The Hospital introduced the District Nursing Service to Wyong Shire. This was reputed to be the first domiciliary care service provided outside of the Metropolitan Area.
- 1958** • The hospital was extended to 53 beds, by the addition of 30-bed Maternity Unit.
  - Miss Muriel Hughes, later to become Mrs Westerweller, was appointed to the Board of Directors, a role she was to retain for over 27 years.
- 1959** • Miss Marie Lowndes, our current Director of Nursing, was appointed as the first District Nurse in the Gosford Shire.
- 1961** • Miss Iris Inskip became Matron, a position which she held until 1972.
- 1963** • I was appointed as Chief Executive Officer.
- 1965** • Dr John Connolly, Surgeon, became the first Clinical Specialist on the Central Coast.
- 1966** • Dr Ian Walters was appointed as our first Medical Superintendent. Dr Walters held this position until his untimely death in 1969.
  - Blood Bank services were commenced at Gosford Hospital.
- 1967** • The addition of 65 beds brought the Hospital to 135 beds, a ratio of 2 beds per 1,000 of population.
  - Meals-on-Wheels commenced, with the hospital providing meals for people in Gosford, Springfield, Davistown, Saratoga, Wamberal and Wyoming. There were 150 volunteers rostered for three cars per day.
- 1969** • The number of District Nurses rose to 10 and 37,737 home visits were made during the year.
  - Dr David Bliss was appointed Medical Superintendent.
- 1971** • The hospital had grown to 180 beds — still only 2 beds per 1,000 of population, however, as the population increase was significant.
  - Dr E. A. Freeman was appointed Medical Superintendent.
  - Woy Woy Hospital opened with 34 beds.
- 1972** • Miss Marie Lowndes was appointed to the position of Director of Nursing, a position which she still retains.
  - The Board was asked to undertake the administration of Long Jetty Community Hospital. This became The Entrance-Long Jetty Hospital and added a further 30 beds to the public hospital system on the Central Coast.
- 1973** • Wingello Nursing home came under the administration of our Board of Directors and became Wyoming Hospital. The 56 additional beds gave a total of 300 public hospital beds.
  - The Community Health Programme was commenced in Gosford and Wyong Shires.
- 1975** • Dr Rod Kennedy was appointed as Medical Superintendent, a position which he still retains.
- 1976** • Community Health was formally brought under the administration of the Board of Directors of Gosford District Hospital.
- 1977** • A 10-bed Psychiatric Unit, Mandala, was opened. It provided the first inpatient psychiatric service on the Central Coast.



### **OFFICIAL OPENING**

*On 26th May, 1945, the Gosford District Hospital was officially opened by Mr Kelly, Minister for Health. Mr Finnan, MLA, was Chairman of the Hospital Board. An appeal made on the opening day resulted in over £7,000 being donated to fully equip the hospital.*

- 1980** • Stage 1 of the Major development at Gosford was completed, providing an excellent theatre complex, upgraded Accident and Emergency Department and improved Surgical Wards.
- Wyong Hospital was officially opened, with 30 of its 50 beds being utilised.
- 1982** • Long Jetty Extended Care Centre became fully operational.
- 1983** • Facilities at Wyong Hospital were expanded, with the addition of a Health Centre, Blood Bank, Kiosk and Extended Care Centre.
- 1984** • The Diabetic Centre opened.
- The Harry Mattocks Rehabilitation Centre was moved from temporary premises, to a newly-constructed centre on the hospital site.
- The Lions Renal Dialysis Satellite Unit opened.
- 1985** • Planning commenced for Stage II of major hospital development both at Gosford and at Wyong.

No "potted history" of this hospital would be complete without a sincere vote of thanks to the many people who have served in a voluntary capacity over the years, as Board Members, Auxiliary Members and other volunteers. Volunteers have always played an enormous part in the growth and maintenance of the hospital and its services. We are beholden to them.

Chairmen of the Board have a particularly arduous task. Those who have served in this capacity since the hospital opened in 1945 are:

Mr C. J. Staples, Mr F. J. Finnan, Mr A. E. Lillicrap, Mr C. R. Thew, Mr J. Little, Mr F. Spencer, Mr R. Mathews, Mr R. M. Vaughan MBE, Mr R. S. Newton, Mr L. E. Hannell, Mr N. R. Wallwork (present incumbent).

## BUILDING AND PLANNING

This year has seen the beginning of detailed planning for the future development of all health services and facilities for the Central Coast.

A great deal of work has been undertaken by the Project Staff, in co-operation with Departmental Heads, and the appointment by the Department of Health of Planning Consultants, Jackson, Teece, Ches-terman and Willis, is a major step forward.

The Consultants are to undertake a Master Development Plan for overall health services and facilities for the Central Coast, for a 10 to 15 year span.

There has been great activity on the building scene, with the following projects being undertaken, some of them having been completed:

- New Pharmacy, Medical Records and Dietary Department relocated under the Stage 1 development on the South side of Beane Street.
- New Blood Bank.
- Developmentally Disabled Day Centre and Physiotherapy Department at The Entrance-Long Jetty Hospital.
- Refurbishment and extension of the Delivery Suite at Gosford Hospital.
- Staff Amenities area at Gosford Hospital.

Projects which were constructed under special schemes include:

## Wage Pause Programme

- Multi-purpose Health Centre at Wyong Hospital.
- Rehabilitation Workshop at Gosford Hospital.

## Community Employment Programme

- Kincumber Health Centre.
- Extensions to Rehabilitation Unit, Wyong.
- Upgrading of post-natal unit at Wyoming Hospital.
- Woy Woy Hostel, an attractive 43-unit building on the Woy Woy Hospital site, is certainly a much-needed and appreciated facility in an area with a high ratio of aged people. Construction costs were in excess of \$1,000,000 and the Department of Health made a contribution by providing \$150,000 for furnishings. Admission to the hostel is based on assessment by a Geriatric Assessment Team, with medical, social and financial aspects being taken into consideration. Hostel residents will be encouraged to live independently and, whilst the Hostel will actually be their home, the intention is that they continue with community activities.
- The Hydrotherapy Pool, completed at a cost of \$259,000, will augment the rehabilitation services at Woy Woy Hospital, providing a facility not only for hospital-based services, but also for groups and individuals within the community, who could benefit from hydrotherapy, such as asthmatic and arthritic people.
- The actual construction work of the hostel and the pool was primarily the responsibility of Mr Rowley Brown, Chief Engineer, whose enthusiasm and expertise have resulted in two very fine projects.



## **WOY WOY NURSING HOME**

Official approval-in-principle has been received for a 40-bed nursing home on the Woy Woy Hospital site. The Nursing Home Committee has been working towards this goal for some four years and they greeted with much enthusiasm the approval to proceed with the project.

An architect has been appointed and plans are currently being reviewed for the 40-bed Stage 1 development. Stage II will consist of a further 40-bed unit.

The Nursing Home is a project which is welcomed by the community, as can be seen from the fact that over \$155,000 has been raised locally for this purpose. This sum, together with a \$200,000 grant from the State Government and Federal Government capital subsidy of \$2 for each \$1 held by the Nursing Home Association will, hopefully, mean that a Nursing Home will be built on the Woy Woy hospital site within a year or so, at a cost of \$1,000,000.

## **GERIATRIC ASSESSMENT TEAM**

In September 1984, Commonwealth funds were provided to set up a Geriatric Assessment Team to review services to the Woy Woy community, particularly for the aged people in the community.

The team has reiterated the need for greater co-ordination of voluntary services and has highlighted the acute shortage of services for special groups within the community, including confused, elderly persons.

## **LIONS RENAL UNIT**

The proposal to establish a Satellite Renal Dialysis Unit at Gosford District Hospital was initiated by concern for Central Coast patients who required long-term dialysis treatment, necessitating many hours of travelling each week to Renal Units in Sydney or Newcastle.

Local community organisations have supported the concept of a local satellite unit, with the culmination of such support being the sponsorship, by the Combined Lions Clubs of the Central Coast, of a project to raise \$100,000 to equip the unit.

The Lion's Clubs' praiseworthy fund-raising efforts received widespread support from Central Coast residents and organisations and assistance has been given in a variety of ways.

The Royal North Shore Hospital contributes to the local Dialysis Unit by providing consultant medical supervision through Dr J. Mahony, Renal

Physician, and the cost of medical supervision is funded through the Northern Metropolitan Region of the Department of Health. The Nursing Division of Gosford District Hospital has undertaken the nursing administration and servicing of the unit.

The Satellite Renal Dialysis Unit will bring great benefit to renal dialysis patients. The Board of Directors of the Central Coast Hospitals and Area Health Service, together with the residents of the Central Coast, are very much indebted to the Combined Lions Clubs of the Central Coast for their promotion and support of this important amenity, which will be of ongoing importance to patients.

## **HOSPITAL CHAPEL FUND**

The Hospital Chapel Fund now has a balance in excess of \$70,000 — a tribute to the interest and dedication of the Pink Ladies, who undertook the responsibility of raising the funds for this project. We thank them and congratulate them on an excellent effort.

The relative merits of various locations were considered, with respect to suitability for construction of the Chapel, bearing in mind the criteria of easy access without the need to negotiate steep grades, proximity to areas of acute care and the fact that, when major development takes place, the "centre" of the hospital activity will shift considerably to the South of the present centre.

The recent appointment by the Department of Health of a firm of Consultants, Jackson, Teece, Chesterman, Willis and Partners, to provide a Master Development Control Plan for all health facilities on the Central Coast — including a specific plan for the hospital site at Gosford — meant that it was not feasible to proceed with construction of the actual Chapel at this stage, as the precise area of extension will not be determined until the Master Plan is completed.

It is possible that, if construction of the Chapel commenced at this stage, the structure could be damaged by blasting of sandstone, during excavations associated with the major development.

The Board has arranged with the Chapel Committee, therefore, to provide an interim facility, to serve as a Chapel until the permanent structure can be constructed. The area chosen is that currently occupied by the Dietary Department, located at the Southern entrance to the Pink Ladies' Station and work on the conversion will commence once the Dietary Department vacates the premises and relocates in a more appropriate area.



When the area is remodelled for use as a Chapel, it will have alteration to the facade, extensive improvement to the entrance area and renovation of the interior. In addition to the actual Chapel itself, the area will also include counselling rooms and other amenities, as recommended by the Civil Chaplaincies Advisory Committee.

The tremendous amount of public interest in, and support for, the Chapel project more than justifies the contention of the Board of Directors that there is a genuine desire and need for a Chapel.

### **MR D. J. McCOLL, AOM**

With the passing of Mr John McColl, towards the end of 1984, the hospital lost a very loyal friend.

Mr McColl was Fees Collection Officer for the hospital for fourteen years, but during, before and after his period of employment, he maintained a dedicated interest in the work of the hospital and gave innumerable hours, in an honorary capacity, to raising funds to support our Service.

The involvement of Mr McColl in the Tuggerah Lakes Branch of the Order of Old Bastards, was instrumental in many thousands of dollars being directed by that organisation towards the hospital. The last project — and one of which John was immensely proud — is the hospital's Respiratory Laboratory. He continued with active fund-raising for the Laboratory until shortly before his death. He achieved a goal which was very dear to him — to have the laboratory "paid for" in his lifetime.

### **AUXILIARIES**

The dedication and hard work of our Auxiliaries have not only been continued during the past year, but in many cases have surpassed past efforts. It is a constant source of amazement to the Board of Directors and myself that the small groups who form the various Auxiliaries can, year after year, maintain the degree of effort and activity which is required to make donations of the size that we receive.

I would like each Auxiliary member to know that their wonderful contribution to the health services is not only acknowledged, but genuinely appreciated. My personal thanks to each and every one.

The Auxiliaries welcome new members, and I issue a cordial invitation to anyone who may be interested in supporting the hospital through this avenue to take the step and join one of our Auxiliaries. There is an Auxiliary in each of several geographic locations about the Central Coast, and I can assure any prospective member that a warm welcome awaits.

### **DONATIONS**

The Central Coast is an area where many community and charity groups work to raise funds for their particular projects. Local residents have a reputation for caring and for assisting others; many express it in a very tangible form by supporting a variety of community needs.

To those whose generosity has benefitted the hospital in this way, I extend sincere thanks. When one considers the number of valuable — often life-saving — items of equipment which the hospital has received in this manner, just in the last couple of years, it becomes evident that the local community participates to a significant extent in the care of the sick.

A list of donors will be found within the financial section of this report and a perusal will indicate the broad spectrum of organisations and individual people who have supported us again, this year. There are Hospital Auxiliaries, Progress Associations, Bowling Clubs, Lions, Rotary and Apex Clubs, Inner Wheel Clubs, Social Clubs, local business firms, Pensioners' Associations, local schools and community groups. Many generous personal donations have also been made and I would like to assure all donors that they have contributed in a very positive way to the preventative and curative treatment of very many people.

My thanks to you all.

### **APPRECIATION**

The past year has not been one that many of us would like to see "replayed". There have been trauma and concern, drama and uncertainty; what lasting legacy it has left is yet to be determined, as time unfolds. It must, however, be stated that for the Central Coast Hospitals and Area Health Service there have been a considerable number of "plusses".

We observed, during the Medicare dispute, that the extent of mutual co-operation and underlying respect between medical practitioners, the Board of Directors and Hospital Administration, enabled the Central Coast to fare much better than was the case in most other areas. Without denying the difficulties that had to be surmounted, and whilst acknowledging and regretting the inconvenience to patients, I believe that we could have been worse off.

I should like to pay a personal tribute to Director Neville Wallwork, Chairman of the Board, Dr Rod Kennedy, Medical Superintendent and his Deputy, Dr Robina Healey, for the way in which they dealt with the onerous tasks and critical situations which the hospital faced, almost on a daily basis, during the height of the dispute. Their burden was heavy

during those days; much was asked of them and their endeavours were unceasing. The hospital is indebted to them.

It can be appreciated that 1984-85 has not been an easy year for Miss Marie Lowndes, Director of Nursing; in so many ways the nursing staff have added problems and responsibilities during the period of the dispute and, as the hospital attempts to regain its equilibrium, the efforts are adversely affected by the current shortage of nursing staff. In a difficult year, I say thank you to Miss Lowndes and her staff for their genuine endeavour to maintain a high standard of patient care.

In an arduous year I have frequently had occasion to be appreciative of the loyalty, expertise and support of my Deputy, Mr Graham McGuinness and I thank him sincerely.

Mr Philip Cowdery has done an excellent job in his management of our \$47,000,000 budget. His financial acumen is of great benefit to the hospital and health services.

The wide-ranging activities of the Community Health Service are most capably administered by the Executive Officer, Mr Barry Kinnaird. In addition, Mr Kinnaird has been very involved in the lead-up work for Community Employment Programmes, which resulted in our acquiring a diversity of buildings and programmes.

We look forward to a year of growth and a time ahead when provision of services will keep pace with the demands of the residents of the Central Coast.

NEVILLE R. BOYCE  
Chief Executive Officer

## *Medical Superintendent's Report*

As I recall, the events of the last three to four years have not permitted me to report annually in glowing terms regarding progress of our Health Services. Over this period of time the major difficulty has been that resources allocated have not kept up with the growth of demands. In addition to these constraints imposed upon us over a prolonged period of time, the last twelve months have seen us overwhelmed with industrial disputation.

I do not intend to dwell upon the "Doctors Dispute", which has already received more than adequate publicity and media coverage; however, I can hardly state that the dispute is now over. I think it is fair to comment that the after effects of this dispute will live with us for a considerable time to come.

For example, I now no longer have any real idea of how extensive the various surgical waiting lists are, other than to say that some of them extend as long as twelve months, I can only estimate that it will be many many months indeed before we catch up.

The results of the dispute have also had varying effects upon resident medical staff as well as other staff generally. This relates in general terms to the disruption of training programmes, and a general slackening of efficiency in addition to a lowering of morale. For example, the Interns who require to have accredited and balanced training in medical and surgical fields as a pre-requisite to gaining full registration, have obviously missed out on a great deal of surgical experience. This has obvious implications for the future, however, we anticipate that by re-adjusting their training terms yet again, we will be able to provide adequate surgical training prior to the end of the year.

I fear that the main legacy of the dispute will prove to be a change in attitude, not only by Visiting Medical Staff, but by other Health Service Staff, and it may take many months if not years to overcome the effects of these new attitudes.

Following the "Doctors Dispute", we are now faced with the ongoing nursing shortage which will no doubt be dealt with in detail in the Director of Nursing's report. Suffice to say that we are presently unable to staff all available beds, such that approximately 40 beds are closed at the Gosford Hospital, while it is immediately proposed to close 10 beds at each of the Woy Woy and Wyong Hospitals.

In addition, inadequate numbers of trained nursing staff prevent the operating theatres from returning to their normal working capacity, and this of course compounds the surgical waiting list problem.

Normally at this time of the year there is a general trend towards resident medical staff leaving Public Hospitals, either to go into private practice or to continue training overseas, and this trend has unduly compounded our existing problems this year because at the present time we have nine vacant resident medical officer positions. There is very little chance indeed of filling any of these positions prior to January 1986, when new graduates will become available.

Some heartening news is, nevertheless, available and activities over the last six years, which have previously fallen upon deaf ears, are about to come to fruition. It seems to be our turn to undergo a major re-development programme over the coming years, and certain moneys have already been allocated in order to provide a functional brief to cover the proposed development of the Central Coast Area Health Service over the next 15 years.

As a result, the Medical Research and Projects Officer has been excessively busy in manually extracting statistical data in order to substantiate our proposals, and Medical Administration has, in the last three months, spent considerable time and energy in developing plans for major expansion of existing clinical services, introduction of new services, generally defining the level of such services and justifying same.

A Renal Satellite Dialysis service has been commenced and is currently working very well, providing services to 13 appropriate patients. A Renal Physician based at Royal North Shore Hospital has been appointed as Consultant to our Unit and provides clinical supervision on a visiting basis once a week.

A major progressive step has been the introduction of computerisation to the hospital, and this is very much appreciated by medical Administration, as a data analysis and management tool, as well as a facility for providing quality-of-care programmes. However, the computer system is in its infancy and only a few programmes are available. It will be several months at least before the system reaches its full potential. Considerable effort is being expended in training for the computer system, in addition to assisting with the ironing out of bugs in the initial programmes supplied.

An emergency helicopter pad, which has been much sought after in the last 7 to 8 years, is located adjacent to the Accident & Emergency Department. The helipad is a very desirable acquisition, and will certainly enhance the speed of evacuation, as well as eliminating much of the previous need for multiple-handling of the seriously ill or injured.

At this point I should, perhaps, clarify a general misconception about the need for a helipad at Gosford Hospital. Many people seem to believe that the Helipad is needed for the evacuation of patients from Gosford Hospital to major Metropolitan centres. While this is indeed true on a few occasions, the real purpose of the helipad is to increase survival rates by rapidly transporting the seriously ill or injured to the Gosford Hospital.

The Hospital at Wyoming, previously allocated for the purposes of both medical and post-natal patients, has now been converted to full post-natal unit. This will make this hospital a very pleasant, relaxed and enjoyable experience for well mothers and their infants.

Palliative care has, in recent months, gained a great deal of recognition and support amongst the community in general, as well as many of our Health Service staff. Submissions have of course been made, in order to acquire facilities and staff to introduce this much-needed service; how-

ever, to date we have not had a great deal of success. Hopefully, our budget, when provided, will see an opportunity to begin the service.

I believe it is now time to address specific Departments or Sections in some detail.

## **PATHOLOGY DEPARTMENT**

1984-1985 will be remembered as a year of uncertainty in the area of medical support services generally, and particularly on pathology services. The Medicare dispute began to affect our pathology services in November 1984 and continued till June 1985, when some degree of normality returned. This downward trend was reflected in the workload, with a total of 887,326 raw tests processed, a decrease of 3,500 tests over the preceding year.

The Department is currently showing an upward trend however, and the workload summary is once again projecting a steady growth pattern, which is normally reflected by a 15% increase in output annually.

The 24-hour 7-day duty roster, introduced during 1984, has continued to prove to be of immense benefit for patient care and for the department itself. Many tests not formally available are now able to be processed and indeed, reported, on a "stat" basis. In addition, a comprehensive therapeutic drug monitoring service is now available.

Two senior staff members are currently enrolled in computer courses, in anticipation of computerisation of the department in the immediate future. Two qualified staff are also undertaking post graduate studies. Four trainee scientific technical officers are currently enrolled in varying stages of their courses.

No major expansion in either equipment or services has been possible during the year, due to a drastic shortage of space. The pathology staff certainly work in cramped, crowded and sub-standard conditions. However, when the proposed relocation of the Medical Record Department is accomplished in a few months time, it should be possible to grant additional space and a better working environment to the Pathology Department.

Overall, the steady progression of demand for pathology services year by year has not been paralleled by the same increase in staff. This difficulty has been partially overcome by the serial introduction of more automated equipment, however, this situation cannot be maintained for much longer and additional technological staff will be necessary. Part of the difficulty in this regard is not only acquiring funding for salaries, but the bigger problem of attracting such qualified staff to the Central Coast.



*Pictured at Birralee Post-Natal Unit, Wyoming, with Sr Ford, are Les Maitland (left) with son Daniel and Mark Bradshaw with daughter Danielle — both babies were born on Father's Day 1985.*

## ADMITTING OFFICE

During the past year the Admitting Officer and his staff have been subjected to enormous pressures and influences resulting from nursing shortages, doctors dispute, and the closure of beds and operating theatres.

How they have managed to remain cool and efficient throughout this entire shambles, when everyone else's temper was short, is a mystery.

Mr John Rae became the Admitting Officer early in the year and has proved to be an admirable choice, in the light of his commonsense, unflappable nature and continued firm courtesy under the most extreme circumstances.

During the year the Admitting Office was re-located from the Accident and Emergency area to an office area adjacent to Medical Administration. Communication between Triage and Admitting Office is maintained by the provision of a direct telephone link. The staffing of this office has increased during the year and now comprises one full time Admitting Officer and four part time Admitting Clerks.

The office has now been computerised and supplied with the ATS system which will become common to Public Hospitals throughout NSW. ATS is short for Admissions, Transfers and Separations. The introduction of the ATS system has not been without incident, and during the trial and evaluation was discovered to have many anomalies. This placed a marked burden on staff who, even at this point in time, have to maintain both the computer and the manual system to ensure that errors do not occur. It is estimated however, that October 1985 will see the complete introduction of the computer system and the abandonment of the manual system previously necessary.

Closer collaboration with the Operating Theatre Supervisor has been implemented and this has certainly improved the streamlining and processing of patients from home to bed to operating theatre and return. This collaboration has been assisted by the appointment of a Staff Specialist Anaesthetist, who is available to assist the Operating Theatre Supervisor with the allocation of priorities and the streaming of patients.

I believe a special vote of thanks should go to the staff of this office because, while other sections may have had their workload decreased during the various disputes, in every instance the Admitting Office have had their problems compounded.

## NUTRITION & DIETETICS DEPARTMENT

The past twelve months have proven to be interesting and challenging for this department. Demand for services has increased and there have been new initiatives made in several areas.

Significant developments in the exciting field of community nutrition have been the highlight. The successful weight control and fitness programme has been expanded and Dietitians have become more involved in nutrition education through talks to school students and community groups.

A local branch of the NSW Coeliac Society was established and now meets regularly at Gosford. In addition, community dietitians participated in the School Canteen Workshop, and worked with officers of Gosford City Council on maintaining and upgrading the quality of food service at long day care centres and pre-schools on the Central Coast.

Articles written on nutrition by our dietitians now appear regularly in a local newspaper and in the Toukley Senior Citizens Newsletter. Dietitians have continued to contribute to preparation for parenthood classes, as well as angina, arthritis, cardiac rehabilitation, respiratory, and diabetic education programmes.

New initiatives in the therapeutic area have included dietetic involvement in the Cystic Fibrosis clinics and the development of expertise and experience in the field of food sensitivity and allergy.

A new outpatient clinic was commenced at Wyong Health Centre, to complement those conducted regularly at Gosford, Woy Woy, Long Jetty and Toukley. The long waiting times for appointment at all centres are indicative of the high demand for these services over the past year. The current waiting lists are also indicative of the grave need to acquire additional funding for salaries in order to recruit additional dietitians to our service.

Despite high workloads and noisy working conditions, with little comfort or privacy, the attitude and performance has been highly commendable.

The coming year should see a partial end to some of the department's accommodation problems, with a move to its proposed re-location.

## RESPIRATORY LABORATORY

Despite a reduction in services performed, due to the various disputes, the Respiratory Laboratory nevertheless processed a total of 531 patients, with 1,723 procedures being performed.



These tests include lung function studies, skin prick tests, histamine provocation studies, blood gas analysis, and bronchoscopies.

Staffing and equipment of the department remain static and there are no immediate plans to provide additional services.

## **PHYSIOTHERAPY DEPARTMENT**

The past year will be remembered by the Physiotherapy Department as one of trials and change. A Statewide shortage of physiotherapists saw this department reduced by one third in the months February through May. Reductions were made in outpatient and community services at Gosford and the subsidiary hospitals. This led to the development of long lists of patients awaiting treatment. This situation was partially rectified in May 1985, when Queensland graduates were successfully recruited.

The 38 hour week was also introduced during the year and had a few teething problems in its early stages. These have now been overcome, so that services are only minimally affected. Wyong Hospital officially opened its new extension to the therapy area in November 1984. However, several setbacks have delayed the anticipated occupation by the physiotherapy staff and it is hoped these will shortly be resolved.

The demand for therapy services in the Wyong area is rapidly growing and a considerable waiting list is already in existence.

The Long Jetty section continues to function at maximum capacity, although the waiting list has not diminished. The completion of planned extensions are eagerly awaited, particularly as this new facility will provide space to permit the treatment of rehabilitation and paediatric patients.

The new hydrotherapy pool is approaching completion at the Woy Woy Hospital, and planning is underway to form a pool committee, which will be responsible for all decisions regarding the use of the pool and training of volunteers to man the community sessions.

The paediatric service remains extremely busy and huge demands have led to the channelling of a full-time therapist and a therapy aide into the service.

Cathy Tidyman completed her post graduate diploma with distinction, and Diana Albury graduated from her child minding course with a special prize. Cathy Tidyman is constantly called on by medical and therapy staff for her expertise, and was honoured with an invitation to be a guest speaker at an international Rheumatology Conference in Sydney. Her

distinguished audience was impressed by her presentation, and she has received many requests to give further lectures.

Fairhaven School has moved to new premises and is now known as Glenvale School. The new area is bright and cheery and a gross motor playground is being planned to further stimulate children.

East Gosford School physically handicapped unit continues its vital role, with an enthusiastic staff.

The facilities for treating the handicapped children at Henry Kendall High School were dramatically improved earlier this year. A staff room was given for use as a therapy room and new equipment, together with a full-time aide and a part-time physiotherapist, has ensured the best treatment for these children. This has also facilitated communication between the Education Department and Health Department staff.

1985 has seen the continuation of the Physiotherapy Department's involvement in placement of third and fourth year physiotherapy students from the Cumberland College for clinical experience, as well as work experience students from local high schools. Senior staff have maintained their involvement in lecturing to under-graduate nurses. The physiotherapy and occupational therapy staff have also been involved in a back care education programme. This programme is aimed at reducing the incidence of back injury amongst hospital employees. The programme was presented to domestic staff, senior nursing staff, wardsmen and porters and was both practical and theoretical in nature.

The department maintains its quality assurance and peer review programmes. Weekly inservice training plays a major part in maintaining a high professional standard amongst the staff. The staff have also been encouraged to participate in and attend lectures and conferences, so that they may consolidate to expand their therapeutic skills. This has helped us maintain high morale in a year that has had more than a few difficult periods.

## **SOCIAL WORK**

The Social Work Department consists of twenty full-time and four part-time social workers and welfare officers, who are allocated to various areas of the Central Coast Hospitals and Area Health Service.

Eight of these are attached to inpatient and outpatient facilities, and are concerned mainly with crisis care and remedial social work services.

In the past year 6,670 clients were referred, either as inpatients or outpatients, and 29,000 occasions of service were provided. Another 2,267 people were assisted through groups, 709 of these as inpatients.



The remaining social work staff work within specific teams, such as the Mental Health Team, Child & Family health Team, Developmentally Disabled Team and the Rehabilitation Team. One social worker was seconded to a research project being undertaken in the Woy Woy area. This research project examined the assessment procedures for people requiring domiciliary services and looked at the input of health professionals in this area. This report will be available later in 1985.

Social work staff have been involved in a number of new projects during the past twelve months. A Stroke club was established in response to the need for those who have suffered a stroke, as well as their relatives, to obtain mutual support. It is also a forum for information exchange. A support group was also established in Wyong for those who are suffering from dementia. A limited Day Care service was initiated at the new Extended Care Centre and the effect of this service on the family was assessed.

Social work staff in the Rehabilitation Team have also been involved with new programmes for mastectomy patients, people with back injuries and those suffering arthritis, respiratory problems or repetitive strain injuries.

Planning for the new Hostel on-site at the Woy Woy hospital has also been a feature of the past twelve months. The new financial year will require a great deal of effort in the assessment of the many potential residents of this Hostel.

The need for more Nursing Home beds on the Central Coast continues to be a pressing problem. In the past year, 491 people were assisted with placement in Nursing Homes and 78 people were provided with short-term respite care. Unfortunately, 174 people remain on the waiting list and many actually die before a suitable vacancy can be located.

The shortfall of Nursing Home beds on the Central Coast is currently assessed as in excess of 700.

Social work staff also assisted with the future generation of Social Workers, through involvement with the tenth annual Careers Market, and with the supervision of eight social work and welfare students throughout the year, as well as five work experience students from local High Schools.

A review of the social work services was carried out by the Regional Planning Evaluation & Development Unit during the year. This review recommended that many areas could benefit from an increase in Social Work staffing, particularly in rehabilitation, developmentally disabled

and the Hospital's service team. Unfortunately, with ongoing budgetary restraints, it is difficult to see any improvement in the coming year.

## **PHARMACY DEPARTMENT**

During the past year the Pharmacy Department, in addition to its normal services, brought to fruition the following projects:

1. Implementation of a Pharmaco-Kinetic Advisory Service to medical staff.
2. An improved Clinical Pharmacy Service.

At the beginning of the year Bruce Walker resigned as Chief Pharmacist and has been adequately replaced by Gordon Farmer in this position.

A brand new pharmacy department is currently being completed in a location adjacent to the new surgical block in Stage 1. The department will, therefore, shortly move to its new premises, having floor space commensurate with the size of the Hospital, and incorporating a new sterile manufacturing suite, built to Australian standards, with a separate room for the preparation of cytotoxics.

As a result, there will be a consolidation of storage and services which will mean greater efficiencies and economies.

Services to subsidiary hospitals are being maintained together with collaboration in the total parenteral nutrition service.

The Drug Committee continues to meet and the Hospital Pharmacopoeia is under continual review and amendment.

## **MEDICAL RECORDS DEPARTMENT**

During the past twelve months the Medical Records Department maintained its services, while experiencing change due to computerisation. The department processed 20,613 discharged patient records from the Central Coast Hospitals.

Conversion from a manual card master index to a computerised system occurred during the latter half of 1984. The transition period ran smoothly and all medical record staff now feel quite comfortable with computer terminal use. Medical Records Administrators played an active part in the Department of Health Computer Division, Patient Master Index user group meetings and computer training of the Central Coast Hospitals and Area Health Service staff.

***Our health service cares for the young . . . and the not-so-young!***



*Hamish Jason being checked over by the Paediatric Registrar.*



*101 year old Mrs Julia Kerim chats with the Social Worker.*

Two other programmes affecting the Medical Records Department have recently been introduced. They are the Admission Transfer and Separation programme and the Disease Index programme. Although some paper work has decreased, a number of auditing procedures have been implemented by the Medical Records Department to ensure the completeness, accuracy and timeliness of data. Once again, Medical Records Administrators supported the Central Coast Careers Market and received positive feedback from their involvement in the scheme.

Participation in student training continued during the year, with two students from Cumberland College, one local work experience student and two technical College students.

The department continued its role in preparation of statistics, such as perinatal statistics for the quarterly Perinatal Review Committee; it also participated in a record evaluation project. The Medical Terminology Course continues to be well attended.

The sub-standard accommodation and inadequate storage space for this department have been ongoing problems for many years. However, a new Medical Records Department is currently being constructed within the Stage I complex and this department will shortly be moving to new premises. This location will provide vastly better facilities and access, and in particular should provide for a much improved integration and exchange of records between the department and the Accident and Emergency section.

### **CENTRAL STERILE SUPPLY DEPARTMENT**

Mrs Margaret Stallard has adequately replaced Mr Frank Bryant as Chief of this department.

This factory within our complex, for production of sterile packs, has maintained its production and has not been to any great extent influenced by any of the disputes. The introduction of a 38 hour week posed a minor problem in relation to the system of delivery and collection of CSSD items to and from subsidiary hospitals, however this has been carried out by reverting to a previous system of collection and delivery by transport drivers, and appears to be working quite well.

A second washer sanitizer has been provided for the department and this has been of great assistance in the processing of anaesthetic and respiratory equipment, as well as other items such as baby bottles.

Three staff members successfully obtained their Sterilising Technology Certificates during the year.

The department remains totally dislocated and at a great distance from the Operating Theatre complex, however rationalisation of the staffing of these two areas, with regard to sterilising components, has taken place and policies and duty statements have been amended accordingly.

### **ECG DEPARTMENT**

This department continues to provide services to inpatients and outpatients of Gosford and subsidiary hospitals.

Industrial disputation by doctors and nurses has resulted in a 10% reduction in workload.

Staffing of this department has improved during the year by, firstly, the provision of a reliever to cover annual leave, long service leave and periods of sickness and secondly, by the provision of a part-time appointee to provide appropriate cover over weekends. Each of these appointments has been a great success and very much appreciated by the resident medical and nursing staff who were previously imposed upon to provide these services.

Five new single-channel ECG machines have been provided to the department and three of these have been placed in critical care areas. Regrettably, other ECG machines are very much due for replacement and it can only be hoped that the budget, when received, will stretch to this purchase.

### **BIO-MEDICAL ENGINEERING DEPARTMENT**

During the year this department repaired, calibrated, or tested, over 900 items of equipment.

Our Bio-Medical Engineer prepared tenders, tested and installed equipment to the value of \$250,000. He has also become involved in the initiation of a pacemaker clinic on a fortnightly basis and this clinic now supports over 100 Central Coast residents who previously had to journey to Sydney for this service.

### **RADIOLOGY DEPARTMENT**

During the year the planned building alterations and X-ray equipment replacement programmes were almost completed. Alterations are expected to be finalised within the next twelve months.

The new X-ray equipment should enable the department to handle the expected increase in the number of X-ray examinations for a number of years to come. A computer terminal has been installed in the Accident and Emergency X-ray Department and has been most beneficial in helping to maintain a more accurate system of records within the Radiology Department.

The department has continued to provide clinical training for first year radiography students from the Riverina/Murray Institute of Higher Education and the Newcastle College of Advanced Education. One trainee radiographer is completing his training, under a block release scheme through the Riverina/Murray Institute of Higher Education.

Staffing has been maintained at an adequate level, with twelve full-time radiographers, one part time radiographer, one trainee radiographer, two registered nurses, five clerks and one porter.

Due to the various disputes there has been decrease in workload over the past twelve months.

	1983/84	1984/85
Number of patients .....	32,317	27,435
Number of examinations .....	40,123	33,721

The workload has continued to increase at Wyong Hospital up from 5,022 to 5,334 examinations from the current year.

A need has been demonstrated for major expenditure on X-ray equipment for the operating theatres, and all possible avenues will be explored to provide funding for this project during the coming year.

## AUDIO VISUAL UNIT

This unit continues to provide routine services and to participate in the production of educational material and clinical photographs.

The effect of the doctors dispute has been felt, with a 30% decrease in jobs performed.

Total jobs done are down from 659 to 473.

## OCCUPATIONAL THERAPY DEPARTMENT

The department currently comprises 16.5 occupational therapists, together with four support staff.

	1984/85
Number of inpatients treated .....	1,288
Occasions of inpatient service .....	21,237
Number of outpatients treated .....	2,156
Occasions of outpatient service .....	25,214

The past year has been one of consolidation of services, rather than expansion. Rehabilitation outpatient programmes commenced in 1984 and have continued with greater attendance of clients and support from other personnel and services. An upgraded activity programme, to follow on the repetitive strain injury education programme, has developed in the Harry Mattocks Rehabilitation Unit. This programme aims at supporting and encouraging clients to look at positive action and retain fitness and activity tolerance.

Occupational and Environmental Health, along with the Physiotherapy Department, assisted in work environment assessments and now conduct educational programmes to teach techniques of safer methods of lifting.

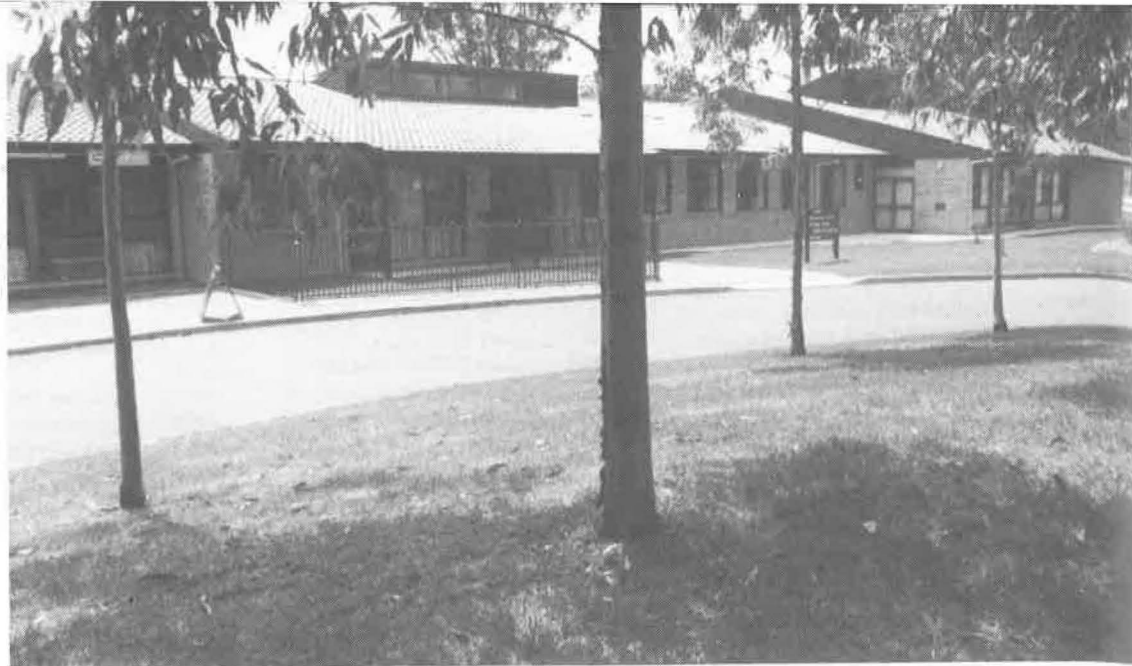
Occupational Therapy staff have also been involved in assessment and evaluation of confused elderly patients and the trialling of our one-day-a-week day activity programme at Wyong Extended Care Centre.

There has also been involvement in planning for assessment of residents of the Woy Woy Hostel. Two students from Cumberland College have been supervised in the department, as part of their training. Such training is becoming something of a problem, however, as there are inadequate numbers of senior staff for the supervision and training.

Several staff members attended seminars and conferences held in Sydney, on a variety of subjects ranging from cardiac rehabilitation, rheumatology, juvenile arthritis, to living skills and services for the aged. As well as attending lectures and courses, several staff were involved in educational "back care" programmes, for Gosford Hospital staff, the nursing staff of Orana Nursing Home and staff of Albany International. Staff have also been called upon to speak to community groups such as Proboscis and Senior Citizens.

***Projects completed  
during 1984/85  
included:***

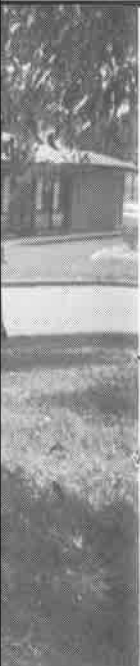
*Wyong Health  
Services Centre.*



*Rehabilitation Extensions,  
Wyong Hospital.*







*Wyong Extended  
Care Centre*



## LIBRARY SERVICES CENTRAL COAST HEALTH

*Rehabilitation activities at the  
Harry Mattocks Workshop.*

There have been several resignations of experienced staff from the child health, mental health and rehabilitation teams and recruitment remains a problem, with very few experienced staff available to take vacant positions. During the year, therefore, services have been severely disrupted, cancelled or altered, because of staff resignations and difficulty in recruitment.

Introduction of the 38 hour week in January 1985 initially brought some confusion and disruption, but rosters are now proceeding smoothly.

During a very difficult year of change and re-organisation, the staff of the Occupational Therapy Department have all been very supportive and have continued to give the high standard of professional service we have come to expect over the years.

## BLOOD BANK

During the year a total of 9,539 donations of blood were collected. These donations were made by 4,683 donors. Of the total, 1,903 collections were made at the Woy Woy Centre, 1,549 at the Long Jetty Centre and 1,068 at the Wyong Centre.

Most of the blood collected at Gosford was broken into components such as packed cells, fresh frozen plasma, cryo-precipitate, cryo-supernatant and platelets.

A percentage of the blood collected at the various centres is now transported to Gosford for vaccination. With the introduction of the new modified plastic packs which extend the life of platelets to seven days, and the addition of platelet supracator, the Blood Bank is now able to meet the demands for platelets. We also supply washed or filtered red cells when required. All blood collected is now tested for the AIDS Virus.

The new Blood collection Centre at Wyong was completed and officially opened in November 1984. A very attractive and functional area for staff and donors alike. Plans for the relocation and enlargement of the Woy Woy Collection Centre are under way and the relocation of the Gosford Blood Bank (to Stephen Street) is almost complete. This will be a very large and very attractive area, at which donors will be welcomed.

At the Annual General Meeting of the Gosford Green Point Branch of the Red Cross Society, one donor was presented with a Certificate and Badge for 150 donations. This is a tremendous achievement. Three other donors received Certificates and Badges for 100 donations, while four received badges for 75 donations and thirty-five for 50 donations.

We again owe a very sincere expression of gratitude to all our donors for their continued support and loyalty.

## SPEECH PATHOLOGY DEPARTMENT

This Department began the year with near-normal staffing levels, however resignations occurred during the year and replacements have been insufficient. This has led to some turmoil during the year, with disruption and readjustment of various services, but current waiting lists for assessments and for treatment are quite extensive, and indicate the need to actually create new Speech Pathology positions.

Despite disruptions and resignations, the total number of sessions for the 12 months was 8,894 an increase of 658 over the previous year. The total number of outpatient referrals was 457, of which 347 were children and 110 adult referrals. Hospital inpatient referrals totalled 189.

The type of problem treated in children are as follows:

Articulation .....	39.8%
Language .....	22.8%
Articulation/Language .....	9.2%
Language/Articulation .....	8.6%
Fluency .....	7.5%
Voice .....	3.2%
Articulation/Fluency .....	1.7%
Articulation/Voice .....	0.9%
Hearing/Articulation .....	0.9%
Fluency/Articulation .....	0.6%

Regular in-service training programmes were held, with all Speech Pathologists presenting. Topics included journal reviews, language tests overview, "brain storming" on therapy ideas, brushing and icing techniques and visits to the autistic school and Gosford City Community Services.

Other programmes attended were the PORCH Index of Communicative Ability Workshop, Adult Patient Study Group and Northern Metropolitan Pathologists Quarterly Meetings.

A certain amount of time was devoted to public awareness of speech and language disorders, with the following groups being provided with Speech Pathology speakers: The Womens Health Centre, Wyong Extended Day Care Centre, Toukley Cottage, Woy Woy Pre-School,



Gosford Cottage, Gosford Baby Health Clinic, Gosford Community Child Care Centre, Cleft Pals and Legacy Nursing Home.

The Department participated in the tenth Annual Central Coast Careers Market as a result of which five High School students have done their Work Experience with the Department.

Several new programmes were initiated and a language intervention group has been running since October. Similarly, an intensive two-week stuttering programme was held in January.

The Central Coast Straight Talk and Stroke Club was organised by the Woy Woy Speech Pathologists and the Social Workers. Support will be given to this group until they can function independently.

Five students from the Cumberland College have been placed with the Department for their clinical experience.

Again this Department has performed extraordinarily well under difficult circumstances.

## **OCCUPATIONAL HEALTH AND SAFETY**

Regrettably, the Director of this team has resigned and to date we have not been able to obtain approval for the salary in order to be able to replace the team leader.

Nevertheless, the two Occupational Health Nurses together with the Safety Officer have continued to become involved in many areas of Occupational Health and Safety throughout our Service.

Audiometry screening is being maintained, together with blood-testing of workers involved with the use of pesticides. Ergonomic assessments continue to be conducted and there is participation with various other teams in the education of staff.

A policy manual has been drafted for Occupational Health and Safety and "Injuries and Related Incidents" reports are constantly monitored.

The programme of immunizing staff against Hepatitis B is being maintained and the vaccine is also offered to Police and Ambulance Officers who may be at risk.

A major effort must be made during the coming months to replace the Director, in order to advance the cause of Occupational Health and Safety amongst our staff.

## **MENTAL HEALTH SERVICES**

This team has continued to consolidate within the Central Coast Area. Administrative structure has been further streamlined during the year, despite considerable budgetary restrictions. Implementation of the Richmond Report recommendations have improved growth to some extent, but again are limited by an inadequate allocation of resources to date. This situation has been compounded by Morisset Hospital being closed to patients from the Central Coast.

As our unit at Mandala Clinic is not gazetted, and therefore cannot accept involuntary patients, all such patients must now be transferred to the Macquarie Hospital. This is inconvenient, inaccessible and far from ideal for the care of Central Coast psychiatric patients.

It is understood, however, that in planning for the redevelopment of Health Services on the Central Coast for the next 15 years, psychiatric services enjoy a very high priority. It is anticipated that a 30-bed gazetted inpatient unit will be established adjacent to the hospital at Gosford and this should relieve the present considerable pressure on inpatient beds. In the meantime, firm foundations continue to be laid in respect of the most appropriate distribution of mental health staff spread throughout the Health Service Centres, Living Skill Centres and Group Homes.

A crisis is currently facing the Mental Health Services, however, in the light of the retirement of the Medical Director and the recent resignation of the Deputy Director. At present both positions are being actively recruited.

We trust that during the remainder of this financial year additional funding will emanate from the Richmond Report, enabling us to implement the recommendation. We also hope that progress will be made with detailed planning for a new psychiatric unit at Gosford.

## **ACCIDENT & EMERGENCY DEPARTMENT**

This Department, both at Gosford and at Wyong, continues to function under a steadily increasing workload. The section at Gosford has had six new cardiac monitors supplied and the helipad is nearing completion.

A complete administrative review has been made of the Department at Gosford and various recommendations are awaiting priority for implementation. For example, a specific Paediatric subsection is being considered, together with a more appropriate functional layout and staffing of the House Doctor section.

We were pleased to receive accreditation from the new College of Emergency Physicians and we currently have a total of five medical officers intending to pursue Fellowship of this College.

The A&E Department at Wyong continues to be increasingly utilised by the community and the rotation of resident medical staff through this section from Gosford remains something of a staffing problem. Because of the continued lack of diagnostic and support services, all seriously ill or injured patients presenting to Wyong Hospital must be transferred to Gosford for definitive care.

### **ACUTE CARE AREAS**

The Intensive Care and Coronary Care Units continue to function in routine fashion. The Cardiac Ward continues to increase in workload and cardiac preliminary has been provided together with additional coronary phasing-out beds.

New ventilators have been supplied for the Intensive Care Ward and the Director has supplied, at his own cost, computer facilities to maintain patient data base. In addition, the Director has arranged computer links with other data bases in the ACT and the United States, in order to access top level patient data bases.

Training programmes for resident medical staff have also been incorporated into the computer programmes. Statistical evidence strongly supports the fact that quality of patient care within the intensive care ward is at an extraordinarily high level and the staff maintain a very high level of morale and efficiency.

### **NEUROPHYSIOLOGY DEPARTMENT**

This Department continues to function with a single technician and provides EEG services both to inpatients and outpatients referred from visiting medical staff. There is a slowly-increasing workload and the service to subsidiary hospitals is being maintained.

Regrettably, we still do not have a Neurologist appointed to the Hospital and this means that EEG's must still be despatched to Sydney for reporting. This is inconvenient and creates delays.

### **GERIATRICS AND REHABILITATION SERVICE**

Regrettably, the position of Deputy Director of Geriatrics and Rehabilitation remains vacant, although our Registrar is acting in this capacity. Extensions to the Rehabilitation Unit Therapy Area at Woy Woy Hospital were completed early in the year, with dramatic improvement to our capacity for providing services to patients.

The hostel soon to be completed at Woy Woy Hospital, together with the Hydro-Therapy Pool will provide major boosts to the geriatric and rehabilitation Service.

Cardiac Rehabilitation Services continue to be provided both at Gosford and Wyong Hospitals, with steadily increasing demand. A Pacemaker Clinic has been commenced, in collaboration with the Bio-Medical Engineer.

There are increasing demands for respite care beds and for care of psycho-geriatric patients; however, resources are very limited and these demands are barely being met.

The Amputee Clinic continues to operate and the Harry Mattocks workshop is now located in a new building at Gosford Hospital. The latter is performing well and going from strength to strength.

Improved liaison is developing with other medical disciplines at the Gosford Hospital and increasing emphasis is being placed on the clinical assessment of patients for rehabilitation, or other placement. Such assessments are done in collaboration with Occupational Therapy and Physiotherapy Departments.

The immediate need of this service is to receive funding and to provide additional specialist medical staff as well as additional facilities and programmes for nursing home pre-placement, psycho-geriatric care and respite care.

### **MEDICAL LIBRARY**

The Library continues to provide routine services for Health Service staff, both within the Hospital and the Community.

Computer technology maintains contact with various data bases and this service is being increasingly utilised. Increasing liaison is being emphasised, with the audio-visual unit in order to provide training and education material. The collection is under the supervision of the Library Committee and is constantly under review and updating procedures.

Many new programmes have been added to the audio-visual collection and it is refreshing to see the extent to which these are accessed. The Medical Librarian continues to act as a Research Analyst. She is considered to be a co-operative and authoritative source of information when approached on various projects by the medical staff.

## CONCLUSION

This has certainly been the most difficult year in my experience as Medical Superintendent and the only hope for the future appears to be for approval to proceed with current planning of a major re-development of the Central Coast Area Health Service. It is anticipated that planning will consume a great deal of time and effort over the next one to two years.

In the meantime, I believe the medical and nursing staffing situations as previously described, together with continuing budgetary restraint, will provide many headaches over the coming months. It would not surprise me if certain services have to be trimmed or even curtailed. There appears to be little opportunity to provide any further efficiencies in the overall system.

Despite the hassles and problems of recent months, I must again congratulate staff at all levels for their loyalty, devotion, forbearance, and understanding.

I must especially thank the resident medical staff in general, particularly the Registrars who both sustained and supported me admirably during the "Doctors Dispute", when many patients were admitted under my name. The Registrars also undertook the brunt of the delicate, and sometimes heated, negotiations with visiting specialists, or indeed with other public hospitals in arranging appropriate care or transfer of certain patients.

I must also thank the visiting medical staff, particularly at the specialist level, for their ongoing support in times of real crisis. At no time was there any doubt on the part of any of the specialists that true emergencies would be catered for. Similarly, in the more contentious cases when I or my deputy were reduced to sheer despair, an appeal to the specialists resulted in action.

My thanks must also go to the Hospital Board, in particular the Chairman Mr Wallwork, for awareness and management of the real root of the Doctors Dispute, including their tireless efforts, both at local level and at a political level.

Over the years I have gained increasing respect for our Area Health Board and from time to time I am still amazed at the diligence and energy they expend in resolving contentious issues. I believe there is every reason why our community should be inordinately proud of our Directors. Overall I believe that one of the baseline elements that welds our Service together is the continued rapport that exists between the Service on the one hand and the visiting medical staff on the other.

Another extremely important balancing factor is the representation of community needs and wants by the Directors of our Board.

The Paramedical staff have also been subjected to trials and tribulations during the past 12 months, and again I must sincerely thank them for their continued support, for their allocation of priorities, for their devotion to duty and their trust that things must shortly begin to improve.

To the other members of the Senior Executive — General Administration and Nursing Administration alike — I say that I have come to increasingly trust their judgement, to respect their arguments, to enjoy their provocation, and to admire the way in which we can always reach some conclusion, even on the most heated topics, without any subsequent recriminations.

Finally, I believe that under the present conditions and circumstances, the most important problem for the Senior Executive to address in the immediate future, is the problem of staff morale generally. We are fortunate in having excellent staff at all levels, some of whom are outstanding in their respective fields and they deserve our attention from the points of view both of improving their working conditions and their general welfare. Only in this way can we again quickly become an efficient and functional service.

R. J. KENNEDY  
Medical Superintendent

## *Medical Council Report*

### **MEDICAL COUNCIL REPORT**

1984 and 1985 were marred for one and all by the first major industrial dispute between Visiting Medical Officers and the Health Department in the history of the State. The trouble started on 1st February, 1985, with the implementation of Medicare.

Fundamental changes made to Health Insurance arrangements at that time were not well received by the medical profession. As well as seeing themselves as the likely victims of nationalisation by stealth, the doctors recognised that the very design of the system spelt out a major change in their traditional doctor-patient relationships. Whereas in the past doctors had derived the greater part of their earnings from the privately insured and had offered their services absolutely free to those unable to afford insurance, the new deal appeared designed to squeeze patients out of the Private Health Funds and into the Government's warm embrace.

The doctors, having traditionally provided services of the same standard to people from all walks of life within the Public Hospital system, saw the spectre of a Two Tier Hospital Service, with the insured likely to opt for private hospitals leaving the public hospitals with only one classification of patient — the uninsured. It was felt that this division would not be in the best interests of the public.

Matters came to a head on 27th December, 1984, when 78 of the visiting medical staff resigned from Gosford District and Subsidiary Hospitals. From then and until June 1985, the resigned doctors visited the Hospitals only to attend emergencies and no elective surgery was performed. The Medical Board was effectively dissolved and was no longer represented formally at meetings of the Board of Directors.

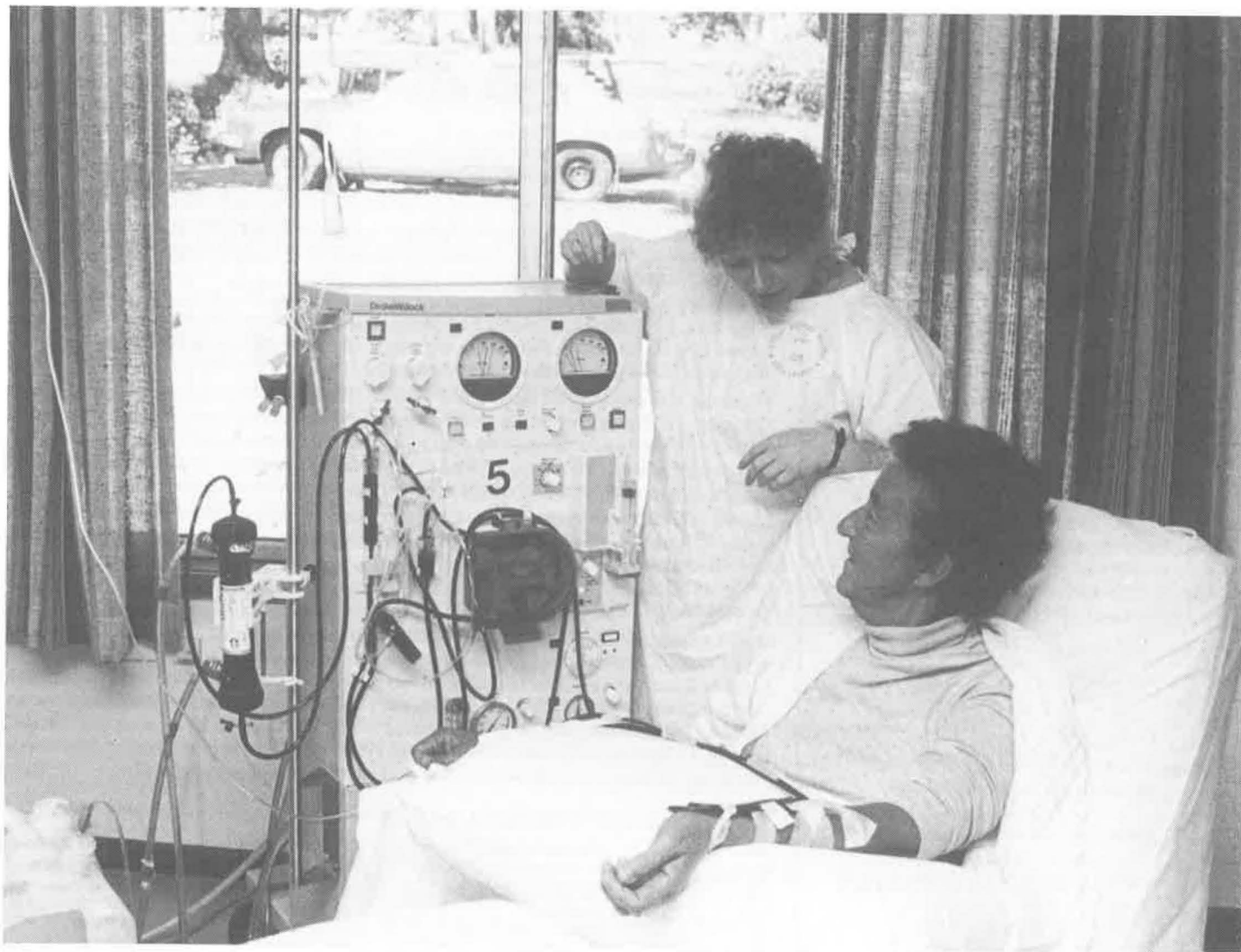
Prior to these events, a rundown in nursing staff had commenced at Gosford District Hospital, notably in the operating theatres. The withdrawal of medical services from the Hospital had the effect of accelerating this loss of skilled staff and the problem was further magnified by a new direction in Nurse Training which effectively stripped the Hospital of junior nursing trainees.

The overall result of these factors has been similar State wide. There are now long waiting lists for elective (non-urgent) surgery, numerous beds are closed and there is a severe shortage of nursing staff. Medical staff and Administration are unable to reduce the waiting lists for surgery due to a continuing shortage of operating theatre teams, available beds and nurses.

It is a matter of concern as to whether or not the best efforts of all of us can restore the standards to the level prevailing before Medicare. Desirable as the scheme may have appeared to many, it is to be hoped that a permanent set-back has not been the result of this bitter dispute.

The Executive of the reconstituted Medical Council and that of the Board of Directors have issued a joint public statement indicating their desire to restore normal medical services as soon as possible. It is to be hoped that by the time the next Annual General Report is issued most of these difficulties will be resolved.

G. MYLNE  
Chairman, Medical Council



*The Combined Lions Clubs raised \$100,000 to furnish this Satellite Renal Unit at Gosford District Hospital.*

# Report of the Director of Nursing

It was considered that the previous year had presented Management with a range of constraints in provision of Services, which very greatly exercised the skills and ingenuity of all senior staff. The current year under review has proved to be even more disruptive, with industrial issues superimposed on the other Health Service constraints. All these anxieties have filtered through the ranks and, exacerbated by the amount of very negative media coverage, have contributed to the current staffing and manpower problems within Nursing in this State. Nursing Personnel Management initiatives are being taken to assure sufficient suitably-qualified nurses will be available to support our current Health Service needs.

The severity of winter ills this year has also strained our nursing resources to the limit. We therefore sincerely thank all our Nursing Staff who have graciously accepted the need to move some staff, to more equitably distribute the patient care workload throughout all our Wards, Units and Subsidiary Hospitals.

Nurses very much appreciate the support of our many volunteer hospital workers. We acknowledge the contribution by the many Auxiliary members who work unstintingly in the community to raise funds for much-needed equipment, which contributes to good standards of patient care and assists Nursing and Medical Staff in the delivery of this care.

We would also like to once again thank the Pink Ladies Auxiliary which functions within our hospitals, working as part of the health team in providing added comfort and support to the patients. We were sad to farewell Mrs Jean Baird in late December. In her role as Pink Ladies' Coordinator, Mrs Baird had given 6½ years of service and commitment to our Health Service. We record our sincere gratitude to her and welcome Mrs Mary Bonnard as her successor.

The Nursing Staff wish to also acknowledge and thank our many grateful patients and their relatives who have taken the time to send letters of appreciation, which are always passed on to the staff mentioned.

## CLINICAL SERVICES

I suppose we could say, "It's an ill wind that blows nobody some good". During the winding down of our surgical services over the past year, we took the opportunity of progressively moving patients Ward by Ward and refurbishing, renovating and painting all the Medical Wards at Gosford. Following this magnificent effort by our Engineer and the many tradesmen and women on staff, we have reorganised all the Medical Wards and effected changes in our Obstetric Service. As there has long been some confusion in the method of designating our Medical Wards, this period of change was considered as opportune to rename these Wards.

## REDESIGNATION OF MEDICAL WARDS

New Name	Current Service	Previous Name	Previous Service
M1	Female Medical	'A' Ward	Post-Natal Ward
M2	Male & Female Medical	'D' West Ward	Male Medical
M3	Male Medical	'C' Ward	Female Medical
M4	Male Medical	'E' Ward	Male Medical
Cardiac Unit	Acute Coronary Care Unit plus Phasing Cardiac Care Ward	CCU and 'D' Ward	Unchanged — only defined



## OBSTETRIC UNIT

The alterations to Wyoming Hospital were finally completed in May this year. Following this the remaining female medical patients were transferred to Gosford and the post-natal patients were transferred to Wyoming.

Since the end of the financial year, the Wyoming Hospital has been renamed 'Birralee' Unit (Aboriginal, meaning boy or girl baby) and provides accommodation for 44 patients and their babies.

With the efficient back-up of our own new internal Ambulance Service, patients are now transferred as soon as feasible after delivery from the Delivery Suite at Gosford Hospital directly to 'Birralee' Post-Natal Unit. An exception would be a mother or baby requiring more acute levels of supervision and/or care, due to possible complications during birthing.

Ante-natal patients and selected post-natal patients are cared for in the Ward originally known as 'B' Ward, but now, together with the Delivery Suite, to be known in future as simply "The Obstetric Unit".

## SATELLITE RENAL DIALYSIS UNIT

A major project, sponsored and magnificently supported by the Lions Clubs, was opened in October 1984. This involved the renovation and extension of a cottage in Ward Street, on the periphery of the hospital campus and provides a renal dialysis service for those patients who, for some reason, are unable to manage this procedure themselves.

Miss Sandra Carpenter, Supervisor of the Critical Care Units, has worked very closely with nurses qualified in this specialty, to provide what we believe is an excellent service, which obviates the need for several of our local citizens having to travel long distances for their treatment.

## GRADUATION

Miss Margaret Cooper-Booth, Dip.NA (UK), MINA (NSW & ACT), FCNA, FCN (NSW), Director of Nursing, Royal North Shore Hospital, was the guest speaker at the Nurses' Graduation Ceremony, held on Tuesday, 3rd September, 1985.

This ceremony is the highlight of our hospital calendar and this year approximately 350 guests, including families and friends, shared this special occasion with the 38 General Nursing and 26 Midwifery Graduates.

Once again, we would like to thank all those who assisted in contributing towards the success of this ceremony, with special thanks to Mr B. Pearsall and his staff, for the use of the facilities of the Gosford High School Auditorium.

## SENIOR RETIREMENTS

MISS Betty HARRISON  
MISS Ailsa BROWN  
MISS Patricia ROGERS

MISS Haidee HOLDEN  
MRS Marjorie ADKINS  
MRS Barbara ELMES

Deputy Director of Nursing  
Head of School  
Director of Nursing  
The Entrance/Long Jetty Hospital  
Supervisor, Wyoming Hospital  
Orientation & Inservice Co-ordinator  
Charge Nurse, Wyoming Hospital

## SENIOR RESIGNATIONS

MISS Thea VAN DER SCHOOR  
MISS Yvonne WORRALL

MRS Margaret REYNOLDS

MISS Lena MARREN  
MRS Rita LEWIS  
MRS Susan BELL  
MRS Beryl JENNINGS  
MRS Jean BRADBURY

Director of Nursing, Wyong Hospital  
Assistant Director of Nursing  
— Personnel  
Assistant Director of Nursing  
— Operating Theatres  
Supervisor — Surgical Units  
Charge Nurse — 'C' Ward  
Charge Nurse — 'E' Ward  
Charge Nurse — Unit S2  
Charge Nurse — Intensive Care Unit



## SENIOR APPOINTMENTS

MISS Roberta CARTER-BROWN	Deputy Director of Nursing and Head of School
MISS Margaret DAVIN	Deputy Head of School
MISS Julie WILLMETTE	Director of Nursing, The Entrance/Long Jetty
MRS Caroline CRILLY	Director of Nursing, Wyong
MISS Barbara DUNCAN	Assistant Director of Nursing — Personnel
MRS Lucy ROUBANOFF	Assistant Director of Nursing — Community Nursing
MRS Janet TOPP	Senior Reliever — Administration
MISS Lynette MORRIS	Supervisor — "Birralee" Post Natal Unit
MISS Nola GALLAGHER	Supervisor — Surgical Units
MRS Sheila AYSHFORD	Supervisor — Orientation & Inservice
MRS Hilda BEACH	Nurse Planner
MRS Irma NOLLA	Supervisor — Night Duty/Obstetrics
MISS Christine PERCY	Supervisor — Child Care/Toukley
MISS Theresa SCHUMACHER	Charge Nurse — M1
MRS Jennifer SADLER	Charge Nurse — M3
MRS Deborah KNOX	Charge Nurse — M4
MRS Julie WHINFIELD	Charge Nurse — S2
MISS Christine ANDERSON	Charge Nurse — Intensive Care Unit
MISS Carol McCLOY	Charge Nurse — Obstetrics
MISS Julie WITCHARD	Charge Nurse — Renal Unit
MRS Irene CRAWFORD	Charge Nurse — Long Jetty
MISS Mary PALME	Occupational Health Nurse

## GENERAL NURSING GRADUATES

ALLEN, Jannifer (High Distinction)  
 BARR, Wynniss (Distinction)  
 BAYLISS, Rosalind (Credit)  
 BIDDLE, Amanda  
 BROCKMAN, Colleen  
 BURCHELL, Jacaqueline (Distinction)  
 CHEATHAM, Julee  
 CONNELL, Jane  
 CROSS, Mary (Credit)  
 DONOHUE, Jennifer (Credit)  
 DORRELL, Annette  
 DWYER, Elizabeth  
 GREENWOOD, John  
 HARDMAN, Kitty  
 HARPLEY, Julie  
 HAWXWELL, Michael  
 HAYNES-LOVELL, Peta (Credit)  
 HORE, Robyn  
 KABLE, Kerry (High Distinction)  
 McDONALD, Tracey  
 MASON, Rosemary  
 MELLISH, Donna  
 MULLINS, Pamela  
 O'BRIEN, Jeanette  
 OXLEY, Lynette  
 PRIBIK, Helen (Credit)  
 PRYOR, Kim (Credit)  
 ROWLAND, Jennifer  
 SILVESTER, Eveonne (Credit)  
 SIMSON, Peter (Credit)  
 SMITH, Kristen (Credit)  
 TUCKER, Bradley (Credit)  
 UPTON, Joanne  
 WALLACE, Elizabeth  
 WILLIAMS, Penny  
 WILLIAMS, Stephen  
 WITT, Carolyn (High Distinction)  
 YORKSTON, Dylan



1950 staff group includes some of our first nursing trainees. **Back row:** Nurses Rae, Gale, McConnell, Mason, Harkus, Solomon, Dwyer, Hunt, unknown. **Middle row:** Sister Smith, radiographer Miss Sawtell, Sister Casley, Nurses Brackernreg, Gilham, Glennie, Jamieson, Gunn, Ryan, Sister Curley, Nurse Channon, Sister Withers and Sister Slack-Smith. **Front sitting:** Sister Giesler, Sister Bell, Matron Knight (the first matron) and Sister Tindale.



**84C GROUP**— The last intake of Hospital-based Trainees, with the Director of Nursing and tutorial staff, at an afternoon tea held at the completion of their probationary period.

## MIDWIFERY NURSING GRADUATES

CONNOLLY, Maree  
 DAYHEW, Miriam  
 DE RUYTER, Walter (Credit)  
 FERGUSON, Frances  
 FIELD, Kerry-Lynn  
 FOX, Tracey (Credit)  
 GILMORE, Glenda  
 GRIEVE, Narelle (Credit)  
 HAMILTON, Patricia  
 HARDWICK, Gaylene  
 HIPWELL, Ellen  
 HOWELLS, Carol  
 IDE, Gaila (Credit)  
 JESSON, Christopher  
 JOHNSON, Bronwyn  
 POLLARD, Elizabeth  
 PRICHARD, Gail (High Distinction)  
 ROBERTS, Lyndall  
 ROWE, Robyn  
 SMITH, Monica  
 STRAW, Janet  
 THOM, Anne-Maree (High Dist'n)  
 THOMAS, Jill  
 TOMS, Sue-Ellen  
 TRAINER, Mary  
 VAUGHAN, Kevin

## ACADEMIC PRIZES

1st Year Nursing	First Prize	Nurse Geoffrey Kidd
	Second Prize	Nurse Judith Moir
2nd Year Nursing	First Prize	Nurse Janice Clifton
	Second Prize	Nurse Valerie Allen
3rd Year Nursing	First Prize	Nurse Jannifer Allen
	Second Prize	Nurse Julie Harpley
Midwifery Nursing		Sister Gail Prichard

## SPECIAL NURSING PRIZES

R. M. Vaughan Memorial Prize	— Nurse of the Year Colleen BROCKMAN
A. E. Eagle Memorial Prize	— Highest Aggregate marks for 3 Years, Jannifer ALLEN
Director of Nursing Prize	— Outstanding First Year Nurse Jennifer DEMPSEY
Midwifery Prize	— Nurse of the Year Gail PRICHARD

## CONTINUING EDUCATION ACTIVITIES

In accordance with our Nursing Policy, to promote and encourage on-going professional development of staff to keep pace with changes in clinical and technical, medical and nursing practice we organise staff to—

- Conduct regular clinical conferences at Ward and Unit level.
- Attend formal inservice lectures for various specialties.
- Participate, by negotiated selection, in specialist clinical certificate courses conducted either by the NSW College of Nursing or the Teaching Hospitals.
- Undertake tertiary courses relevant to professional requirements, at Colleges of Advanced Education and Universities.

Currently, we have 33 Nursing Staff members undertaking tertiary level courses relevant to their area of nursing specialty.

## RECENT GRADUATES OF TERTIARY & CERTIFICATE COURSES

### TERTIARY COURSES

Bachelor of Arts	Roberta CARTER-BROWN
Diploma in Nursing Administration	Julie WILLMETTE Colin SCOTT Margaret REYNOLDS
Diploma in Nurse Education	Laurel HILLYER Maree RAFTOS Margaret DOUGLAS Marion MACKEY
Associate Diploma in Clinical Nursing Studies (Gerontology)	Susan BRAY, Anne LITTLE
Associate Diploma in Community Nursing	

## CERTIFICATE COURSES

Operating Theatre  
Acute Care  
Accident & Emergency

Intensive Care

Coronary Care  
Renal  
Paediatric  
Mothercraft  
First Line Management  
Applied Human Psychology

Vijay WARK  
Graham BATY  
Michael THOMS, Deborah SCOTT,  
Leonie LUND  
John BRONKHORST,  
Margaret ALLEN, Ian KELLY  
Carol GIBBS  
Vicki JAMES  
Mark CHILDS  
Kerry McGARRY, Catherine CLOSE  
Kerry HARMAN, Jennifer SADLER  
Grant BRADLEY

We congratulate all our nurses who have successfully completed Tertiary or Certificate Courses.

## NURSES IN THE COMMUNITY HEALTH SERVICE

The Nursing Department covers professional responsibility for all nurses who work within our Community Health Teams. These nurses, carefully selected, bring their specialised nursing skills into —

- The Child & Family Health Team
- The Mental Health Team
- The Developmental Disabilities Team
- The Geriatric/Rehabilitation Team

Details of the activities of these nurses are documented in the report of the Medical Superintendent and/or the Community Health Report.

## THE COMMUNITY NURSING SERVICE

This Service, comprised of 55 Registered Nurses and 21 Health Service Aides, provides a comprehensive service throughout the whole of the Central Coast area.

Mrs Lucy Roubanoff, Assistant Director of Nursing, Community Nursing, has responsibility for administering this Service and has provided detailed information of overall developments and activities over the past year. Some highlights of these activities are —

- The marked increase in the population of the Wyong Shire, particularly in Berkeley Vale and Killarney Vale, necessitated a rationalisation of staff in order to provide an additional registered nurse to work from

the Long Jetty Health Centre. This brings the number of registered nurses in this area to seven.

- The Evening Service has been extended to seven-day-per-week cover, with one nurse covering the whole Central Coast at weekends. To date the allocated staff have been able to meet the demands; however, the long distances involved will necessitate consideration being given to one nurse for each local government area, as current case loads increase.
- Weekend Community Nursing supervision has been improved by the rostering of a Supervisor on duty at the Gosford Health Centre office, as all calls for services come through the Gosford Hospital switch-board.

## PROGRAMMES

### Respite Care

The Health Service Aides' term of employment with the Commonwealth Employment Programme was completed on 28th July, 1985. The aim of the programme was to provide relief for carers of terminally and chronically ill patients. Although "Extended Care" facilities are available to the carers, this form of care is not suitable for every patient, and moreover, some patients prefer the peace and quiet of their own home.

The Respite Care programme provided the carers of such patients with an eight hour break. According to the carers, this programme proved to be one of the most successful ways of providing relief for them.

Since the termination of the Commonwealth Employment Programme, 'Respite Care' is being provided out of our own existing resources. The time that can be given to each patient is limited to one four-hour visit once per fortnight.

During last year there were 1820 occasions of service provided to clients, with 167 patients being referred to the Service, viz —

Terminal Care Patients	33
Confused Elderly	37
Frail Elderly	36
CVA	22
Multiple Pathology	39
	<hr/>
	167

Of the 33 terminal patients, 20 died in their own homes and 13 were admitted to hospital for the last few days.

These figures, together with later Northern Metropolitan Regional figures, clearly indicate the great value of this Service in assisting patients whose wish is to die within their own homes. Support is given to the relatives who are willing carers. We regret having to withdraw any segment of this service.

### **Extended Care**

Our Community Nurses are very involved in these programmes, but believe that the successful functioning of the Extended Care Centres can be attributed to the dedication of volunteers attached to each Centre. Their task is not an easy one, especially when they are helping to care for confused elderly clients, but they carry on with unfailing enthusiasm and vigour. The staff and patients alike are very appreciative of the valuable contribution by volunteers.

#### **• Wyong**

A new Centre was opened in the Wyong Health Services Building on 27th September, 1984, to provide respite care for the residents of the northern part of Wyong Shire. It has been functioning successfully with the support of volunteers from Wyong Shire.

Inpatients from Wyong Hospital are attending the Centre on a regular basis to participate in craft and recreational activities.

#### **• Long Jetty**

The opening of Wyong Centre resolved some of the patients' problems in relation to travelling time. Some areas, such as McMasters Beach and Killcare, still mean a journey of about 1½ hours duration, but the opening of Kincumber Health Centre will hopefully solve that in the future. The Centre is being utilised by the inpatients of The Entrance-Long Jetty Hospital for recreational activities.

### **Confused Elderly Persons**

A programme for the confused elderly was established at Wyong Extended Care Centre, providing multi-disciplinary assessment service, diversional therapy and custodial care, to assist carers in the management of the confused elderly. A "Carers Group" was formed in May 1985 to provide support for the carers.

There are 16 confused elderly patients in the programmes at Roma. At this stage it would be difficult, because of the travelling distances involved, to include them in the Wyong programme on one day.

### **INSERVICE EDUCATION**

The special lectures and educational programmes which are organised for Community Staff are directly relevant to their very comprehensive primary care health role. All of the lectures and programmes are well attended.

It is interesting to note that the range includes clinical aspects, legal aspects and even two sessions on "Defensive Driving"!

### **OUR ROLE IN CHANGES IN BASIC NURSING EDUCATION**

Last year I included in my annual report, details of Government initiatives taken to transfer all basic nursing educational programmes to Colleges of Advanced Education from January 1985 and to cease recruitment of students into hospital-based programmes. We therefore will graduate our last General Students in September 1987.

We will, however, continue to conduct the post-basic Midwifery nursing programme until, and if, decisions are made to develop this specialty as a post-graduate tertiary nursing programme.

The Board of Directors has exchanged contracts for clinical experience for students, with two Colleges to date, viz —

- The Kuring-gai College of Advanced Education
- The NSW Institute of Technology

There has been little involvement of students to date in hospital placements, although students from Kuring-gai College of Advanced Education have attended the hospital for orientation.

Both Colleges have, however, already utilised our Community Services, for observation by students on a well-structured basis. Students from other basic nursing programmes, as well as 21 students from the Department of Community Medicine, have gained valuable field experience by working with our Community Staff.

Mrs L. Roubanoff has reported that, during the year, a total of 193 students were received in this manner. The patients graciously accepted the intervention and many actually stated that they enjoyed the young people visiting.

### **INDUSTRIAL DISPUTE — 38-HOUR WEEK FOR NURSES**

Following the decision to award a 38-hour week (19 day month) to all Health and Research Employees' Association members earlier this year, the NSW Nurses' Association accelerated industrial action to obtain the

same conditions for nurses in New South Wales. The reason for delay in this decision has been the refusal by the Nurses' Union officials to accept the "offsets" package, which was proposed by government to meet the increased wages costs.

Negotiations are still progressing, with the case being heard before Justice Fisher of the Industrial Arbitration Commission.

### **TRIBUTE — MRS NONA WALKER**

Mrs Nona Walker, known to most of her ex-nursing colleagues as Matron Nona Knight, our Foundation Matron, passed away in Gosford Hospital on 21st May this year.

Matron Knight was employed in January 1945 to assist in the commissioning and staffing of Gosford District Hospital, prior to its official opening on 26th May, 1945 by the Hon. C. A. Kelly, MLA. She held her position for 17 years, prior to her early retirement to marry Mr David Walker, a well known local citizen.

Matron Knight commenced the School of Nursing in 1947 and set the basis for the standards in nurse education which have been developed into the reputable department we have today.

She was held in high esteem by her family, friends, nursing associates and the community in general, and is sadly missed.

### **APPRECIATION**

We would like to express our appreciation to those who have supported the Nursing Department, and nurses in general, over the past year. We wish to especially thank our Board Chairman, Mr Neville Wallwork and his Directors, Mr Neville Boyce, Chief Executive officer and Dr Rod Kennedy, Medical Superintendent and all senior members of staff for their consideration and co-operation, particularly as some decisions have had to be made at relatively short notice.

I would reiterate our appreciation to all our volunteers and, in particular, Mrs Mary Bonnard and her willing band of Pink Ladies, whose caring attitudes are extended to patient and staff alike.

On behalf of the Nursing Department, I would like to pay special tribute to the long and happy association that we have had with Mrs Muriel Westerweller, who retired this year after 27 years as a Board Member and a past Vice-Chairman of the Board.

I am sure the Chairman and Mr Boyce will expand on Mrs Westerweller's

contribution to our Health Service over these many years, but we wish to place on record our sincere appreciation for the sensitive devotion and personal relationships that Mrs Westerweller has nurtured during her association with the nursing staff.

We would like to join in wishing her a long and happy retirement from her responsibilities as a Board Member, which we know she accepted as a commitment to the community.

Over the past months there has been a concentrated effort to generate a positive climate in our Nursing Department. We believe that, despite the many and wide-ranging issues which concern nurses today, they are, by professional standards, adaptable and flexible and able to cope with change, and we will continue to rely on the loyalty and support we have come to expect from the majority of our staff members.

I therefore wish to thank all my staff, in particular Miss Bobbie Carter-Brown who, in her relatively new role as Deputy Director of Nursing, has already demonstrated management skills and energy which have been a great asset in our Nursing Administration team.

As Head of School also — a dual appointment, which gives her the responsibility of steering our basic nursing educational programme to its effective conclusion — Miss Carter-Brown continues to influence standards of patient care and clinical nursing expertise, for which she has become well known.

I commend also the outstanding efforts of Miss Barbara Duncan who, in her first year as Assistant Director of Nursing, Nursing Personnel Officer has, in her gracious and efficient manner, coped with an unusually difficult period in staff management. We have been well supported by the Senior Nursing Personnel in the Roster Office, together with our Senior Nursing Management Staff in all Clinical Areas and Subsidiary Hospitals and in the Community.

On a personal note, and on behalf of the Nursing Staff, I extend appreciation also to the Clerical support staff in Nursing Administration, the Nurse Education Centre and the Wards. The team effort is very evident and is invaluable.

No crystal ball is available to predict what the next year will bring forth, but if we pursue the solutions to all issues of concern in our management of staff and resources, with the high level of mutual understanding and negotiation we have experienced this year, then we will survive!

MARIE L. LOWNDES  
Director of Nursing



## *Administrative and Service Departments*

Despite the difficulties encountered by the health system in 1984/85, the year proved to be one of significant change and development in the Administrative and Service Departments.

From an administrative point of view, the introduction and rapid growth of our computer facilities have presented many new and exciting challenges to a wide range of staff and it has been most gratifying to have observed the positive way in which those challenges have been met and overcome. This is not to suggest there have not been some teething problems, but the spirit of co-operation that has been displayed to date will ensure our ongoing success.

Insofar as the Service Departments are concerned, they have continued to maintain the high standards expected of them and have further enhanced their reputation for efficiency and quality of service.

### **COMPUTER SERVICES**

Over the past twelve months it can be said that we have well and truly entered the computer era and we have now successfully installed our VAX 11/750 Computer System, together with 47 visual display units and 14 side printers.

To date more than 300 staff have been trained in the various software programmes introduced and these include the Admissions/Transfers/Separations system, the Patient Master Index and the Disease Index systems, a wide range of Financial programmes and a Stores and Purchasing system.

A second VAX 11/750 will shortly be installed. This will allow for the introduction of many clinical programmes, including a number relative to the Pathology, Dietary and Respiratory Medicine Departments. This second computer will also allow for the processing of our payroll system and the resultant computer bureau savings will be quite significant.

Probably the greatest value of the second computer is the guaranteed back-up it provides, in the event of any breakdown of the computer system.

### **MANAGEMENT ANALYSIS UNIT**

As indicated in previous years, this Unit plays a particularly important role in ensuring that the hospital develops and maintains a high efficiency profile. This is achieved in a number of ways, including the conducting of reviews, the negotiation of service and maintenance contracts, the monitoring of the Word Processing and MIRS units, co-ordination of the Energy Conservation Programme and many other miscellaneous projects.

Some of the departments subjected to reviews during the year included Domestic Services (with emphasis on Wardsmen, Portering and Courier Services), Catering Services, the Personnel and Pay Offices, the Gosford Kiosk and Wyong Hospital's Clerical Services.

In the area of Energy Conservation, our Hospitals and Area Health Service have all contributed to the achievement of substantial energy savings which, in turn, have led to resultant budgetary savings.



### **Purchasing and Stores Department**

The Purchasing and Stores Department has entered the computer era and, apart from a general streamlining of their systems, the Department is able to produce a number of management reports that are of immense value in terms of cost containment and rationalisation of stores issues. It is worth noting that there are some 170 individual departments throughout our hospitals and health services which are supplied by this Department.

### **Library**

The increasing demands on the library have led to planning of a new computer booking system which should come on-line in 1986. The Library, of course, not only serves the informational requirements of our staff, but its collection is also designed for the health education of the community. The Audiovisual Collection comprises 16mm colour films, videos, slide/tape presentations, audiotapes and slides and the demands on these resources total over 6,000 per annum.

### **Security**

A change in rostering for the Security Department has proved to be beneficial in terms of the more effective coverage it can now provide to our hospitals and health services. Thus, despite the increasing incidence of anti-social behaviour, the number of car thefts, break-ins and the like have been contained to a reasonable level.

### **Maintenance**

Once again the Maintenance Department had an extremely busy year in terms both of the building projects undertaken by the department and, in the case of Community Employment Programme building projects, their participation and/or supervision.

The projects in which the Maintenance Department was directly involved included the construction within the grounds of Long Jetty Hospital of a Day Activities Centre for the Developmentally Disabled, the construction of a new Gosford Blood Bank within the basement area of the Administration Building, refurbishing of the former A Ward and E Ward at Gosford, and the refurbishing of the former Wyoming Hospital. In addition, work is well advanced on the construction of a new Pharmacy and Medical Records Department in the Stage 1 complex, immediately below S2 ward.

## **ADMINISTRATIVE SERVICES**

As indicated above, nearly all of the Administrative Services have felt the effect of the introduction of computerisation.

In most instances it has been necessary to maintain the previous manual or mechanized system, whilst phasing in the replacement computer system. This, of course, added an extra burden for the staff of these departments and the smooth transition experienced to date is a credit to their enthusiasm and dedication.

The Administrative Services embrace a wide range of departments and support services and, whilst many are largely unknown to most of the Hospital and Health Service, their contribution is particularly vital. These departments or sections include Finance, Personnel, Pay, Revenue, Admissions, Creditors, Internal Audit as well as others.

## **SERVICE DEPARTMENTS**

The Service Departments include maintenance, catering, domestic, linen, information, purchasing, stores, library, communication and security services and in many instances they have experienced changes and additional responsibilities.

### **Catering**

The Catering Department is well advanced in the changeover of The Entrance/Long Jetty Hospital Kitchen to a Regethermic food service, which will bring it into line with Gosford Stage 1 and the Birralelee Unit (formerly Wyoming Hospital).

Alterations are also being made to the Woy Woy Hospital kitchen, in order that it might cope with meal preparation for the 43 bed Hostel to be opened in the latter part of 1985.

### **Domestic Services**

The Domestic Services Department which, amongst other duties, is responsible for the internal transport system, acquired two ambulances during the year. The first priority of this ambulance service is the transfer of mothers and babies to the Birralelee Post-Natal Unit at Wyoming, although the vehicle is also used extensively for the transport of patients to local medical centres for CAT scans and the like. These ambulances are now averaging approximately thirty trips per day.



*Cancer Awareness is an important part of the health promotion programme for the Central Coast, with its many beaches.*



The Domestic Services also acquired a drive-on outdoor sweeper, which has had a great impact on the overall cleanliness and tidiness of the outdoor grounds, internal roadways and car parks.

Community Employment Programme projects in which the Maintenance Department was involved by way of assistance, or supervision, included the extension to the Wyong Hospital Rehabilitation Centre, the extension to the former Wyoming Hospital, the construction of the 43 bed Hostel within the grounds of Woy Woy Hospital and the construction of the Hydrotherapy Pool adjacent to the Woy Woy Hospital Rehabilitation Ward.

Work has also commenced on the construction of the Kincumber Health Centre.

### **Other Activities**

Other activities of interest which occurred during the year included the installation of a new electronic PABX switchboard system, to serve the needs of the Gosford campus and the Birralee Post-Natal Unit at Wyoming.

A new patient information guide for Gosford Hospital is also in the process of preparation. This will be available at every bedside and in all waiting areas.

### **HEALTH PROMOTION**

Once again the Health Promotional activities of our Unit have continued to flourish and all have recorded increasing attendances.

The easy and mid-pace exercise classes have now grown to 17 classes per week, with over 1,000 participants. The recently introduced "Walking for Pleasure" has become well established throughout the Coast, with ten groups embarking each week on the many and varied walks, with attendances ranging from 15 to 70 in number.

The combined weight control and fitness classes have also grown tremendously in popularity with long waiting lists the order of the day.

Our Health and Fitness Consultant has also been in strong demand in designing and introducing specific exercise programmes in our Mental Health Activity Centres, various schools throughout the Coast and a number of private industry groups.

Although not within the period of the financial year, perhaps the highlight of the calendar year will be the launching of the School Health Bus by the Minister for Health on 21st October, 1985. This project has drawn upon the enterprise and enthusiasm of most of the Health Promotion team and will undoubtedly prove to be our principal health promotional resource.

The bus was donated by Mr Graham Leishman of the Davis Bus Company and, through a Health Department grant, has been converted into a mobile classroom and library resource. The outside paintwork of the bus is nothing less than spectacular and the prime purpose of the bus will be to promote a healthy lifestyle and health education to the school students of the Central Coast.

### **APPRECIATION**

One noted health commentator recently indicated that the health industry had entered into a new era, where tough budgets would now be the order of the day. This being the case, I am pleased to have working with me departmental managers and administrative staff of the calibre that will ensure each hurdle confronting our services will be overcome with the minimum of fuss and disruption.

I would therefore thank all those members of staff and indeed, staff within all Departments for which I am responsible. The support and co-operation which I have received throughout the year are sincerely appreciated.

GRAHAM McGUINNESS  
Deputy Chief Executive Officer  
and Health Promotion Co-ordinator

## *Community Health Services*

The past year has seen an enormous increase in the provision of services to the community. Unfortunately funding again was scarce, and it is to the credit of all staff concerned that provision of services was not affected.

It is pleasing to note that projects commenced at the beginning of the year, such as Wyong Health Centre, Woy Woy Hydrotherapy Pool and the Hostel, have been completed, or are nearing completion. The notification was also gratifying that funding has been approved for the construction of a Health Centre at Kincumber.

There are a number of health service programmes which could not operate without the contributions made by volunteers. These include Child-Minding, co-ordination and operation of Frail-Age Day Care Centres, Transport Services, Reception, assistance at Extended Care Centres and provision of Meals-on-Wheels.

### **REHABILITATION AND AGED CARE SERVICES**

During the year construction commenced on the Hostel for aged and disadvantaged persons situated in the grounds of Woy Woy Hospital. As well, the Hydrotherapy Pool will add a major facility for the treatment of disabled persons. Both projects will be opened in the near future.

The Cardiac and Chronic Respiratory Programmes continue to meet the needs of the community and it is anticipated that new programmes for angina, arthritis, asthma and muscular overuse disorder will prove to be as successful.

A programme to assist Alzheimer's Disease patients and their relatives has commenced in the Wyong Shire.

Palliative Care to assist patients, relatives and doctors in the management of terminal illness is in the process of being established, so that home support and hospice care will be available to people who are dying.

The Programme of Aids for Disabled People continues to provide, with promptness and understanding, aids, equipment, oxygen and medication to those who qualify under the guidelines.

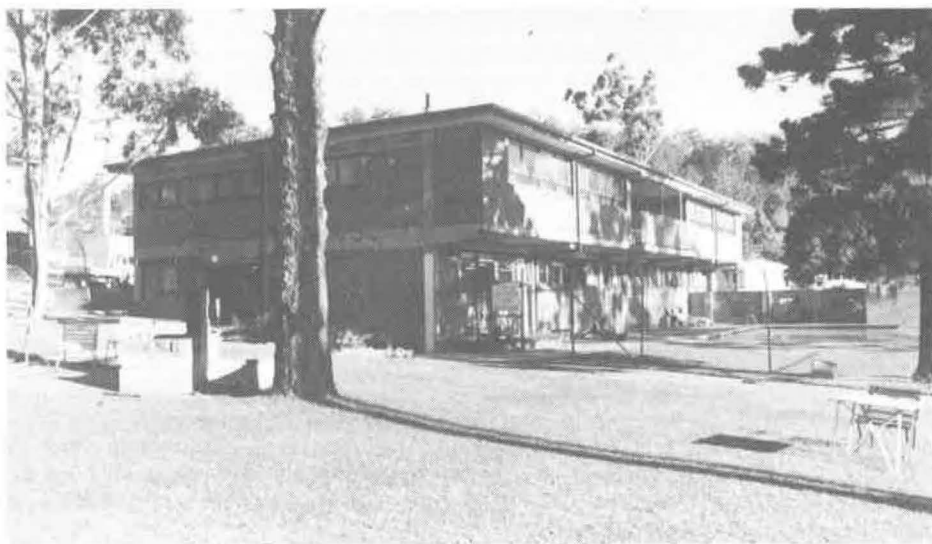
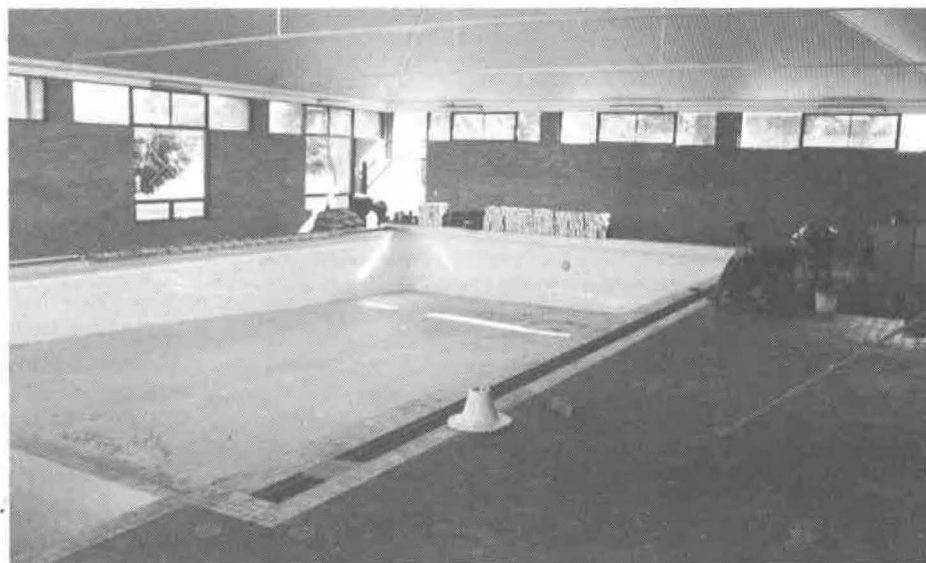
### **DENTAL HEALTH SERVICES**

The Pensioner Dental Scheme is running efficiently but, because of the restriction on funds, there is a ten months waiting list.

Regrettably, the position of Specialist Orthodontist is still vacant and the number of children awaiting service is increasing. The employment of a private Orthodontist on a sessional basis has alleviated the more serious cases.

Due to insufficient funds, the extensions and renovation to the Dental Clinic have not yet commenced, but it is hoped that this work can start shortly.

*The hydrotherapy pool was constructed at Woy Woy Hospital, under the Community Employment Programme, at a cost of \$259,000.*



*The Rehabilitation Workshop at Gosford Hospital was named in honour of Mr Harry Mattocks, one of our early Board Members and life-long supporter of the hospital.*

## **DEVELOPMENTAL DISABILITIES**

The number of staff employed in the Developmental Disabilities Team is still less than the establishment recommended in the Richmond Report. Regardless of this staff shortage, the team now provides services by way of a Community Support Team, Day Activities Centre at Long Jetty, Child Developmental Assessment Service and an O.F. School Therapy Service.

The Long Jetty Activities Centre will be opened in the near future, and a Christmas vacation programme to be held there has been funded. This programme will cater both for local and tourist clients.

## **HEALTH EDUCATION AND PROMOTION**

All areas of Health Education and Promotion have been extended throughout the year, with expansion of programmes, development of new programmes and an increase in staff and lifestyle leaders.

A major plus for the team was the donation of a bus and its conversion into a mobile resource centre and theatre. This acquisition will benefit the School Health Education Consultants as well as other Health Promotions staff. It will enable staff to take the bus to outlying schools and sectors.

There has been a significant development in the health education field with acceptance by industries and businesses on the Central Coast of the fact that there is a need for health education programmes to be initiated within their premises. A significant number of businesses and industries are already using our programmes.

## **CHILD AND FAMILY HEALTH**

Increasing growth in the number of young families in the Wyong Shire has been met by an expansion of facilities, especially within the Baby Health Programme. New centres have commenced at Kanwal and Gwandalan.

An emphasis on preventative programmes continued. Our ever-popular "Preparation for Parenthood" groups helped over 1,000 couples this year. Immunisation schemes were improved and were held in liaison with

both Gosford and Wyong Councils. Unfortunately, the matter of child protection demands more and more time as this sensitive issue gains increasing publicity and, hopefully, community understanding and help.

## **DRUG DEPENDENCY SERVICE**

Assessment, counselling, information and referral services continue to be provided by Counsellors based in Gosford and Toukley Health Centres.

Education programmes are provided for parents, community groups, voluntary workers and college students, and the Counsellors are also consultants to other agencies.

A submission to establish a Drug Detoxification Unit has been made to the Department of Health.

## **COMMUNITY NURSING**

The evening service for terminally-ill patients has been extended to provide weekend coverage.

The Community Nursing Service is now available to the public seven days a week from 8.00 a.m. to 9.30 p.m.

An Extended Care Centre was opened at Wyong Hospital, to provide respite care for the residents of the northern part of Wyong Shire. A programme for confused elderly people was commenced in the Extended Care Centre in January, 1985.

The Respite Care Programme, funded through the Community Employment Programme, was to have been terminated, but the programme has been continued at a reduced level using Hospital funds. It provides great benefits to those who care for terminally and chronically ill persons, in their own homes.

## **ENVIRONMENTAL HEALTH**

The services provided by Environmental Health, such as future planning for waste disposal, water quality control, food inspection and environmental health surveys, have continued to be productive. The productivity has been maintained in spite of a drop in staff numbers through the retirement of Mr Bob de Boer, whose expertise in past years has been invaluable.

## **ADOLESCENT SERVICES**

Unfortunately, the influx of additional funding that was expected in association with International Youth Year did not eventuate and, therefore, a greater burden was placed on our over-stretched staff. Notwithstanding this problem, the services provided on the Central Coast increased and it is hoped that additional funds can be provided to these services and the proposed services.

The Preparation for Adult Living (PAL) day programme moved from 63 Holden Street to 4 Short Street. This programme has a number of diverse activities, such as horseriding, budgeting, cooking, grooming awareness, work placements and keep-fit classes.

Rumbalara Lodge opened during the year. This is a medium-term hostel which provides independence training for homeless, late adolescents and is operated with our support through Gosford City Community and Information Service.

## **APPRECIATION**

I would like to express my thanks to team leaders and staff of all sections of the Community Health Service. Their contribution has enabled us to look back on a year which was productive in many respects.

**BARRY KINNAIRD**  
Executive Officer, Health Services



# *Honorary Treasurer's Report*

It is with pleasure that I present the Treasurer's Report on the financial activities and statistical information of the Central Coast Hospitals and Area Health Service for the Financial Year 1984/85.

The service which includes the Gosford District Hospital, its subsidiaries (Woy Woy Hospital, The Entrance/Long Jetty Hospital, Wyoming Hospital, Wyong Hospital) and the Central Coast Community Health Services, has financially and statistically continued to grow.

While inpatient services were affected by the doctors dispute and some 3292 fewer patients were treated, outpatients services and services to the community grew from 535,527 in 1983/84 to 580,391 in 1984/85, an increase of 8.37%.

Total Gross operating payments of \$47,048,162 showed an increase of \$2,800,769 or 6.3% from the previous year. Factors influencing Gross Operating Payments were Salaries and Wages which increased from \$33,340,119 in 1983/84 to \$34,959,013 in 1984/85, Superannuation which increased from \$875,992 in 1983/84 to \$1,187,080 in 1984/85, Visiting Medical Officers which increased from \$710,276 in 1983/84 to \$848,429 in 1984/85, Goods and Services which increased from \$8,731,519 in 1983/84 to \$9,235,973 in 1984/85 and Repairs Maintenance and Renewals which increased from \$589,487 in 1983/84 to \$817,667 in 1984/85.

Special Purpose and Trust Funds showed an increase in Capital Expenditure for Buildings \$2,345,928, Equipment \$825,086 and Motor Vehicles \$45,138.

The Department of Health provided finance by way of special grants to enable the following projects to be completed —

## **LMI**

1. Relocation of Hospital Pharmacy and Medical Records .....	\$129,470
2. Upgrade Electrical Reticulation System Woy Woy Hospital .....	\$ 50,000
3. Refurbish Maternity Unit Gosford Hospital .....	\$150,000
4. Relocate Blood Bank Gosford Hospital .....	\$ 60,000
5. Equipment for Postnatal Area Wyoming Hospital .....	\$ 90,000
6. Equipment for Aged/Disabled Hostel Woy Woy .....	\$150,000
7. Equipment for ICU, CCU and A&E Gosford Hospital .....	\$100,000

## **MAKING HEALTH MORE CARING**

1. A&E Wyong Hospital .....	\$25,630
-----------------------------	----------

## **PLANNING OF STAGE II — GOSFORD AND WYONG**

1. Wages — For Research and Development .....	\$81,024.63
2. Consultants .....	\$27,000

The Department of Health in conjunction with the Office of Special Employment provided funds for Community Employment Programmes.

In addition to those programmes mentioned last financial year, two new programmes were approved —

1. Employment Experience for School Leavers ..... \$80,721
2. Multi Purpose Health Centre — Kincumber ..... \$671,673

The following statistical data is provided for your information —

1. Bed Capacity ..... 545 Beds
2. Inpatients treated ..... 21,062
3. Babies Born ..... 2,472
4. Outpatients — Occasions of Service ..... 580,391
5. ADA ..... 680.1
6. Average Stay of Inpatients ..... 6.7 days
7. Bed Occupancy Rate ..... 70.8%

The continued support shown for the service by the people of the Central Coast, by way of donations, is most encouraging to the Board and Staff. A full list of donations received during the year is published at the end of this report.

The Financial and Statistical Reports for all sections of the Central Coast Hospitals and Area Health Service follow and I ask that you accept these as a true and fair record of transactions for the year ended 30th June, 1985.

M. J. BROWN  
Treasurer



*Gosford District Hospital  
Linen Services  
Department processed  
over a million kilos of  
laundry during the year.*

# CENTRAL COAST HOSPITALS & AREA HEALTH SERVICE

## MAINTENANCE FUND

### SUMMARY OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 30th JUNE 1985

PAYMENTS	1984		1985
	\$	\$	\$
<b>Salaries and Wages</b> .....	33,340,119		34,959,013
Non-Medical .....		31,837,457	
Medical .....		3,121,556	
<b>Superannuation</b> .....	875,992		1,187,080
<b>Payment to Visiting</b>			
<b>Medical Officers</b> .....	710,276		848,429
Sessional .....		445,540	
Contract .....		—	
Fee for Service .....		402,889	
<b>Goods and Services</b> .....	8,731,519		9,235,973
Food .....		917,694	
Drug Supplies .....		941,527	
Medical and Surgical .....		1,039,027	
Special Service Depts. ....		1,310,212	
Fuel Light and Power .....		709,749	
Domestic Charges .....		576,942	
Administration Expenses .....		3,740,822	
<b>Maintenance —</b>			
<b>Renovations,</b>			
<b>Replacements &amp; Repairs .</b>	589,487		817,667
Renovations .....		105,944	
Replacements .....		271,422	
Repairs & Maintenance .....		440,301	
<b>Total Operating</b>			
<b>Payments</b> .....	<u>\$44,247,393</u>		<u>\$47,048,162</u>

RECEIPTS	1984		1985
	\$	\$	\$
<b>Patient Fees</b> .....	7,872,713		4,751,803
Private Doctor Single &			
Shared .....		3,442,231	
Standard .....		8,017	
Compensable .....		153,629	
Ineligible .....		17,115	
Nursing Home Type .....		41,729	
Veterans' Affairs .....		953,188	
Non-Inpatients .....		135,894	
<b>Services Provided to</b>			
<b>Other Organisations &amp;</b>			
<b>Hospitals</b> .....	671,645		567,584
Other Hospitals .....		88,154	
Pathology Service .....		354,264	
Radiology Service .....		114,486	
Other .....		10,680	
<b>Recoveries</b> .....	699,184		711,920
Meals and Accommodation ..		303,987	
Superannuation			
Repayments .....		407,933	
<b>Specific Grants</b>			
<b>(Commonwealth)</b> .....	211,564		248,509
Home Nursing Subsidy .....		—	
Tertiary Education .....		—	
<b>Other Receipts</b> .....	184,087		175,728
Trans. from Local Funds .....		—	
Other Hospital Revenue .....		—	
<b>Total Receipts other than</b>	9,639,193		6,455,544
<b>Regular Commonwealth/</b>			
<b>State Subsidy</b>			
Regular Subsidy .....	34,096,839		40,695,181
Special Subsidy			
(Long Service Leave) .....	216,811		232,683
<b>Total Operating Receipts</b> ...	43,952,843		47,383,408
Excess Payments/Receipts ..	294,550		(335,246)
<b>Total Operating</b>			
<b>Receipts</b> .....	<u>\$44,247,393</u>		<u>\$47,048,162</u>

## ADDENDUM: To Statement of Receipts & Payments of the General Fund

In accordance with the requirements of the NSW Department of Health — as stated in the Accounts and Audit Determination — the accounting records of the hospital are maintained on a Cash Receipts and Cash Payments system and no depreciation is provided in respect of fixed assets.

	\$
1. Debtors — Patients Fees .....	1,175,222
Estimated Bad Debt Component .....	70,500
2. Value of Stock on Hand .....	374,247
3. Bank as at 30-6-85 .....	72,323
4. Subsidy Advances from Dept. ....	Nil
5. Sundry Creditors (July Creditors) .....	1,032,736
6. Loans and Other Long Term Liabilities .....	Nil

### PROPERTIES OWNED/LEASED BY CENTRAL COAST HOSPITALS & AREA HEALTH SERVICE

#### Gosford Area:

Site bounded Holden Street, Ward Street, Cape Street North & Racecourse Road, Gosford. Used for Hospital and Health Service delivery and staff accommodation.

61/67 Holden Street — Staff accommodation.

79 (part) Holden Street — Leased for staff accommodation.

87 Holden Street — Staff accommodation.

93 Holden Street — Staff accommodation.

70 Faunce Street — Leased for staff accommodation.

Site corner Pacific Highway and Kinarra Avenue, Wyoming — used for Hospital and Health Service delivery.

"Roma", Albany Street — Leased for Day Care Centre and staff accommodation.

#### Wyong Area:

Site: Pacific Highway, Kanwal — used for Hospital and Health Service delivery.

Jennings Street, Wyong — Mental Health Day Activity Centre.

#### The Entrance-Long Jetty Area:

Site: Wyong Road, Killarney Vale — used for Hospital and Health Service delivery.

Site on Corner Yakkalla Street and The Entrance Road, Bateau Bay — Health Centre.

#### Woy Woy Area:

Site: Corner Ocean Beach Road and Kathleen Street, Woy Woy — used for Hospital and Health Service delivery.

#### Toukley Area:

Site: Hargraves Street, Toukley — Leased for Health Centre.

Premises: Lakeview Street, Toukley — Leased for Family Support.

#### Terrigal Area:

Premises: Church Street, Terrigal — Leased for Health Centre.

#### Mangrove Mountain Area:

RMB 1640 Mangrove Mountain — Health Centre.

# CENTRAL COAST HOSPITALS & AREA HEALTH SERVICE

## MAINTENANCE FUND BALANCE SHEET AS AT 30th JUNE 1985

### LIABILITIES

Accumulated Funds	\$	\$
Balance as at 1-7-84 .....	26,198,467	
+ Accrued Salary & Wages 30-6-85 .....	876,304	27,074,771
+ Capital Expend 30-6-85		
1. Motor Vehicles .....	45,138	
2. Buildings .....	2,345,928	
3. Equipment .....	825,086	3,216,152
- Accrued Salary & Wages 30-6-84 .....	909,695	
+ 1985 YTD Surplus .....	(335,246)	(574,449)

\$29,716,474

### ASSETS

#### FIXED ASSETS

##### Land & Building At Cost

	\$	\$
— Gosford Hosp. ....	17,292,036	
Capital Additions 84/85 .....	611,207	17,903,243
— Woy Woy Hosp. ....	1,092,362	
Capital Additions 84/85 .....	1,309,054	2,401,416
— Wyong Hosp. ....	3,177,397	
Capital Additions 84/85 .....	249,258	3,426,655
— Long Jetty Hosp. ....	181,381	
Capital Additions 84/85 .....	124,822	306,203
— Wyoming Hosp. ....	65,369	
Capital Additions 84/85 .....	51,587	116,956

##### Plant, Furniture & Equipment At Cost

— Gosford Hosp. ....	3,587,988	
Capital Additions 84/85 .....	435,092	4,023,080
— Woy Woy Hosp. ....	247,450	
Capital Additions 84/85 .....	103,434	350,884
— Wyong Hosp. ....	311,822	
Capital Additions 84/85 .....	237,075	548,897
— Long Jetty Hosp. ....	99,005	
Capital Additions 84/85 .....	5,710	104,715
— Wyoming Hosp. ....	13,639	
Capital Additions 84/85 .....	43,774	57,413

##### Motor Vehicles at Cost

— Gosford Hosp. ....	349,859	
Capital Additions 84/85 .....	45,138	394,997
— Woy Woy Hosp. ....	4,291	
Capital Additions 84/85 .....	—	4,291
— Long Jetty Hosp. ....	3,042	
Capital Additions 84/85 .....	—	3,042

**Total Fixed Assets At Cost** ..... 29,641,792

#### CURRENT ASSETS

Cash Floats —		
Gosford Hosp. ....	500	
Woy Woy Hosp. ....	489	
Wyong Hosp. ....	500	
Long Jetty Hosp. ....	270	
Wyoming Hosp. ....	140	1,899
Cash Advances — .....		460
Bank 30-6-85 .....		72,323

\$29,716,474

## SPECIAL PURPOSE & TRUST FUNDS — BALANCE SHEET AS AT 30th JUNE 1985

### GOSFORD DISTRICT HOSPITAL

LIABILITIES	\$
Public Contributions Trust Funds .....	173
Patients Amenities Account .....	1,797
Sundry Trust Funds .....	710,290
CEP Funds .....	2,808
Grant — Long Jetty Day Care .....	790
	<u>\$715,858</u>

ASSETS	\$	\$
Commonwealth Bank IBD .....	325,000	
St. George Building Society .....	<u>100,000</u>	425,000
JF Parr Trust Fund IBD .....		1,000
Projects Funded by LI Spec. Grants .....		4,253
Special Grant —		
Making Health More Caring .....		251
Bank .....		<u>285,354</u>
		<u>\$715,858</u>

### WOY WOY HOSPITAL

LIABILITIES	
Public Contributions Trust Funds .....	49,521
Sundry Trust Funds .....	<u>11,132</u>
	<u>\$60,653</u>

ASSETS	
Bank .....	10,168
Commonwealth Bank IBD .....	<u>50,485</u>
	<u>\$60,653</u>

### THE ENTRANCE/LONG JETTY HOSPITAL

LIABILITIES	
Sundry Trust Funds .....	72,093
	<u>\$72,093</u>

ASSETS	
Bank .....	22,093
Commonwealth Bank IBD .....	<u>50,000</u>
	<u>\$72,093</u>

### WYOMING HOSPITAL

LIABILITIES	
Public Contribution Trust Funds .....	8,535
	<u>\$8,535</u>

ASSETS	
Bank .....	1,535
Commonwealth Bank IBD .....	<u>7,000</u>
	<u>\$8,535</u>

### WYONG HOSPITAL

LIABILITIES	
Sundry Trust Funds .....	47,214
	<u>\$47,214</u>

ASSETS	
Bank .....	12,214
Commonwealth Bank IBD .....	<u>35,000</u>
	<u>\$47,214</u>



# **SOURCE AND APPLICATION OF FUNDS STATEMENT FOR YEAR ENDED 30th June 1985**

## **SOURCE OF FUNDS**

	\$
Patients Fees .....	4,751,803
Government Subsidy .....	40,927,864
Specific Grant Commonwealth/State .....	2,465,443
Local Receipts .....	1,452,924
Receipts from Investments .....	95,379
Private Practice Trust Funds .....	1,692
IBD Repayments .....	1,194,400

**TOTAL** ..... \$50,889,505

## **APPLICATION OF FUNDS**

	\$
Net Operating Payments .....	45,768,658
Purchase of Plant & Equipment .....	855,176
Cost of Buildings .....	2,657,825
Purchase of Motor Vehicles .....	45,138
Private Practice Trust Funds .....	1,695
Other Expenditure .....	346,672
IBD Payments .....	985,000

50,660,164  
Add Surplus ..... 229,341

**TOTAL** ..... \$50,889,505

I have examined and audited the books, vouchers and other records of the Central Coast Hospitals and Area Health Service, incorporating Gosford District Hospital, The Entrance/Long Jetty Hospital, Wyoming Hospital and Wyong Hospital for the period to the 30th June 1985 and have obtained all the information and explanations required by me. In my opinion, the attached Balance Sheets and Statements of Receipts and Payments, are properly drawn up so as to exhibit a true and fair view of the state of the Hospital's affairs as at the 30th June 1985 according to the best of my information and the explanations given to me, and as shown by the books of the Hospitals. Other records and registers examined by me, have been properly kept in accordance with the Public Hospital Acts and Regulations.

B. W. O'Donoghue  
Chartered Accountant  
Registered under the Public  
Accountants' Registration  
Act 1945 (as amended)

**The Hon R. J. Mulock, LL.B., M.P., Deputy Premier and Minister for Health, visited the Central Coast to officially open the Hospital's new Helipad, launch the School Health Bus and inspect The Entrance-Long Jetty Hospital and its facilities.**

**Right:** Mr Mulock presented a Certificate of Appreciation to Mrs Muriel Westerweller, B.E.M., on her retirement from the board of Directors, after having served continuously from 1958 to 1985.

**Left to right:** Mr Mulock, Mrs Westerweller, Mr N. R. Wallwork (Chairman of the Board) and Miss M. L. Lowndes, Director of Nursing.



**Left:** Inspection of the new School Health Bus by the Minister for Health and official guests. The School Health Bus is a mobile classroom and resource library to be used by our school health educationalists. Mr Graham Leishman of Davis Coaches donated the bus, which has been outfitted through a Department of Health grant.

**Pictured** are (left to right) Mr Graham McGuinness (Deputy Chief Executive Officer), Mr and Mrs Mulock, Mr Wallwork, Miss Anne Warn and Miss Sally Matthews (Educationalists), Alderman Robert Bell (Mayor of Gosford City) and Mr Brian McGowan, M.P., Member for Gosford. Partially obscured is Mr Tony Doyle, M.P., Member for Peats.

# CENTRAL COAST COMMUNITY HEALTH SERVICES

## MAINTENANCE FUND

### STATEMENT OF RECEIPTS AND PAYMENTS FOR 12 MONTHS ENDED 30th JUNE 1985

<b>RECEIPTS</b>	\$
Subsidy .....	<u>692,850.62</u>
<b>Total Receipts</b> .....	<u>692,850.62</u>
 <b>PAYMENTS</b>	
Salaries and Wages .....	138,430.85
Maintenance and Repairs .....	9,743.99
Plant and Equipment .....	147,036.07
Motor Vehicle Expenses and Renewals .....	129,386.57
Fuel, Light and Power .....	18,009.92
Medical, Surgical and Occupational Supplies .....	18,204.31
Rents and Rates .....	32,898.82
Administration and Miscellaneous Expenses .....	<u>199,140.09</u>
<b>Total Payments</b> .....	<u>692,850.62</u>

### BALANCE SHEET AS AT 30th JUNE, 1985

<b>CURRENT ASSETS</b>	\$
Cash at Bank .....	33,590
Cash on Hand .....	<u>410</u>
<b>Total Assets</b> .....	<u>34,000</u>
 <b>Represented by Accumulation Funds</b> .....	<u>34,000</u>

#### \* NOTE

The following payments were made by the Health Department of NSW, Northern Metropolitan Regional Office, on behalf of the Central Coast Community Health Services:

Salaries and Wages .....	1,377,737	
Memorandums .....	<u>8,340</u>	1,369,397
Motor Vehicle Expenses .....		30,391
Plant and Equipment .....		<u>8,937</u>
		<u>1,408,725</u>

## AUDITORS REPORT

I have examined and audited the books, vouchers and other records maintained at Gosford of The Central Coast Community Health Services (except for the following Notation\* ) and the Community Health statistics for the year ended 30th June 1985 and have obtained all the information and explanations required by me. In my opinion, the attached Balance Sheet and Statement of Receipts and Payments are properly drawn up so as to exhibit a true and fair view of the state of the Services' affairs as at 30th June 1985 according to the best of my information and explanations given to me and as shown by the books of the service.

Other records required to be kept have been kept properly in accordance with the Public Hospitals Acts and Regulations.

B. W. O'DONOGHUE  
Chartered Accountant  
Registered under the Public Accountants  
Registration Act 1945 (as amended)

### COMMUNITY HEALTH STATISTICS

Team/Service	Occasions of Service					Participants in Health Promotion Services				
	1980/81	1981/82	1982/83	1983/84	1984/85	1980/81	1981/82	1982/83	1983/84	1984/85
Community Nursing .....	135,493	169,538	177,270	185,147	179,510	17,181	8,752	5,711	5,734	6,802
Child Health .....	61,512	63,075	70,605	83,272	96,485	26,211	26,868	26,633	27,956	27,125
Rehabilitation .....	110,749	83,444	65,999	111,765	135,721	6,935	7,800	3,383	2,817	6,835
Mental Health .....	8,643	11,070	14,683	25,399	32,188	5,395	3,748	3,976	6,593	4,077
Other Services .....	4,028	8,461	18,172	33,518	36,687	27,332	8,958	5,690	13,088	35,389
TOTAL .....	320,425	335,588	346,729	439,101	480,591	83,054	56,126	45,393	56,188	80,228

Note: Community Health Statistics are included, where appropriate, in the Hospital statistics.



*These long-standing office-bearers of the Tuggerah lakes hospital Auxiliary retired after 13 years in office: From left: Mrs Robbie Wren, President; Mrs Val Snow, Treasurer; Mrs Mary Halstead, Secretary.*

## DONATIONS

### Gosford, Woy Woy, Wyoming, The Entrance/Long Jetty, Wyoming and Wyong Hospitals and the Community Health Services

Anonymous	450.00
Mrs D. Archer	10.00
A. Riding Co-ordinating Council	1,979.00
Australian Order of Old Bastards,	
Tuggerah Lakes Branch	6,200.00
Mrs R. Barnes	50.00
Mrs J. Barwell	20.00
Sr Basmadjian	5.00
Bateau Bay Bowling Club	1,520.00
Bateau Bay Women's Bowling Club	350.00
Bateau Bay Playgroup	22.50
Bateau Bay Progress Ladies Aux.	50.00
N. Beard	50.00
Bellbird Committee	1304.97
Berkeley Vale Lions Club	1,000.00
Mrs H. Bone	10.00
Mrs E. Braithwaite	2,000.00
Mrs E. Brandon	50.00
Mr M. L. Brown	200.00
Budgetary Lions Club	3,350.00
Mrs A. Burnley	5.00
Mrs E. Burton	20.00
Mrs Capps	50.00
J. Carter	12.00
Mr John Cassidy	100.00
Catering Staff	10.00
Central Coast Community Chest	3,000.00
Central Coast District Bowling Club	1,167.00
Est. late Mr A. I. Chapman	6,003.96
Est. late Mrs E. H. Chapman	741.80
Mr & Mrs S. Chapman	50.00
Combined Pensioners Association	100.00
Combined Progress Association	100.00
Gosford	4,900.00
Mr H. Cooper	5.00
L. Cunningham	20.00
Mrs V. Cunningham	35.00
J. Davey	40.00
Mrs De Valentine & Mrs Parsons	30.00
Mrs R. Eagle	50.00
East Gosford Apex Club	1,000.00
East Gosford Inner Wheel	200.00
East Gosford Rotary Club	355.00
B. Eaton	10.00
Mrs J. Eleminson	10.00
Miss A. Ellis	5.00
Ettalong Beach Hospital Auxiliary	1,383.00
Ettalong Memorial Bowling Club	75.00
Ettalong Memorial Women's	
Bowling Club	1,725.00

Ex 2nd Aust. Ambulance Car Co.,	
in memory of Mrs Stapleton	30.00
Mr L. Foubister	50.00
Mr T. Franklin	5.00
Frogs Roller Rink	2,367.81
Gaddang Social Club	1,100.00
J. & S. Goddard	10.00
S. Gore-Jones	5.00
Gosford City Council Spring Festival	500.00
Gosford District Ex-Servicewomen's	
Group	100.00
Gosford District Orchid Society	162.00
Gosford District Hospital	
Staff Credit Union	2,000.00
Gosford Hospital Auxiliary	4,415.00
Gosford North Rotary Club	1,957.00
Gosford Rotaract Club	1,000.00
Gosford Rotary Club	200.00
Gosford West Inner Wheel	350.00
Grace Bros. Staff Aid to Charlies	1,500.00
S. Graham	5.00
Grove Point & Davistown Lions Club	2,203.15
Gwandalan Lionesses Club	460.00
J. Haddaway	30.00
Halukelani Women's Bowling Club	2,778.00
Drs Hampson, Schweitzer & Barker	1,753.50
Kerry Hardman	15.00
Hardy's Bay/Killcare Hospital Auxiliary	800.00
R. Harris	23.00
Est. late L. Hollingworth	15,848.35
Est. late Mrs Agnes May Hope	5,000.00
Mr & Mrs V. Jackson	10.00
W. D. Jenkins	30.00
Mr & Mrs H. Jensen	30.00
Killarney Vale/Bateau Bay Lioness Club	150.00
Kincumber Hospital Auxiliary	2,000.00
Knights of the Central Coast	1,000.00
J. A. Knowles	50.00
S. Kohama	90.00
Mr & Mrs W. Langford	6,000.00
Lions Clubs' Renal Unit Appeal	100,000.00
Long Jetty & District Citizens' Club	1,000.00
Mrs Lumley	50.00
McDonalds	75.00
Mr H. McKenzie	20.00
Mrs M. McSorley	25.00
Mrs D. Macauley	55,000.00
Mrs Mathews	500.00
Mr C. Maynard	10.00
Mr Monkman	50.00
Mr Moore	25.00

Mr & Mrs B. Morgan	50.00
Munmorrah United Bowling Club	1,585.00
Est. late N. T. Murphy	2,000.00
National Heart Foundation	2,786.60
Mrs O. Nichols	20.00
Norah Head Ladies Auxiliary	2,905.93
Obstetrics Sub-Committee	576.97
Mr P. O'Donoghue	20.00
Order of the Amaranth, No. 16	4,406.00
Order of the Eastern Star, No. 431	194.00
Order of the Eastern Star, No. 432	100.00
Order of the Eastern Star, No. 508	222.45
Order of the Eastern Star, No. 653	28.00
Order of the Eastern Star, No. 684	358.00
Order of the Eastern Star, Gosford	80.00
Original Old Age & Invalid	
Pensioners, Long Jetty	50.00
T. & D. L. Orre	50.00
Mrs Osborne	50.00
Ourimbah Auxiliary	2,000.00
Mrs W. Page	10.00
Patonga Com. Pensioners Association	100.00
Pink Ladies' Auxiliary	500.00
N. Pisani	5.00
Playgroup Association of NSW	100.00
Police Charity Bowling Day	1,026.00
Power Workers	354.92
Riga Pty Ltd — in memory of	
Mr J. Lovering	40.00
Mrs M. Rissell	35.00
St. Joseph's High School	250.00
P. Salafia	5.00
Mrs F. Schnabel	10.75
Mr A. Simpson	10.00
South Woy Woy Progress Association	
Ladies' Auxiliary	20.00
Mrs I. Stanton	30.00
Mrs O. Stevens	70.00
Telephone Exchange Staff, Gosford Sth	570.00
The Entrance Dart Club	100.00
The Entrance Junior Rugby League Club	50.00
The Entrance/Long Jetty Hospital	
Auxiliary	20,835.94
The Entrance/Long Jetty	
Pensioners' Community Club	50.00
The Entrance/Long Jetty Hospital Staff	983.40
The Entrance Surf Lifesaving Club	50.00
Thirty-niners Association	50.00
Mrs G. Thomas	100.00
Toukley Hospital Auxiliary	28,000.00
Toukley Lions Club	1,250.00

Toukley TPI Association	1,500.00
Toukley TPI Ladies' Auxiliary	100.00
Tuggerah Lakes Golf Club	350.00
Twenty-eight Club of Gosford	1,000.00
Mrs I. Vale	200.00
Mrs I. Vaughan	120.00
Mrs H. E. Walpole	25.00
Wamberal Lionesses Club	884.00
Mrs Welsch	10.00
Mr H. Whiteman	50.00
Mrs E. Williams	200.00
Miss G. Winch	20.00
Mrs Wren	71.80
E. M. Wright	10.00
Woy Woy Alcoholics Anonymous	130.00
Woy Woy Hospital Auxiliary	4,500.00
Woy Woy Hospital Social Group	600.00
Woy Woy Women's Bowling Club	700.00
Wyong Hospital Auxiliary	14,800.00
Wyong Hospital Staff	8.24
Wyong Pensioners Association	169.00
Wyong RSL Women's Bowling Club	20.00
Wyong Zone Playgroup	100.00

TOTAL

\$348,264.04

### Donations in Memory of late Mr D. John McColi include:

Mr & Mrs L. Bowyer	5.00
Mrs M. Caldwell	20.00
Mr & Mrs R. Eaton	10.00
Ettalong Beach Hospital Auxiliary	35.00
Mr & Mrs H. Jensen	30.00
Mrs Rose McColi	350.00
Mr & Mrs B. Morgan	50.00
Mr & Mrs R. S. Newton	30.00
Mr & Mrs R. J. Nicol	20.00
Mr & Mrs H. Secomb	20.00
Mr & Mrs A. Sergeant	50.00
The Entrance Surf Lifesaving Club	50.00
Tuggerah Lakes Golf Club	25.00
Mrs N. Westerweller	25.00

### Goods in Kind

Bay Village Shopping Centre, Central Coast Zonta Club Central Coast Bikers, Mrs Christenson, East Gosford Inner Wheel Club, Mrs Gadd, Mrs J. Oldroyd Harris, Mrs P. Jeffries, Mr P. Jordan, Mr D. Lane, Mrs I. Van Heck,



# GOSFORD DISTRICT HOSPITAL CHAPEL FUND

## RECEIPTS AND PAYMENTS STATEMENT FOR THE YEAR ENDED 30th JUNE 1985

PAYMENTS	\$	\$	\$
Customs Department — Pens			
Sales Tax .....	530.16		
Demurrage .....	13.50	543.66	
Gosford District Hospital			
Reimbursement to			
Customs Dept. for pens ....		1,061.38	
Federal Debit Tax .....		5.65	
C. Goodliffe Neal Ltd.			
— Pens .....		2,003.00	
Gosford City Orchestra .....		200.00	
Gosford District Hospital			
Envelopes for Christmas			
Cards .....		87.71	
Walkathon Expenses:			
Buttercup Bakeries,			
bread rolls for sausage			
sizzle .....	18.24		
Mayfair Smallgoods:			
Sausages for sausage sizzle .	25.20	43.44	3,944.84

Balance of Fund 30-6-85 ..... 66,652.93

\$70,597.77

## RECEIPTS

Balance brought forward \$ \$ \$

1-7-84 ..... 43,301.32

### Add Receipts —

Chocolates .....		227.10	
Chocolates and Nuts .....		420.45	
Christmas Cards .....		77.19	
Collection Boxes			
as per list .....		572.10	
Donations as per list .....	12,943.00		
Donations from Green Point			
Baptist Church Service			
as per list .....	1,000.00	13,943.00	
Gosford City Orchestra			
Concert .....		912.40	
Interest from Citicorp Ltd. ....		116.88	
Interest from			
Commonwealth Bank .....		90.30	
Interest from Gosford District			
Hospital Staff Credit Union .		4,544.50	
Interest from Savings			
Investment A/c .....		51.14	
Pens .....		3,008.05	
Pink Ladies Collection			
— Christmas .....		50.00	
Raffles — Cake .....	58.80		
Raffles — Tablecloth .....	108.86	165.66	
Sale of Goods .....		8.00	
Tea towels .....		4.80	
Walkathon:			
Chocolates .....	49.40		
Collections .....	222.05		
Donations as per list .....	2,029.68		
Pens .....	412.00		
Pens — Refills .....	5.50		
Raffle — Rug .....	120.60		
Rummage Sale .....	89.65		
Sausage Sizzle .....	150.00		
Tea Towels .....	26.00	3,104.88	27,296.45

\$70,597.77

## DONATIONS

### Hospital Chapel Fund

2GO Community Chest Awards .....	40.00
Mrs M. Ainsworth .....	20.00
Anglican Parish of Terrigal .....	750.00
Anglican "St. John's" Womens Social Fund .....	25.00
Anonymous .....	36.00
Assembly of God — Women's Ministries of Christ .....	25.00
Mrs J. Baird and Mrs V. Smith .....	26.50
A. G. Bastow .....	2.00
Mrs E. Beattie .....	25.00
Mrs Beryl .....	2.00
Mr Blaymires .....	4.00
Bowling Clubs — Avoca Beach Womens .....	1,800.00
— Bateau Bay .....	20.00
— Gosford Womens .....	400.00
— West Gosford .....	82.40
— Doyalson-Wyee RSL, in memory of the late Ted Hennessy .....	30.00
Brisbane Water Trefoil Guild, in memory of the late Mrs N. Walker .....	25.00
Mrs Buchland .....	5.00
Cutler Burgin .....	25.00
Business & Professional Womens Club of Gosford, in memory of the late Mrs N. Walker .....	30.00
Casualty .....	31.00
Mrs E. Chapple .....	183.00
Christians without Partners .....	10.00
Church of Christ — Wyoming Christian Womens Fellowship .....	32.00
Dr R. Clarke-Jones .....	20.00
Mr R. Coates .....	5.00
Miss V. G. Coleman .....	100.00
R. H. Creighton & MacDonald families, in memory of the late Mrs Nona Walker .....	40.00
CWA, Gosford .....	60.00
Mr and Mrs R. Dale .....	10.00
Mrs E. Daven .....	5.00
Mrs Joan Dawson .....	5.00
Mr B. Deik .....	10.00
The family of the late Mrs Rose Drew .....	50.00
Mrs D. Duncombe .....	5.00
Ex-POW Association — in memory of the late Raymond John Kelly; Assoc. ....	50.00
Private donations from members .....	50.00
Ex-Servicewomens Assoc., The Entrance .....	100.00
Rev. T. Fist .....	15.00
N. Fitzgerald .....	11.60
Mr Ian Glen .....	10.00

Mrs F. Gordon .....	20.00
Gosford District Hospital Nursing Staff Chapel Fund .....	5,500.00
Mrs I. M. Hedges — in memory of the late Mrs N. Walker .....	30.00
Miss Lois Hunt .....	25.00
Mr Huxtable .....	20.00
Inner Wheel Club, Terrigal .....	200.00
Miss I. Inskip .....	20.00
Mrs May James .....	5.00
Miss Vera Jefferies .....	10.00
Mrs C. Joyner .....	10.00
Mrs May Kane, in memory of Henry Charles Kane .....	50.00
Mrs Elsie R. Keogh .....	10.00
Mr and Mrs J. Kitchener .....	20.00
Mr David B. Knox .....	50.00
Mrs N. Laurie .....	10.00
Mr and Mrs J. Lindsay .....	10.00
Macron Music Pty Ltd .....	647.00
Mrs Mona Manning .....	20.00
Mrs L. Mittelheuser .....	10.00
Mrs J. M. & L. D. Mosman .....	60.00
Mrs F. Mugridge .....	10.00
Mrs McDowell .....	10.00
Order of the Eastern Star, Gosford .....	70.00
Order of the Eastern Star, The Entrance A. Osborne, in memory of the late Mrs N. Walker .....	30.00
Miss A. Phillips .....	5.00
John and Norma Price, in memory of the late Ted Hennessy .....	10.00
Mrs Proctor .....	50.00
Progress Association, East Gosford .....	300.00
Miss Gwen Pryor .....	5.00
Misses Jean and Gwen Pryor, in memory of the late Mrs Rose Drew .....	10.00
Mr S. W. Pulsford .....	500.00
V. M. Richardson, in memory of the late Mrs N. Walker .....	20.00
Mrs M. Roan .....	5.00
Mr H. H. Rose .....	26.00
Mrs. Joy Roser, in memory of the late Mrs Rose Drew .....	5.00
Rotary Club, North Gosford .....	50.00
RSL Sub-Branch, The Entrance/Long Jetty .....	100.00
Mrs K. Sanotti .....	10.00
Mrs C. Simmonds .....	110.00

Mrs D. Simons, in memory of the late Mrs Rose Drew .....	10.00
Mrs Sykes .....	2.00
Mrs I. Taylor .....	78.00
J. Tillett .....	25.00
Uniting Church, McMaster's Beach Ladies Fellowship .....	25.00
Uniting Church, Gosford Ladies Fellowship .....	200.30
Uniting Church, Wamberal .....	70.00
United Way Central Coast NSW "Your Community Chest" .....	50.00
Mrs B. Vile .....	30.00
Walker Bros, in memory of the late Mrs N. Walker .....	100.00
Mrs Mavis E. Ward .....	10.00
Wednesday Tennis Girls .....	24.20
R. C. Winter .....	5.00
C. Winters .....	10.00
Mrs N. Warren .....	25.00

Total	<b>\$12,943.00</b>
-------	--------------------

### Donations Received in Collection Boxes

Blood Bank .....	22.61
Casualty .....	127.51
Commonwealth Bank, Hospital Branch .....	15.20
Front office, Holden Street .....	27.82
Front office, Stage I .....	32.66
Gosford Telephone Exchange .....	38.88
Kiosk, Holden Street .....	42.27
Kiosk, Stage I .....	44.76
Orana Retirement Village .....	9.65
Pink Ladies .....	194.75
Woy Woy Hospital .....	15.29
Wyoming Hospital .....	70

Total	<b>\$572.10</b>
-------	-----------------

## DONATIONS

### Hospital Chapel Fund

#### Donations from Green Point Baptist Church

E. Beckers	5.00
Mrs B. Blackall	10.00
Mr Frank Beard	10.00
Green Point Baptist Church, collection	723.00
K. & H. Crump	5.00
C. W. Cox	20.00
Mrs B. De Lore	10.00
B. Fraser	50.00
Mrs I. Garner	2.00
Mr David L. Gallagher	10.00
Miss J. Hauxwell	5.00
Mr R. Innes	5.00
Mr Graham Jamieson	40.00
Mr Ross Lane	20.00
Mr B. Lamont	20.00
A. J. Matthews	10.00
Susan Matthews	20.00
Miss J. V. Ozanne	5.00
A. Pickersgill	10.00
H. C. Rae	10.00
Don Telfer	10.00

Total \$1,000.00

#### Donations to Walkathon

Mrs K. Ade	4.00
Sister Adkins	10.00
Mrs R. Allmey	2.00
Apex Club, East Gosford	50.00
Apex Club, Gosford	20.00
Mrs N. Ashton	5.00
Dr Baldwin	20.00
Michael Barry	15.00
C. Basnadjian	7.00
Mrs E. Beattie	2.00
Mr and Mrs Bourke	10.00
Bowling Club, Ettalong Memorial	20.00
Bowling Club, Golden Hind, Womens	20.00
Bowling Club, Terrigal	25.00
Jean Bradbury	7.00
Mark Bradley	7.00
Brisbane Water Trefoil Guild	15.00
A. Brown	7.00
Mr Maxwell Brown	35.00

Andrew Burgess	5.00
Grace Burgess	2.00
Dorothy Burton	3.00
Mrs M. Caldwell	5.00
Sandy Carpenter	7.00
Bill Cass	2.00
Mrs C. Cavill	2.00
Mrs E. Chapple	2.00
Mrs. Chaunce	10.00
Sister A. Clarke	4.00
Mr J. Clucas	9.00
Mayor P. F. Coleman	100.00
Valerie Creely	10.00
Dr D. Duncan	7.00
Kerry De Wal	2.00
Mrs R. Eagle	72.00
Evelyn Elvy	10.00
Ex-Servicewomen's Group, Gosford	2.00
Mrs Marion Frupp	5.00
Delma Gorge	2.70
Mavis Hayden	30.00
Dr R. Healey	5.00
Historical Society, Brisbane Water	51.00
Mr L. Hollier	5.00
Roxanne Hopkins	7.00
Hospital, Gosford District — A&E Depts	228.15
Hospital, Gosford District — C&E Wards	22.00
Hospital, Gosford District — CSS Dept.	16.80
Hospital, Gosford District — Linen Service	2.00
Hospital, Long Jetty	22.00
Hospital, Woy Woy — Mrs Coleman	50.73
Hotel — Kincumber	10.00
Mrs Debbie Hunter	5.00
Dr Huntsman	7.00
Miss I. Inskip	2.00
Jenny	2.00
Jean Johnson	10.00
Mrs L. Johnstone	4.20
D. M. Kennedy	4.00
Mrs T. Keohane	2.00
Mrs V. Kirkby	2.00
Bev Lamb	2.00
K. M. Lawson	10.00
Mrs Rose Lidden	164.00
Sister B. Love	5.00
Mrs C. Lowder	3.00
Miss M. Lowndes	20.00
Miss D. Maclean	4.00

Mrs C. Margin	50.00
Mrs I. Martin	2.00
Dusty Miller	2.00
Mrs Maisie Miller	5.00
Len Mitchell	10.00
Sister Mitchell	2.00
Mr Arthur Mollett	20.00
Mr and Mrs Eric Morgan	50.00
Mors Family	20.00
Jenny McAlpine	10.00
Mr Brian McGowan, MLA	20.00
Mr Stuart McIntosh	52.00
Gail Nunan	7.00
Phyllis and John Noonan	7.00
Marie Norman	166.00
Margaret Parker	4.00
Dr R. Parsons	2.00
Mrs E. Passmore	50.00
Mrs M. Patterson	4.00
Sister Peberdy	10.00
Mrs M. Peck	10.00
Misses Gwen and Jean Pryor	10.00
Dulcie Robertson	2.00
RSL, Gosford	25.00
Mr W. Sawyer	2.00
Mr and Mrs D. Semmens	20.00
Mrs M. Semmens	2.00
Sister Simpson	2.00
Mrs I. Sissons	2.00
Thelma Solway	2.00
Gladys Taylor	2.00
Mrs Topp	5.00
United Hospitals Auxiliary — Gosford	44.10
United Hospitals Auxiliary — Tuggerah Lakes	10.00
J. & B. Varcoe	10.00
Sue Wade	2.00
L. Warren	10.00
Fran Wasson	7.00
Julie and Nev. Webster	100.00
Mr and Mrs N. Westerweller	22.00
Sister Worrall	7.00
Mrs Wylde-Brown	2.00

Walkathon Total \$2,029.68

TOTAL DONATIONS  
TO CHAPEL FUND 1984/85 \$16,544.78

*Mrs Rose Lidden, Hon.  
Treasurer of Kincumber  
Hospital Auxiliary, and  
Registered Nurse, Stuart  
McIntosh, setting out on  
the Walkathon that raised  
over \$2,000 for the  
Hospital Chapel Fund.*

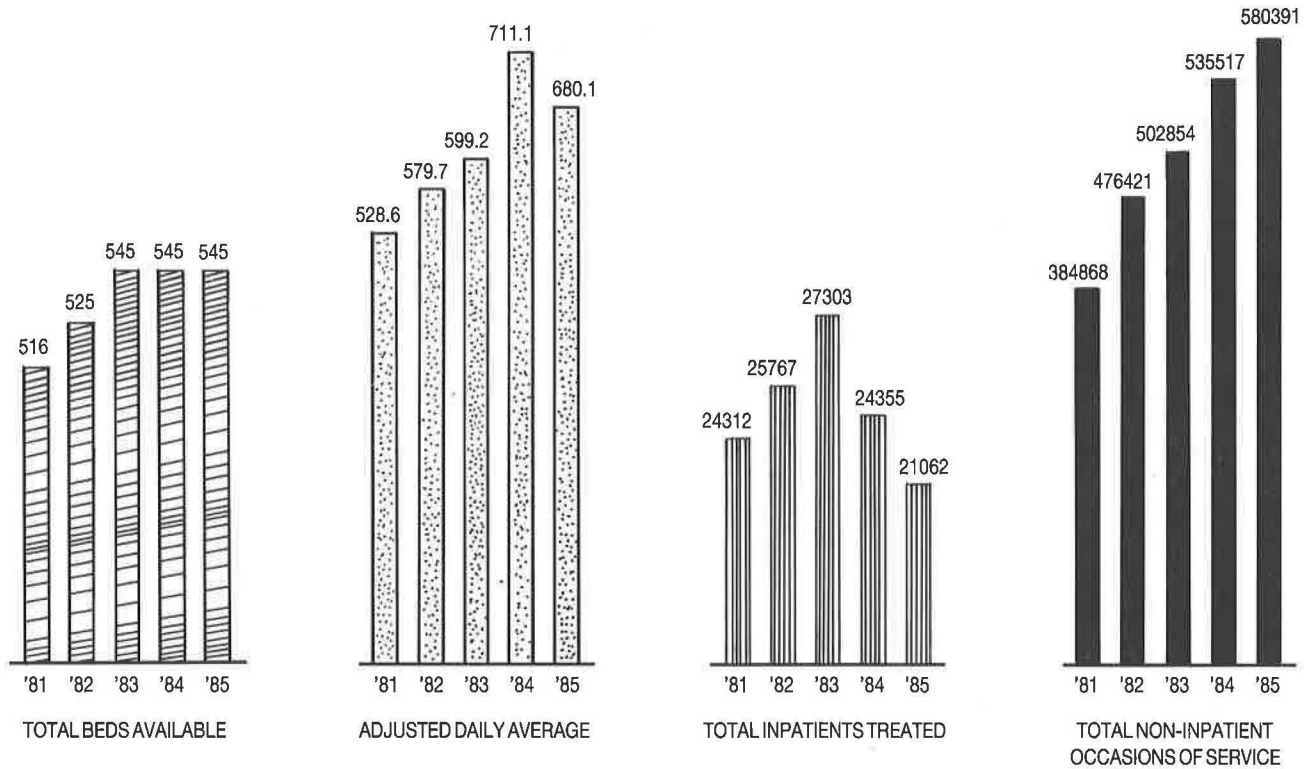


# CENTRAL COAST HOSPITALS & AREA HEALTH SERVICE

## Schedule of Statistical Data 1985

	Current Year 1984/85	Year 1983/84	Year 1982/83	Year 1981/82	Year 1980/81
<b>1. Bed Capacity</b>					
Authorised Beds 30th June .....	545	545	545	545	545
Average No. Beds Available .....	497	527	545	525	527
<b>2. Patients Details</b>					
<b>Inpatients</b>					
Main Hospital at 1st July .....	390	462	431	424	363
Admissions during year .....	20,672	23,893	26,872	25,343	23,949
Total Patients Treated .....	21,062	24,355	27,303	25,767	24,312
No. in Hospital at 30th June .....	450	390	462	431	424
Bed Days of Inpatients Treated .....	140,804	160,030	160,511	152,961	145,221
Number of Operations .....	4,192	10,526	10,121	9,922	9,862
<b>Babies</b>					
No. of Births .....	2,472	2,431	2,457	2,380	2,284
Bed Days of Newborn Babies .....	13,114	13,870	14,639	15,433	15,351
<b>Outpatients</b>					
No. Registered .....	104,819	106,644	111,599	112,457	91,538
Total Occasions of Service .....	580,391	535,517	502,854	476,421	384,868
<b>Averages</b>					
Daily Average of Inpatients .....	385.7	437.2	439.8	419.0	397.8
Adj. for Outpatients and Babies .....	294.4	273.9	259.5	248.0	204.3
Adj. Daily Average (ADA) .....	680.1	711.1	699.3	667.0	602.1
Average Stay of Inpatients (Days) .....	6.7	6.6	5.9	6.0	6.0
Bed Occupancy Rate (%) .....	70.8%	80.2%	80.7%	79.8%	75.5%
<b>3. Staffing Details</b>					
<b>(Full Time Equivalent)</b>					
(Staff employed at 30th June)					
— Nursing .....	678	710	720	728	734
— Medical & Medical Supplies .....	372	339	340	311	312
— Other .....	560	539	551	565	580

## CENTRAL COAST HOSPITALS & AREA HEALTH SERVICE

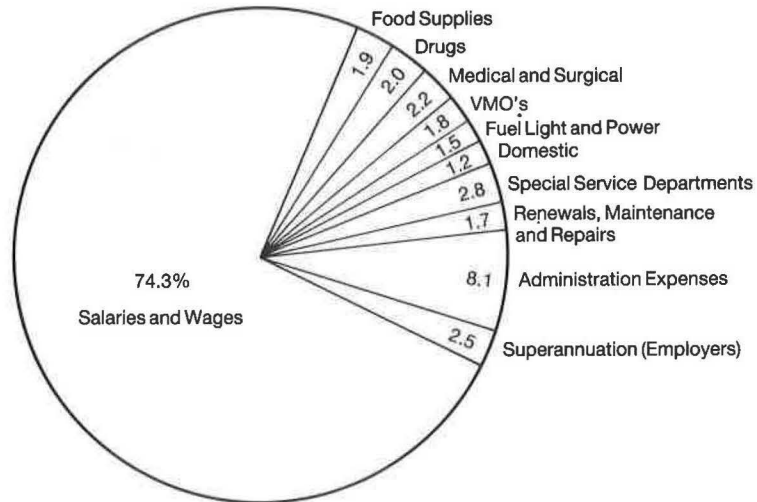




## GOSFORD DISTRICT HOSPITAL AND SUBSIDIARIES

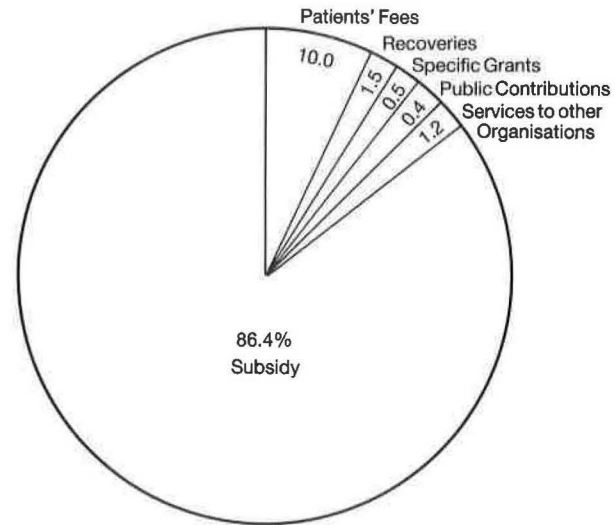
Combined Comparison of Income and Expenditure for year ended 30th June 1985

### EXPENDITURE



PERCENTAGE OF TOTAL EXPENDITURE

### INCOME



PERCENTAGE OF TOTAL INCOME

## CENTRAL COAST HOSPITALS & AREA HEALTH SERVICE

*40 years of service*



*to the community*

### **LOOKING BACK TO 1958**

**From left:** Margaret Kingham, Robin Marstella and Gloria Murphy, some of our early Nursing Trainees.

## AUXILIARIES OFFICE BEARERS 1984-1985

### GOSFORD:

President: Mrs P. Jones  
Secretary: Mrs P. Fripp  
Treasurer: Mrs M. Fripp

### OURIMBAH:

President: Mrs R. Munro  
Secretary: Mrs P. Preston  
Treasurer: Mrs E. Foott

### HARDY'S BAY KILLCARE:

President: Mrs P. Woods  
Secretary: Mrs S. Battishall  
Treasurer: Mrs B. Touzel

### THE ENTRANCE- LONG JETTY:

President: Mrs F. Knutson BEM  
Secretary: Mrs N. Gillman  
Treasurer: Mrs F. Mellish

### TUGGERAH LAKES:

President: Mrs R. Wren  
Secretary: Mrs H. Halstead  
Treasurer: Mrs V. Snow

### ETTALONG BEACH:

President: Mrs G. Morgan  
Secretary: Mrs T. Keohane  
Treasurer: Mrs G. Morgan

### KINCUMBER:

President: Mrs K. Wilson  
Secretary: Mrs R. Alexander  
Treasurer: Mrs R. Lidden

### WYONG:

President: Mrs P. Maloney  
Secretary: Mrs H. Vaughan  
Treasurer: Mrs S. Rowe

### PINK LADIES:

President: Mrs R. Bonsing  
Secretary: Mrs M. Westerweller BEM  
Treasurer: Miss M. Houghton

### A. RIDING CO-ORDINATING COMMITTEE:

President: Mrs M. Smedley  
Secretary: Mrs N. Hadden  
Treasurer: Mrs N. Hadden

### WOY WOY SOCIAL GROUP

Secretary: Mrs W. Evans

### APPRECIATION

*The Central Coast Area Health Service extends appreciation for the support and co-operation which have been received from local groups, organisations and individuals, including Community Services of Gosford, Wyong and Woy Woy; Service Clubs and Charities; Churches and Clergymen; Police Force; Country Women's Association; Telecom Australia; Meals-on-Wheels; Kiosk Auxiliaries; Hospital Fund-raising Auxiliaries; Pink Ladies' Auxillary; Day Care Volunteers and Volunteer Drivers.*

